

# Glossary





# Glossary

## Glossary | Test 1

**a change of tack (id):** a change of strategy or approach

**abandon (v):** to abandon something is to leave it or to give up on it and decide not to help it

**absorbing (v):** to absorb something is to take it in, usually gradually (slowly)

**abundance (n):** if there is an abundance of something, there is more than enough of that something

**acceleration (n):** the increase in speed at which something happens; the fact that something is getting faster and faster

**accumulations (n):** build-ups of something, for example snow; amounts of something that has been collected

**actuality (n):** reality

**adaptations (n):** changes made in order to suit different conditions

**addictive (adj):** if something is addictive, once you have had it or experienced it once, you are likely to want to have it or experience it again and again

**afforded (v):** if you afford someone something, you allow them to have it

**aforementioned (adj):** something aforementioned was mentioned or talked about or discussed earlier in the conversation or piece of writing

**akin (adj):** having the same or similar qualities

**amass (v):** collect in large quantities

**amassing (v):** gathering or collecting

**anxiety (n):** tension; worry or nervousness about something happening now or which might happen in the future

**apocalypse (n):** a very serious event resulting in huge amounts of destruction or very negative change

**appalled (adj):** if you are appalled at something, you are shocked by it in a very negative way; disgusted

**applicant (n):** an applicant is someone who formally/officially requests or applies for something, such as a job or course

**application (n):** a use of something for a specific purpose

**appreciably (adv):** noticeably; if something changes appreciably, it changes in a noticeable or significant way

**apt (adj):** appropriate

**archipelago (n):** a group of small islands

**arachnids (n):** a scientific classification/group of small animals that have four pairs of legs which includes scorpions and spiders

**as a matter of course (id):** something done as a matter of course is done as a usual part of the ways things happen and is not something special or unusual

**assertion (n):** a claim/statement made by someone or some group, which they insist is true

**assumption (n):** an assumption is something which you accept as truth without looking for proof or evidence to confirm that it is true

**at a glance (id):** a glance is a quick look at something; at a glance means on first look or having very quickly reviewed

**attention-grabbing (adj):** something which is attention-grabbing gets a lot of notice or attention or focus

**batting an eyelid (id):** if you don't bat an eyelid, you don't react in an expressive way to something or you don't give it a second thought; you show no sign of surprise when something happens

**beaching (n):** a beaching of whales is an instance of whales becoming stranded on a beach / the coastline

**beyond dispute (id):** certain

**blanket (v):** if something blankets something else, it covers it

**blinded by (phr v):** if a person is blinded by something, they cannot see clearly because of that something or their thinking is affected and unclear because they only see that something

**blot (n):** a blot on the landscape is an eyesore or something that looks unpleasant and not very suitable to where it is

**branched out (phr v):** when snowflakes branch out, their branches or connections grow in size and develop

**by default (id):** by definition; because of its nature or design; by design; naturally

**calculable (adj):** able to be calculated or figured out or worked out in sums/numbers

**camaraderie (n):** a feeling of friendship amongst people who work together, are a team or share an experience

**capacitive (adj):** something which is capacitive can hold an electrical charge;

**cascade effect (id):** a cascade effect is an inevitable set of consequences or chain of events which happen

**case-by-case basis (id):** if you examine, fight or review something on a case-by-case basis, you take a separate decision according to the unique set of facts of each particular situation

**caught between a rock and a hard place (phr v):** if you are caught between a rock and a hard place, you have two options or choices, neither of which is desirable

**chaos (n):** a lack of any order; a state of total confusion

**claimant (n):** a claimant in a court case is a person who is asking for some form of compensation because of a wrong they claim/assert has been done to them

**clear-cut (adj):** if something is clear-cut, it is straightforward or obvious

**climatic (adj):** of or related to the climate (general weather conditions)

**clocked (v):** if something is clocked at a speed, it is registered or recorded as reaching that speed

**closure (n):** the closure of something (e.g. a shop) is the shutting or closing down of that thing

**coalition (n):** a collection of individuals or animals who/which come together to form a group for a particular purpose for a particular amount of time

**coaxed (v):** to coax is to gently persuade

**coexist (v):** if things coexist, they live or exist together at the same time and in the same place

**collectively (adv):** as a group

**commenced (v):** to commence is to begin something

**commercially (adv):** of or related to money; if a business is commercially viable, it is likely to make money

**commissioned (adj):** something which is commissioned is ordered to be done by a person/organisation; for example a commissioned report is a report that a person/organisation has asked to be produced for them/it

**commissioned (v):** if you commission a study or assessment, you ask someone to do a study or assessment for you, usually for a fee

**committee (n):** a committee is a small group chosen to represent and make decisions for a larger group

**compensation (n):** money or other benefits received for something that has been lost or to make up for a problem or bad experience

**complex (adj):** if a (biological) structure becomes more complex, more parts or functions are added to that structure

**complexities (n):** if something (such as a problem) has a lot of complexities, it has many parts and is difficult to understand and/or find an answer to

adv: adverb  
 adj: adjective  
 phr v: phrasal verb  
 v: verb  
 n: noun  
 prep: Preposition  
 conj: Conjunction  
 id: idiom



**complications (n):** things which make something more difficult/complicated to achieve/do than expected

**composition (n):** what something is made of or composed of or made up of

**compounded (v):** if you compound something, such as a problem, you make it worse

**comprehensively (adv):** substantially; thoroughly; completely

**comprised of (phr v):** made of

**con artists (n):** people who try to trick you out of money or for some other gain by pretending to be your friend

**conceivably (adv):** if something is conceivable, it is possible to believe, imagine or happen; believably

**conceived of (phr v):** to conceive of an idea or notion is to come up with or think of it

**concepts (n):** ideas/notions/principles

**conductive (adj):** providing the right conditions for something (usually a positive something) to happen or exist

**congest (v):** if something congests, it gets blocked or crowded

**congregate (v):** to congregate is to gather together in a group

**conjoin (v):** to conjoin is to join or connect together

**constant (adj):** happening all the time or a lot

**constructively (adv):** in a way that is useful and intended to help or improve

**consumption (n):** the consumption of something is the amount used or eaten of that something; consumption is the use or eating of something

**contemplated (v):** to contemplate something is to think carefully and seriously about it or reflect on it (usually for a long time)

**contention (n):** a point of contention is a point or topic or subject of debate or disagreement

**conventional (adj):** typical/normal/usual

**conversion (n):** the process of changing one thing into another

**conveyed (v):** carried

**countless (adj):** if there are countless numbers of something, there are very many or too many to be counted

**craved (v):** to crave something is to have a very strong desire for that thing

**creepy (adj):** scary or unnerving or so strange and unnatural as to make you feel frightened

**criteria (n):** criteria are standards by which you judge, decide about or cope with something

**critters (n):** creatures/animals

**culpable (adj):** someone who is culpable is to blame or considered responsible for an undesirable outcome

**debated (v):** when something is heatedly debated, it is discussed in a passionate or emotional way and there is a lot of disagreement about it

**deliberation (n):** the act of considering or discussing something (often in a formal context)

**dense (adj):** thick; having parts which are close together or difficult to see through

**derail (v):** if something derails a train, it causes it to go off the train tracks

**designated (v):** to be designated is to be chosen for a particular purpose

**differentiate (v):** to show the difference/contrast between two things that are being compared

**differentiated (v):** to differentiate is to find the differences in two things which are compared

**dire (adj):** extremely bad or serious

**disclose (v):** to disclose something is to make it more widely or publicly known

**dismiss (v):** to dismiss something is to decide that it is not worth

taking into consideration or that it is not valid in any way

**disordered (adj):** in a confused and badly disorganised state

**disperse (v):** to disperse is to spread out over a large area

**disproving (v):** to disprove someone is to prove them wrong; to show that someone or something is wrong

**dispute (v):** a disagreement, argument or conflict

**domain (n):** an area of influence over which a person has some influence or control

**downright (adj):** extremely

**dubious (adj):** if you say something (a claim, for example) is dubious, you do not trust that it is true; you doubt that it is true

**dynamics (n):** the dynamics of something are how it works or functions or the processes that make it work or function

**echo-location (n):** a form of navigation; the use of sound waves and echoes to determine where objects are in space

**ecosystem (n):** all the living things in a given area and how they interact with one another and their environment

**element of surprise (id):** if someone has the element of surprise, no-one is expecting them to do what they intend to and they can use this to their advantage

**elimination (n):** the elimination of something is its total removal

**encumbers (v):** if something encumbers you, it makes it difficult for you to achieve your task

**environs (n):** the environs are the area surrounding a particular place, for instance a town

**envision (v):** to envision something is to imagine or visualise something that is likely or desirable to happen in the future

**epilepsy (n):** a medical condition which causes fits or seizures in a person

**evicted (v):** if someone is evicted, they are forced to leave

**evoke (v):** to cause to remember or feel (e.g. a memory or emotion)

**exaggerated (adj):** made to seem more important/better/worse than it really is

**excess (adj):** more than is needed or usual

**exclusively (adv):** only

**exemplify (v):** to exemplify something is to be a good example of that something

**exhibit (v):** if you exhibit a quality or trait, you demonstrate that you have that quality

**existence (n):** if you have a certain type of existence, you have a certain way of life; the existence of something is the fact that it exists or 'is'

**expedition (n):** an organised journey (usually a long one) for a specific purpose

**exploitation (n):** exploitation is taking advantage of something/s or someone/people

**exploration (n):** exploration is the act of searching or finding out about something

**exterminated (v):** to exterminate something is to kill all of that particular something in a particular place or at a particular time

**extinction (n):** the extinction of something causes a situation where it no longer exists

**eyesore (n):** an eyesore is something which is not pleasant to look at

**fake (adj):** not real

**famed (adj):** famous

**famine (n):** the state of not having enough food

**fancied (v):** to fancy something is to want or desire that thing

**fangs (n):** sharp teeth

**faux (adj):** fake; not real but made to seem real

**fight ... tooth and nail (phr v):** if you fight tooth and nail, you try very hard to get what you want



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**final nail in the coffin (id):** the final nail in the coffin is the event/incident which causes the failure or ending of something which was already on its way to failure

**flakes (n):** a flake of snow is a small, thin piece of snow

**flawed (adj):** imperfect

**foliage (n):** the leaves of a plant or tree

**forfeit (v):** to forfeit something is to give it up or surrender it or lose it

**formations (n):** structures; natural arrangements of things

**full throttle (id):** if something goes at full throttle is goes at full speed

**fundamentally (adv):** in an important way

**fundamentals (n):** the fundamentals of something are the main or most important parts or rules of that something

**fundraising (n):** raising/gathering/collecting money for some particular purpose (often charitable)

**gag-inducing (adj):** if something is gag-inducing, it is likely to cause you to get sick

**gems (n):** a gem is a precious stone; if you describe something as a gem, you mean it is very special

**got the short straw (phr v):** if you get the short straw, you get a bad deal or you are given the least enjoyable task/duties

**gradual (adj):** a gradual reduction is a slow reduction, one that happens over a period of time

**gradually (adv):** if something is done gradually, it is done slowly over a particular distance or period of time

**grand (adj):** great; important or large in degree or amount

**grappled (v):** if you grapple with an idea or concept, you struggle with it; you try to broach or understand or deal with it better

**guerrilla (n):** a type of great ape native to parts of Africa

**habitat (n):** the natural surroundings/environment in which animals or plants live

**hapless (adj):** unfortunate/unlucky

**harassing (v):** to harass someone is to annoy or upset them in a serious way (usually not on a one-off occasion but over a period of time)

**harassment (n):** behaviour that annoys or upsets someone (that is generally repeated over a period of time and which is serious enough that it could lead to legal action)

**harmonious (adj):** if a place is harmonious, it is a very pleasant and peaceful place

**harness (v):** to harness something is to control it to use its power

**hazy (adj):** unclear

**headcases (n):** headcases is an informal term for people who are crazy or whose actions are so reckless or illogical as to be beyond the doing of someone with a sound mind

**heatedly (adv):** passionately/emotionally

**heretofore (adv):** until now or before this point

**horrific (adj):** if something is horrific, it is very bad or shocking

**hotspots (n):** a hotspot is a place where something particular is likely to happen

**humble (adj):** modest; ordinary or not very special or important

**humbling (adj):** a humbling experience is one that makes a person understand they are less important or special than they thought before

**humidity (n):** how much water there is in the air

**hypothetically (adv):** in theory; theoretically; imagined or suggested but not necessarily real/correct/true

**ignorance (n):** lack of knowledge or understanding or information

**impenetrable (adj):** impossible to see or go through

**implications (n):** consequences; the effects an action or decision will have in the future

**impoverished (adj):** poor

**in due course (id):** if something is expected to happen in due course, it is expected to happen at a particular point in time in the future or at the right time in the future

**in line with (phr v):** if something is in line with something else, it is similar to that something else

**in principle (id):** in theory

**in vain (id):** if something is done in vain, it is done without the desired result or without success

**inclined (adj):** if you are inclined to do something, you are likely or want to do it

**inclusively (adv):** inclusively means including everyone or everything of something

**inconsistent (adj):** not staying the same; unreliable; unpredictable

**inconveniences (n):** inconveniences are things that hinder or get in the way of doing something

**incredibly (adv):** if you say 'Incredibly, the car started.' you mean that you didn't expect the car to start - it is hard to believe it started; remarkably; if something is incredibly hot, it is very or extremely hot

**indistinguishable (adj):** if two things are indistinguishable, they are impossible to tell apart; you cannot tell the difference between them

**infinite (n):** without limits; extremely large

**infrastructure (n):** the basic systems and/or services

**initiative (n):** an initiative is a plan or process to achieve something or solve a problem

**innate (adj):** if a quality or characteristic is innate, it is something which has been possessed since birth (as opposed to something developed or learned); natural

**innovative (adj):** something which is innovative is a very new, clever and creative way of doing something; someone who is innovative can think up new, clever and creative ways to do things

**insight (n):** insight is understanding - at a deeper level - of something

**insignificant (adj):** not very important or significant

**inspected (v):** if something is inspected it is looked at or examined

**instantaneously (adv):** if something happens instantaneously, it happens immediately without any delay

**interpreted (v):** to interpret something is to form an opinion of what it is or means

**interference (n):** if there is human interference in something, human actions have had an impact on that something and it hasn't been allowed to happen naturally

**intricate (adj):** complicated or detailed

**invaluable (adj):** priceless; impossible to place a value on; of very significant value

**invasive (adj):** moving into all areas and difficult to stop from doing so and progressing further

**irrespective (adv):** whether or not; not taking into consideration or allowing for

**irritating (adj):** annoying

**Jurassic Park (id):** the Jurassic period was a particular part of the time during which dinosaurs inhabited the earth; Jurassic Park is a film about dinosaurs

**lagging (adj):** something which is lagging is progressing slowly or not fully up to date

**landholders (n):** people who own land

**landowners (n):** a landowner is a person who owns a piece of land

**leafy (adj):** a place which has a lot of trees with foliage (see foliage)



**leech (n):** if something leeches off or from something else, it takes away from that something else

**life-altering (adj):** something which is life-altering changes your life in a very significant way for better or worse

**lifeblood (n):** the thing that is most important to the continued success and/or existence of something else

**likeness (n):** similarity

**logistical (adj):** of or related to the process of planning and organizing to ensure that resources are put where they are needed, so that an activity/process can happen effectively

**loners (n):** loners are people/animals who do not like to hang out or socialise with other people; loners prefer to be on their own rather than in groups

**magnitude (n):** the magnitude of something is the extent/level/seriousness of that thing

**mainstream (n):** something is mainstream when it is considered normal or conventional; for example, a normal way of behaving or a normal set of ideas

**manifestation (n):** a manifestation of something is a way it appears or presents

**maximise (v):** to get the most out of something; to make something as great/large/good/effective as possible

**maximise (v):** to maximise something is to make it as great as possible in amount, size or importance; for example, if you maximise your potential, you make the most of it

**microscope (n):** a scientific instrument which uses lenses to enlarge objects for inspection/examination

**migration (n):** migration is movement from one region or place to another (and sometimes back again)

**misconception (n):** a misconception is an incorrect belief or idea which has resulted from a misreading or misunderstanding of the situation

**molecular (n):** the simplest unit of a chemical substance, usually a group of two atoms or more

**momentum (n):** if something is gaining momentum, it is developing at a faster pace than before

**motion (n):** a motion is a formal suggestion made and voted on at a meeting

**multiple (adj):** many

**muscular dystrophy (n):** this is a medical condition which is hereditary or passed down from one generation to the next that causes weakness of the muscles and their wasting away

**naïve (adj):** innocent or not worldly

**naked eye (id):** to the naked eye means as seen with/through the human eye without the use of any special aids or equipment

**navigating (v):** to navigate is to direct/show/find the way through something; to find a good and safe route through something

**navigational (adj):** of or related to finding your way; a navigational error is an error made when trying to determine the correct direction in which to go

**naysayers (n):** people who say something is not possible or is going to fail; people who are generally and consistently negative about something

**necessitated (v):** made necessary

**needle in a haystack (id):** when you describe finding something as like looking for a needle in a haystack, you mean that it is likely to be extremely difficult to find/locate that something

**neglect (n):** a serious lack of care or attention

**nigh on (id):** almost

**nocturnal (adj):** happening in or active during the night

**nomadic (adj):** if someone is nomadic, they do not live in one place all the time, but, instead, move about from place to place, making each new place they visit their temporary home

**noteworthy (adj):** something which is noteworthy is deserving of

our interest, attention or consideration

**notion (n):** a notion is an idea or concept

**notoriously (adv):** famously, but in a bad way

**notwithstanding (prep):** despite the fact

**novel (n):** a long story in print form about imaginary/fictional characters and events

**obesity (n):** the fact of being extremely overweight, such that your health is in danger/compromised

**obstacle (n):** something which blocks and prevents movement or action

**occurrence (n):** an occurrence of something is an instance of that something happening

**offensive (adj):** insulting

**opposition (n):** if you are in opposition to something, you disagree with that something

**oscillations (n):** oscillations are repeated movements from one direction to another

**out of the blue (id):** unexpectedly

**outlet (n):** an outlet for expressing something is a way in which it can be expressed

**outlook (n):** the outlook is the prospect or chance of something

**overlook (v):** to overlook something is to not take that something into account/consideration when making a decision

**overrunning (v):** if a species overruns a place, a situation occurs where a great number or too many of that species are present in the place, so many as to cause harm or a difficult situation

**panel (n):** a flat rectangular piece of wood or some other material

**paradise (n):** a place that is perfect; a place or position of great happiness or contentment

**parasitic (adj):** in relation to electricity, a parasitic effect on a generator of electricity causes a loss of electricity

**parasitic capacitance (n):** relates to electricity - unwanted capacitance (where capacitance is the ability of something to store an electric charge); parasitic capacitance involves an electrical charge being taken away from one thing by another

**party faithful (id):** the party faithful in this context are people who love to party and have fun; the party faithful can also be people who are loyal to a political party or certain group

**patently (adv):** obviously; in a way that is clear

**peaks (n):** the peak is the highest point of something; peaks are highs

**peculiar (adj):** strange

**penetrate (v):** to penetrate is to move into or through something

**perceivably (adv):** noticeably

**perception (n):** a perception is a belief or opinion of something, which may or may not be true

**perspective (n):** a perspective is a point of view

**pest (n):** a pest is an insect or animal that is a nuisance or is annoying or causes problems for humans, e.g. locusts are pests which eat crops and mice are pests which can invade homes

**pestering (v):** annoying

**phenomenon (n):** a thing that exists and can be seen, felt, tasted, etc., especially something unusual or interesting

**placement (n):** the placement of something is where it is located or situated

**plagues (n):** a plague of insects is a huge collection or group of those insects all in the one place, where the group causes some form of harm by its presence

**pod (n):** the collective word for a group of whales

**pointing the finger of blame (phr v):** to point the finger of blame is to accuse someone or something of being the cause of a problem

**portion (n):** a part or share of something bigger/larger



# Glossary

**portrayal (n):** a portrayal is a representation or description of something, for example an actor gives a portrayal of their character

**posit (v):** if you posit something, you suggest it or put it forward

**practicality (n):** the quality of being suitable for a specific occasion or use

**precipitation (n):** rain or another form of water-fall from clouds, e.g. snow, hail, sleet, etc.

**precisely (adv):** exactly

**predation (n):** predation is the act of hunting, feeding on or killing other animals

**predicament (n):** a bad/problematic/unpleasant situation that it is hard to get out of

**predictably (adv):** as predicted; as expected

**prehistory (n):** the time in history before there were any written records

**prematurely (adv):** before the expected/correct/due/sensible time; too soon; early

**prisms (n):** transparent glass or plastic objects that diffract light (separate it out into its different colours)

**prolonged (adj):** something which is prolonged continues for an extended amount of time; it continues for a very long amount of time

**prompted (v):** if something prompted something else, it made or contributed to making that something else happen

**prosthesis (n):** a prosthesis is an artificial body part, such as an arm or a leg

**protestations (n):** actions of protest or disagreement or complaint

**prove wanting (id):** if you prove wanting when you do something, it means that you do not do it properly or well enough

**puzzling (adj):** if something is puzzling, it is difficult to explain/understand

**pygmy (n):** a member of one of several native African tribes; pygmies are typically a lot shorter in height than other humans

**quest (n):** a long search or effort to locate something which is difficult to find

**ranging from ... to (id):** the range of something is the amount or number of that something between an upper and lower limit

**raw (adj):** in a natural and wild state

**readymade (adj):** if something is readymade, it is in its finished form and is available for use

**realisation (n):** the moment/instant when you understand something clearly

**recipe for disaster (id):** if you say something is a recipe for disaster, you mean that doing that something is likely to cause significant problems or trouble

**recklessly (adv):** without any care or concern

**reengineer (v):** to reengineer something is to change it to improve how it works

**regrettably (adv):** sadly; if you say something had to be done regrettably, you mean you are sorry it had to be done

**reinvent (v):** to reinvent something is either to produce something new out of something which already exists or to improve something or think of a new use for it; if you reinvent something, you take that something and improve it in a way that makes it markedly/substantially better

**reiterate (v):** to reiterate something is to say it again, emphasise or stress it; to reiterate a point is to emphasise it

**relentlessly (adv):** all the time / without stopping

**reliability (n):** how well something works

**relief (n):** a form of pain relief is something which makes you less aware of the pain or makes you feel the pain or soreness less

**replicating (v):** to replicate is to make or do something again in exactly the same way as before

**resemblance (n):** similarity; if two things have a resemblance, they look very similar

**resemble (v):** to look like or similar to

**resignation (n):** the act of resigning; the act of telling your employer that you are leaving your job by choice

**resolve (v):** if you resolve a problem or bad situation, you fix it; if a problem or bad situation is resolved, it is fixed

**respectively (adv):** relating to two or more items listed previously, in the same order as previously listed

**responsive (adj):** if you are responsive to an appeal or request, you are quick to react to it in a positive manner

**retracted (v):** to retract something is to take it back or admit that it was false

**revelation (n):** a revelation is a surprise or shock, often an unpleasant or very unexpected one

**reverse (v):** if you reverse something, you turn it back in the direction it came from; if you reverse a decision/policy, you change that decision/policy, or withdraw it altogether

**revoked (v):** to revoke an agreement/permission/law is to officially decide that it is no longer in place

**rezone (v):** to rezone land is to assign it to a new planning zone or grouping

**rezoning (n):** when a rezoning of land takes place, the land is assigned to a new planning zone/area/group/category

**roaming (v):** to roam is to move about or travel, particularly without a sense of purpose or a particular reason for doing so

**rowdy (adj):** if you describe someone as rowdy, you mean they are noisy and possibly aggressive/violent

**rustle (v):** to rustle is to make a soft, dry noise; for example, leaves rustle when they move about

**scorpions (n):** animals similar to insects and closely related to spiders that have long bodies and curved tails that deliver a sting which usually live in dry areas

**scrutiny (n):** very close attention; a careful and detailed examination of something

**scurry (v):** to scurry is to move very quickly with short steps

**seemingly (adv):** apparently; appearing to be something, particularly when it is not really that thing

**segment (n):** one of the smaller groups or amounts of a larger group

**self-proclaimed (adj):** said or announced about yourself

**semblance (n):** if you have lost all semblance of common sense, you show no signs of having any common sense; a semblance is a sign or portion of something that is not full or what was hoped for

**short-sighted (adj):** if someone takes a short-sighted view, they do not consider the long-term consequences of their actions

**shy away from (phr v):** to shy away from something is to avoid or evade or keep away from it or from doing it

**silk (n):** spider silk is the material spiders create their webs with

**simplification (n):** a simplification of something is a less complicated or intricate version of that thing which makes it clearer or easier to understand

**solely (adv):** only

**speculate (v):** to speculate about something is to come up with ideas for why it happened/occurred without being sure of the reason

**speculation (n):** speculation is the activity of guessing the answers or consequences of something without having sufficient information to know for certain

**stamina (n):** the physical or mental strength needed to do something which will take a long time



**stranded (adj):** stuck; unable to leave a place because exit is not possible, there is a lack of transport or similar

**stranding (n):** when there is a stranding of whales, the whales get stuck on the beach or on some other land type

**strictly speaking (id):** being completely accurate; precisely

**stride (n):** a long step

**strikingly (adv):** remarkably

**stroll (n):** a slow, relaxed walk, especially for pleasure

**sucking (v):** sucking is pulling a liquid or air in; if a lifeform sucks something out of something else, it takes it out

**sucks (v):** if you suck something out of something else, you pull or take that thing out of it; if you suck the pleasure out of doing something, you remove the pleasure from doing it

**suing (v):** to sue someone is to take legal action against them, making a claim for some form of compensation for harm they have done to you (accidentally or on purpose)

**superficially (adv):** at/on the surface only; if two things look superficially similar, they only appear similar until they are inspected closely

**superior (adj):** better; if something is superior to something else, it is better than that something else

**supposed (adj):** intended or claimed

**sustain (v):** to cause or to allow something to continue for a period of time; to keep alive or active or functioning

**swayed (v):** if something swayed an argument, it had an influence on deciding the outcome of the argument; if something swayed from side to side, it moved from side to side

**sympathise (v):** to sympathise is to empathise with or care about someone's bad situation or problems

**tangential (adj):** something which is tangential is different from and not directly connected to something else; for example, a tangential argument is not (completely) connected to the last one made

**tangentially (adj):** if you move tangentially in a discussion, you begin to talk about something that is not directly connected to the previous topic

**tangible (adj):** real/meaningful

**the bottom line (id):** the bottom line is the most important or significant fact in a situation

**threat (n):** a threat is something which endangers or may harm another thing

**throw me (phr v):** if something throws someone for a moment, it confuses them or puts them off what they are thinking about or the task they are trying to achieve

**tip of the iceberg (id):** if something is the tip of the iceberg, it is only a small part of something such as a problem or issue; it implies the problem or issue is far greater as a whole

**trait (n):** characteristic

**trek (n):** a long and typically difficult walk

**trek (v):** to walk a long distance, usually in the countryside (through forests, mountains, etc.)

**tumours (n):** tumours are masses of diseased cells that cause lumps or illnesses; cancerous lumps

**turbine (n):** a type of machine that turns blades or 'arms' in order to produce power; the blades are usually turned by the power of the wind

**uncharacteristically (adv):** not typically; unusually; if someone is uncharacteristically something, it means they are not normally that thing

**undergo (v):** if something undergoes a change, that change happens; it experiences that change

**undergrowth (n):** a collection of small bushes, trees or plants growing near the ground in a forest

**unearthed (v):** uncovered/found/discovered

**unforeseen (adj):** not predicted/expected

**uniformly (adv):** in the same way; not different or changed in any way

**unintentionally (adv):** not on purpose

**untapped (adj):** untapped resources are resources that have not been exploited or used

**untold (adv):** so great in number that it is hard to or cannot be calculated

**untouched (adj):** not changed, interfered with or spoiled in any way

**unviable (adj):** not achievable/workable/doable

**up for debate (id):** if something is up for debate, no conclusion has yet been reached about it; it is still being discussed or talked about with different views being shared

**up in arms (id):** to be up in arms about or over something is to be very upset or angry about that something

**uproarious (adj):** extremely loud/noisy

**utopian (adj):** if a place is utopian, everything there works perfectly and is as it should be

**utterly (adv):** totally

**vanish (v):** to make something vanish is to make it disappear

**venom (n):** a type of poison some animals produce

**veracity (n):** truthfulness; the quality of being truthful, honest or accurate

**viability (n):** the feasibility of something; the chance of that something being achieved or successful

**viable (adj):** if something is viable it is able or likely to work or succeed or function as intended

**viral (adj):** something which goes viral quickly becomes popular online; something which is viral is extremely popular online

**virtually (adv):** almost

**volunteer (v):** if you volunteer to do something, you offer to do it without being asked, and usually without pay or receiving benefits

**widespread (adj):** if something is widespread, it is everywhere; it occurs or appears in a lot of places

**wiggling (v):** moving from side to side with short, quick, irregular movements

**wild (adj):** if you describe something as wild, you mean it is extreme, violent or uncontrolled

**wind-induced (adj):** if something is wind-induced, it is caused or generated by wind

**wreak havoc (phr v):** if something wreaks havoc, it creates or causes a lot of destruction or serious problems

**yields (v):** if something yields something else, it produces that something else or causes it

## Glossary | Test 2

**abandon (v):** to abandon is to leave behind

**absorption (n):** the process of taking something into another substance; e.g. the absorption of water by a cloth

**accreditation (n):** official approval

**addition (n):** the process of adding something to something else

**adversity (n):** difficulty (usually serious)

**affording (v):** giving

**alarmingly (adv):** shockingly; surprisingly in a bad way

**algae (n):** very simple and usually small rootless plants that live in or near water

**allayed (v):** if you allay something, you cause or help it to feel less

**altitudinal (adj):** of or related to altitude (height above sea level)

**analogy (n):** a story or comparison of/about two different things which is used to explain better one of those things



# Glossary

**apathy (n):** a lack of interest in something, often something important

**apparition (n):** a supernatural or otherworldly (not of this world) person or thing

**app-basher (n):** an app-basher is a critic of apps or of one particular app; someone who says negative things about apps or a particular app

**applauding (v):** in this context, welcoming or approving of something; giving something a positive reception

**appliance (n):** a device, machine, or piece of equipment, especially an electrically one which is used in the house, such as a dishwasher

**apprenticeship (n):** the period of time spent working as an apprentice (which is someone who has agreed to work for a skilled person for a fixed period of time and often for low payment, in order to learn that person's skills), or the name for a programme/scheme offering workers such a service/opportunity

**arduous (adj):** difficult

**ascended (v):** climbed up

**ascent (n):** the ascent of a mountain is the act of climbing up it

**association (n):** connection

**assurance (n):** if you give someone your assurance, you give them your promise

**astronauts (n):** people who travel into space

**at risk (phr v):** to be at risk from something is to be threatened by it or in danger from it

**attributable (adj):** if something is attributable to something else, it is caused by that something else

**attribute (v):** if you attribute something to something else, you say/suggest that something was caused by that something else

**aurora/s (n):** the aurora is a natural light phenomenon which appears in the sky in the Arctic or Antarctic

**awe (n):** wonder/amazement

**banquet (n):** a large formal meal for many people

**bar (n):** the bar of our expectations is the level at which we set our expectations of what should or is going to happen

**bares its teeth (id):** when something or someone bares their teeth, they show their dangerous or hazardous or threatening side

**battling (v):** fighting/trying to achieve something in a difficult situation

**beloved (adj):** loved very much

**better than the sum of their parts (id):** if a group or team performs better than the sum of their parts, they perform better as a team than they would do individually

**bitter (n):** sour

**blaze (n):** a blaze of passion is moment of extreme/intense passion

**bleached (adj):** made colourless

**bleaching (n):** the bleaching of something is the removing of colour from that thing

**bleak (adj):** in a bleak situation, there is very little hope for the future

**bliss (adj):** pure joy; extreme happiness

**blissful (adj):** extremely happy

**bracket (n):** if you fall into or are part of a bracket, you are part of that category or group

**brethren (n):** fellow members; loyal followers

**bridges the gap (id):** if something bridges the gap in/to something else, it makes it possible for that something else to be achieved/resolved/reached

**burst (n):** a burst of passion is a sudden flow or expression of passion (feeling)

**busted (v):** if you bust a myth or common belief, you prove that it is not correct

**bypass (v):** to bypass is to avoid or ignore

**calibre (n):** quality / excellence

**call a spade a spade (id):** if you call a spade a spade, this means you say truthfully and exactly what something is

**calorific (adj):** containing a large number of calories

**capacity (n):** the capacity to do something is the ability to do that something

**cardiovascular (adj):** related to the heart or blood vessels

**catastrophic (adj):** disastrous

**certitude (n):** certainty

**chaos (n):** mayhem; a state of total confusion and disorder

**charismatic (adj):** someone who is charismatic has a special power that naturally makes them able to influence other people and attract their attention and admiration

**cite (v):** if you cite something, you mention it as proof or an explanation for something else

**clams (n):** a type of sea creature with a shell split/divided into two parts which has a soft body protected by that shell

**clog (v):** block; to clog is to cause something to become blocked or filled so that movement or activity is difficult

**come into play (phr v):** if something comes into play, it becomes a factor in something else

**come on in leaps and bounds (id):** to come on in leaps and bounds is to improve/develop/progress very much

**compatibility (n):** able/capable of living in harmony together

**complication (n):** something which makes another thing harder to do/achieve

**condiments (n):** substances, such as salt and pepper, that you add to food to improve its taste

**conditioning (n):** your physical conditioning is your physical health; how fit you are

**conductive (n):** providing the right conditions/circumstances for something positive/good to happen/exist

**confounded (v):** if you confound your critics or people who say something bad about you, you prove them incorrect/wrong

**connotations (n):** in this case, negative connotations are negative implications/results/effects/consequences

**conscience (n):** your conscience is the part of you that judges how moral your own actions are and makes you feel guilty about bad things that you have done or things you feel responsible for

**consumption (n):** the process of eating or using

**contaminate (v):** to contaminate something is to make it less pure or to make it poisonous

**contrary to (id):** opposite to

**coral (n):** a rock-like substance formed in the sea by a specific group of small animals

**corrupt (n):** using your position or power in a dishonest way in order to get an advantage, especially for money

**cost-prohibitive (adj):** something which is cost-prohibitive is extremely expensive to buy/do; it is so expensive that it would make you think twice about spending money on it

**countless (adj):** too many to count; very many

**cracks (n):** cracks in a relationships are problems in the relationship

**creep (v):** to creep in is to enter slowly, usually without being noticed

**crew (n):** the team of people who work together on something, such as an airplane

**criteria (n):** plural of criterion; standards by which you judge or decide about how to cope with something

**critical (adj):** something which is status critical on the endangered species list is critically endangered; in other words, the animal is very rare and under threat of extinction



**culling (n):** a culling of animals, usually of one particular species, is the killing of a large number of animals of that particular species

**current (n):** a current of water is a movement/flow of water in a particular direction, e.g. the Labrador Current

**cyclones (n):** intense/serious storms

**damning (adj):** something is damning when it shows clear evidence of wrongdoing, guilt or bad behaviour

**decay (n):** the state of being gradually damaged or made worse

**decline (n):** when something becomes less in amount/level/importance/quality/strength

**deluded (adj):** to be deluded is to believe things that are not real or which are very untrue

**demeanour (n):** how you look and/or behave

**dental (adj):** of or to do with dentistry or the teeth

**depicted (v):** showed

**depiction (n):** presentation; showing; representation; how something is represented/shown

**depleting (adj):** reducing

**depths (n):** the depths are the very deepest parts

**descent (n):** the descent of a mountain is the act of climbing down it / going down it

**deservedly (adv):** if something happens deservedly, it deserves to happen / it has been earned

**destiny (n):** fate / what will happen in the future / a force some people believe controls their life

**detrimental (adj):** something which is detrimental causes great harm or damage to something else

**devote (v):** to give your time or effort completely/totally to something or someone which you believe in

**digit (n):** number

**diminished (adj):** reduced

**dine on (phr v):** to dine on something is to eat it

**dire (adj):** very bad/serious/extreme

**disbelief (n):** the state of not believing

**discipline (n):** self-control, even in difficult situations

**discrete (adj):** a discrete location is one where there are not many people or one where you meet in order to avoid attention or notice

**disillusion (n):** the state of not being able to believe something or of being very confused or disappointed by something

**disperse (v):** separate out over a wide area; spread or move across a wide area

**displaced (v):** removed

**disposal (n):** the act of getting rid of something, especially by throwing it away

**dispose (v):** to dispose of something is to get rid of it

**disproportionate (adj):** too large or too small in comparison to something else, or not deserving its importance or influence

**disproved (v):** if something is disproved, it is proved or shown to be wrong/incorrect

**disqualification (n):** the act of being thrown out or removed from something such as a competition because of incorrect/unfair action or actions against the rules

**diversity (n):** a range of different things or people

**doom and gloom (id):** if something is all doom and gloom, it is very negative and there is no clear upside or positive to take from it

**downtime (n):** downtime is leisure time or free time; time when you can relax away from work

**duped (v):** tricked

**eating their dust (phr v):** if you leave your opponent eating your dust, you beat them by a large amount

**economically (adv):** in a way that relates to money; financially

**ecosystem (n):** all the living things in an area and how they affect each other and their environment

**ejecting (v):** ejecting is leaving; if someone ejects a plane, they leave the plane by a very quick method, usually a method designed only to be used in emergencies

**ejector button (n):** the ejector button is a button in a human-driven machine that can eject/remove the driver from the machine very quickly (usually designed for emergency use)

**emerge (v):** to emerge is to appear

**emphasize (v):** highlight; draw attention to

**enabling (v):** making possible / facilitating / making able to

**encounter (v):** come across / meet

**endanger (v):** to endanger is to put under threat of harm of some sort

**endangered (adj):** an endangered species is a species that is close to extinction / disappearing from the Earth

**endurance (n):** the ability to stay doing something difficult, unpleasant or painful for a long time

**endure (v):** to endure something is to suffer something which is difficult/unpleasant

**essential (adj):** very important; key to success

**estimated (adj):** used when saying what the cost/amount/value/size/level/etc. of something is believed to be

**euphoria (n):** pure joy; extreme happiness

**evoked (v):** to make someone feel an emotion is to evoke that emotion

**exaggerated (adj):** made seem larger, more important, better or worse than in reality

**expectation (n):** what we expect to happen

**expedient (adj):** helpful or useful in a given situation, but often not morally acceptable or right

**experimentation (n):** the process of trying methods, activities, etc. to discover what effect they have

**exploited (v):** to exploit is to use or take advantage of

**exposure (n):** the fact of being affected by or experiencing something because of being in a particular place or situation

**expulsion (n):** the act of forcing someone or something to leave a place

**fabricating (v):** making up something that is not true

**facetious (adj):** lacking serious or honest intent

**fad (n):** a fad is a style/activity/interest that is very popular for a short period of time

**fan base (n):** fans of something specific, such as a singer or band, collectively referred to or considered as one group

**far-reaching (adj):** something far-reaching has a great influence/effect on many people/things

**fatalities (n):** deaths

**fate (n):** destiny; a power which some people believe controls all events and happenings in life

**fate-bestowed (adj):** something which is fate-bestowed is granted or given by nature/luck/destiny rather than earned

**faults (n):** a fault in a race or competition is a point/score/mark against the competitor

**favourably (adv):** advantageously/positively

**fearsome (adj):** scary/frightening

**feasibility (n):** the possibility that can be made, done, or achieved, or is reasonable

**fighting chance (id):** if you give something a fighting chance of happening, you give it some chance of happening, even if the chance is usually very small in this case

**filter feeders (n):** sea creatures which eat other tiny sea life by taking in this sea life through their mouths in large quantities of water and then sending the water back out of their bodies



# Glossary

**flamboyant (adj):** behaving confidently in a way that suggests you want to be noticed / get attention

**fleeting (adj):** brief; short

**fountain (n):** a stream of water which is forced up into the air through a small hole (especially for decorative effect to look nice), or the structure in a lake or pool from which this water flows

**fragile (adj):** if something is fragile, it is easily damaged, broken or harmed

**freeze-dried (adj):** something preserved by the process of first freezing and then drying

**funnelled (v):** to put something through a funnel or something that acts like a funnel, where a funnel is an object that has a wide round opening at the top, sloping sides, and a narrow tube at the bottom, which is used for pouring liquids or powders into containers with narrow necks

**fuss (n):** a fuss is a show of worry

**fuzz (n):** a covering of short thin soft hairs, or a mass/collection of tightly curled and often untidy hair

**gazing (v):** to gaze at something is to look at it for a long time, often in amazement/admiration or while lost in thought about something else

**gender bias (n):** gender bias involves treating one gender, male or female, better or worse than the other

**gives ... edge (id):** to give someone an edge is to give them some form of positive help or advantage that is likely to improve their chances of succeeding / achieving what they set out to do

**glance (n):** a quick look at someone or something

**goes without saying (id):** if something goes without saying, it is obvious or clear and people know it without having to be told it

**grain (n):** a seed or seeds from a plant, especially a plant like a grass such as rice or wheat; in this case, ones which are eaten / for consumption

**gratitude (adj):** thankfulness; the feeling or quality of being grateful

**gravity (n):** the force that makes things fall to the ground

**grooming (n):** the grooming of a person or animal is the cleaning of that person or animal, often, where an animal is concerned, with a brush

**habitat (n):** the natural environment of an animal or plant

**habitation (n):** the act of living in a building or some other type of dwelling

**harmoniously (adv):** friendly and peacefully; in a beneficial way to all parties/groups/things involved

**host (n):** a host nation for an event is the country which is holding / hosting / putting on the event

**hosting (n):** the hosting of something is the holding or putting on of that something, such as an event

**hunt (v):** to hunt is to follow or go after prey (an animal) of some kind in the hope of killing that prey

**ignominy (n):** shame

**ilk (n):** a particular type

**immeasurably (adv):** so large or great that it cannot be precisely/exactly known or calculated

**immensity (n):** seriousness

**immersion (n):** immersion in something is becoming completely involved in it

**impartial (adj):** independent of the two sides involved in something, such as a dispute; not supporting any of the sides involved in an argument

**impressive (adj):** worthy of respect or admiration

**impulse (n):** a sudden, strong wish/desire to do something

**in context (id):** to put something in context is to explain or demonstrate it with an example or more information to make it easier to understand

**in jeopardy (id):** at risk / under threat

**in sight (id):** if something is in sight, it is in view and can be seen or it is close by or close to happening

**inadequate (adj):** not enough; not good enough; too small in amount

**incapable (adj):** not able; unable

**incidentally (adv):** used to introduce something not as important as the main subject/point, but which is connected to it in some way or to some degree

**indebtedness (n):** the fact of being in debt or of owing money to someone or some organisation

**indictment (n):** an indictment is a sign that something is wrong; a damning indictment is a very strong, clear sign that something is wrong

**indiscriminate (adj):** random; without careful thought or planning in such a way as to cause harm

**induce (v):** cause to occur/happen

**indubitably (adv):** unquestionably; undoubtedly

**infrastructure (n):** the basic systems and services, such as transport and power supplies, that a country or organization uses in order to work effectively

**initial (adj):** early; first

**input (n):** in this case, contribution

**instances (n):** cases of something happening

**intake (n):** the amount/volume of a particular substance that is eaten or drunk during a particular time

**intensity (n):** the quality of being felt very strongly or of having a very strong/profound effect

**intervention (n):** the act of intervening or getting involved in something; e.g. you can intervene in an argument between two people or in a situation to try to improve it

**invertebrates (n):** animals with no backbone/spine such as worms

**justified (adj):** when something is justified, there is a good reason for it

**knowhow (n):** knowledge/ability (of a practical kind)

**knowingness (n):** having knowledge of or certainty about something

**lab rats (n):** lab rats are rats used in experiments in a laboratory for scientific purposes; when humans are referred to as lap rats, it means they are part of experiments themselves

**layman's terms (id):** if you say something in layman's terms, you say that thing in everyday language that is easy to understand

**lie in wait (phr v):** to lie in wait for someone or something is to hide somewhere waiting until that someone or something appears or hoping that that someone or something appears

**light at the end of the tunnel (id):** the light at the end of the tunnel is the positive or good outcome that comes after difficulty has been experienced or the potential good or positive thing that can be expected to happen once a difficult experience has finished

**limelight (n):** the limelight is a place or position where there is a lot of public attention or interest

**linguists (n):** someone who studies / can speak one or more foreign languages is a linguist

**literally (adv):** using the real or original meaning; for example, it is literally freezing is said by someone trying to emphasise that it truly is very cold

**literature (n):** written artistic works, especially those of high value/quality, e.g. the works (writings) of Charles Dickens

**localised (adj):** limited to a particular area; only affecting a particular area

**lottery (n):** if something is described as being a lottery, it depends on luck/chance

**luck wouldn't hold (id):** if someone says your luck won't hold,



they mean that your fortunes/situation will eventually change for the worse or disimprove

**lures (v):** if something lures something else, it attracts that something else

**maintenance (n):** a situation/circumstance in which something continues to exist or is not allowed to become less

**make use (phr v):** to make use of something is to use that something constructively or to benefit you

**manifestation (n):** appearance

**massive (adj):** huge

**masters (n):** if we are masters of our fate/destiny, we control our fate/destiny

**match (n):** a person's match is someone very well suited to them for forming a relationship

**materialised (v):** appeared

**maturity (n):** in this context, adulthood

**mayhem (n):** chaos; a disordered or totally confused state

**meaningless (n):** irrelevant / not important

**mechanism (n):** a part of a machine / a set of parts that work together

**media (adj):** of or related to the media

**merits (n):** value; worth

**microgravity (adj):** a microgravity environment is one where a gravitational force has been artificially added through human action (see *gravity*)

**microscopic (adj):** very small; so tiny as to be only visible under a microscope; not visible to the naked eye

**mischief (n):** behaviour, especially a child's, that is slightly bad but which is not intended to cause serious harm or damage

**misery (n):** extreme/great unhappiness

**misfortune (n):** a case of bad luck

**misgiving (n):** a misgiving is a (usually slight) worry or concern you have about something else

**misperception (n):** an incorrect belief

**mission control (n):** the place/location on earth from which a journey into space is controlled

**mistaken identity (id):** a case of mistaken identity is an instance/case where a person or thing is wrongly thought to be another person or thing

**modifications (n):** changes to something, usually to improve it

**monitoring (v):** watching or noticing particular things

**monopolised (v):** to monopolise something is to control all or most of it in a way that prevents others from having it

**mortality (adj):** death

**mountaineering (adj):** of or related to mountain climbing

**much-coveted (adj):** something which is much-coveted is desired a lot or in great demand

**myth (n):** a common belief that is untrue

**mythology (n):** myths in general, where myths are ancient stories or sets of stories, especially explaining the early history of a group of people or about natural events and facts

**naked eye (n):** the naked eye is the eye on its own; for example, if you say something looks perfect to the naked eye, you mean it looks good just viewing it through your eyes without using any special equipment which enhances/improves your vision/view

**narrowly (adv):** if you narrowly avoid something, you barely or just about avoid it; e.g. he narrowly avoided defeat

**navigate (v):** to navigate is to find a route/way through something

**none other than (id):** said to show that someone or something is a surprising or exciting example/choice

**non-perishable (adj):** something which is not perishable does not decay quickly (see *decay*)

**notion (n):** Idea

**nutrients (n):** substances that animals or plants need in order to live and grow

**nutritionists (n):** experts on the subject of nutrition

**oblivious (adj):** not aware, especially of something happening around you

**obstacles (n):** things that block or make difficult movement or action

**odds (n):** the odds of something happening are the chances or probability of that thing happening

**of late (id):** recently

**omen (n):** a sign that some future event will take place

**opposition (n):** your opposition are your opponents; the people you are competing against

**optimise (v):** to optimise is to make something as good or effective as it can be

**optimism (n):** the quality of being full of hope and focusing on the good/positive points of something

**optimist (n):** someone who always sees the positives or bright side of things

**orbital (adj):** in orbit (where orbit means travelling on a curved path around something; in this case through space around the planet Earth)

**organs (n):** parts of the body that perform particular functions/jobs

**otherworldly (adj):** not of this world

**outdone (v):** if you are outdone by someone else, they perform better than you and win / beat you / become more successful than you

**outsiders (n):** people not directly involved in a situation or people outside of a particular group

**overcast (adj):** cloudy

**overwhelming (adj):** very great or very large

**panel (n):** see Test 1 glossary

**panic (n):** a strong, sudden feeling of fear that prevents or makes difficult acting or thinking in a reasonable/logical way

**parasitic (adj):** of, caused by or relating to parasites (parasite - an animal or plant that lives in or on another animal or plant and feeds off it)

**party of (n):** a party of climbers is a group of climbers

**patently (adv):** in a very clear way

**peaks (n):** mountain tops; hill tops

**per se (id):** from Latin, meaning by or of itself

**perception (n):** a perception is a belief or opinion, often held by many people and based on how things seem

**period film (n):** a film set in a particular period of / at a particular time in history

**perpetual (adj):** neverending; continuing forever in the same way

**persevere (v):** to persevere is to try to do or continue doing something in a determined way, despite having problems

**perversity (n):** unexpected strangeness

**pessimistic (n):** thinking that bad things are more likely to happen or emphasizing the bad part of a situation

**phenomenon (n):** a thing that exists and can be seen, felt, tasted, etc., especially something unusual or interesting

**phobia (n):** a fear of something; e.g. a phobia of spiders, arachnophobia

**photosynthesis (n):** a process by which a plant uses the sun's energy to produce its own food

**physical (adj):** of or relating to the body

**physiology (n):** the scientific study of the way in which the bodies of living things work

**pickpocketed (v):** if you have been pickpocketed, you have had



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the possessions/belongings you are carrying stolen without being aware of it happening; literally, you have had some or all of the things in your pocket/s stolen

**pilot (v):** if you pilot something, you drive/control it

**pivotal (adj):** central or very important

**plankton (n):** a type of very tiny sea creature

**platform (n):** a usually long flat raised area/structure

**portrait (n):** picture; depiction; portrayal

**portrayed as (phr v):** if something is portrayed as something else, it is shown as that something else

**precisely (adv):** exactly

**predators (n):** predators are animals that hunt, kill or eat other animals

**prematurely (adv):** too early; before the right time

**prey on (phr v):** to prey on something is to kill that something, usually in order to eat it

**primarily (adj):** mainly; for the most part

**privileged (adj):** if someone is privileged, they have an advantage or enjoy something special which most other people or another group of people to which they are compared do not have or cannot enjoy

**profile (n):** a profile of someone or something is a view of that someone or something, usually from the side

**progressed (v):** if something progressed, it continued or developed

**propagating (v):** causing to increase in number, amount or similar

**prospective (n):** your prospective employer is the employer you hope will hire you; someone who you describe as prospective is someone you hope will soon become that thing, e.g. a prospective buyer of your car is someone who may / you hope might buy your car

**prosper (v):** to prosper is to do extremely well

**rave reviews (id):** rave reviews are very positive reviews

**recolonise (v):** to recolonise an area is to move back into that area on a permanent basis

**recruitment (n):** the process/act of finding people to work for a company or become a new member of an organization

**reef (n):** a line of rocks/sand just above/below the surface of the water

**reflected in (phr v):** if something is reflected in something else, it is shown as true/fact by or there is evidence of the something in that something else

**refreshing (adj):** pleasantly different/interesting

**refrigeration (n):** the process of making or keeping something, especially food or drink, cold so that it stays fresh, usually in a fridge

**regeneration (n):** the act/process of improving a place/system/thing, especially by making it more active/successful

**registration system (n):** a registration system is a system for recording names or information

**reliant (adj):** if something is reliant on something else, it depends on that something else for some reason

**reluctantly (adv):** someone who is reluctantly doing something is doing that something slowly or hesitantly or doing it because they have to rather than because they want to

**remarkably (adv):** incredibly/amazingly

**remotely (adv):** if you access something remotely or contact someone/something remotely, you do so from a distance

**repercussions (n):** consequences, usually negative; the effect that an action/event/decision has on something else, where usually a bad effect

**restraints (n):** something that limits the freedom of someone or something, or that prevents something from growing or increas-

ing; things that hold something in place

**resumption (n):** the resumption of something is the starting of doing that something again

**reverse (n):** the reverse is the opposite

**rich (adj):** if there are rich sources of something, there is a plentiful/abundant supply/presence of that something

**rid (v):** if something rids itself of something else, it gets rid of that something else

**scale (n):** the scale is the amount/level/degree/extent of something

**scarcely (adv):** almost not; barely at all

**scenic (adj):** having beautiful natural features

**screenwriter (n):** a screenwriter writes the story for a film

**self-defence (n):** if someone is acting in self-defence, they are protecting themselves because they have been forced to by the dangerous or threatening acts of someone else

**self-preservation mechanism (n):** a self-preservation mechanism is a process or way of acting or behaviour that helps to preserve/protect the processor/actor

**sensationalised (adj):** presenting in a way that is more shocking or exciting than reality

**shady (adj):** a shady area is an area which is protected from getting direct sunlight

**shunned (v):** avoided/ignored

**sightings (n):** instances/occasions where something is seen

**silverware (n):** silver cups or trophies won in sports or other competitions

**sincerity (n):** honesty

**sniffed at (id):** if something is not to be sniffed at, it ought not to be ignored or discounted

**sober (adj):** serious

**solo (adj):** alone / on your own

**spiritual (adj):** relating to deep feelings and beliefs, especially religious beliefs

**squad (n):** the squad is all the players, including the ones that don't start every game or are not on the substitutes bench; all the players available to a team

**square meals (id):** a satisfying meal that provides you with enough nutrition to remain healthy is a square meal

**squid (n):** a sea animal with a long body and ten arms located close to the mouth

**starfish (n):** a flat-shaped sea-living/sea-dwelling animal that has five arms growing from its body in the shape of a star

**starvation (n):** starvation is the state of being without food for an extended/long period of time, a state which can often lead to death

**starve (v):** to starve is to not eat or get nutrition over a long period of time

**statistics (n):** a collection of numerical facts or measurements

**stave off (phr v):** to stave off something is to defend against it or stop it from happening

**stereotypical (adj):** having the expected or typical qualities

**stern (adj):** a stern test is a serious or difficult test

**stiff (adj):** stiff odds are difficult odds (see *odds*)

**storm ... in a teacup (id):** a storm in a teacup is something which seems or is made to seem quite serious but really isn't; something about which a lot of fuss is made for no reason because it is not very serious or important

**stretch (n):** a stretch of land is a piece of land; a continuous area of land

**stubble (n):** short facial hair

**stunning (adj):** very impressive or shocking; extremely beautiful

**summiteers (n):** people who reach the top of mountains

**summits (n):** mountain tops



**superstitions (n):** beliefs not based on reason or knowledge or science, often ones related to magic

**sustain (v):** to sustain something is to cause or allow it to continue for a period of time

**sustenance (n):** food

**swap (v):** to swap something is to give something in exchange for something else

**sweeps (v):** to sweep is to brush; to move quickly and powerfully

**swiftly (adv):** happening/moving quickly or within a short space of time

**symbiosis (n):** a relationship between two animals or plants whereby each contributes positively to the conditions necessary for the continued existence of the other

**symbiotic (adj):** a relationship which is symbiotic is a relationship between two plants or animals that benefits both parties to the relationship

**tackling (v):** to tackle prey is to take on or hunt or attempt to kill that prey (animal type)

**take a turn for the worse (phr v):** when a situation takes a turn for the worse, it gets worse

**take us back full circle (id):** take/bring us back to the beginning or initial situation/problem

**talent scout (n):** a talent scout is someone whose job it is to find/spot people who are talented at something or some things in particular

**tangible (adj):** real and not imaginary; for example, a tangible threat is a real threat

**technical (adj):** if a mountain hike is technical, it requires climbing skills

**tempest (n):** a very severe/violent storm

**the late (id):** if you refer to someone as 'the late', you mean that they are already dead

**the media (n):** the internet, newspapers, magazines and television considered as one single group

**thriving (adj):** being very successful

**tissues (n):** a group of connected cells in a plant or animal which are similar to one another in form and purpose, e.g. soft tissue

**to spare (id):** if you win the title with two games to spare, you win it with two games left/remaining

**tolerance (n):** the ability to deal with something unpleasant/harmful or annoying in an improved way that helps a person/thing's continued existence

**tornadic (adj):** of or related to a tornado (type of localised or small storm); very forceful/strong

**trailing (v):** if something is trailing something else, it is following behind that something else

**trepidation (n):** fear/worry/concern surrounding what is going to occur

**triggers (n):** triggers are things that start/initiate/set off something else, such as a process

**turbulence (n):** turbulence is strong sudden movements of air often felt when flying in an aircraft

**unconditionally (adv):** without any conditions or terms

**undeniable (adj):** cannot be denied; cannot be questioned

**undeniably (adv):** without question; certainly

**underestimate (v):** to underestimate is to fail to guess, understand, realise or appreciate the real cost, size, importance, difficulty, etc. of something

**underprivileged (adj):** people who are underprivileged come from a poor background or are poor, and do not have the opportunities or resources normally afforded to/enjoyed by/given to people

**unlikely (adv):** not very likely; not probable or likely to happen

**unpredictable (adj):** impossible to predict; likely to change suddenly and without reason

**unproductive (adj):** not producing very much or not having positive results

**unrelenting (adj):** never stopping; never becoming weaker

**unscrupulous (adj):** behaving in a way that is dishonest or unfair in order to get what you want

**upper reaches (n):** the upper reaches are the highest points/elevations

**upsurge (v):** a sudden and unusually large rise or increase in something

**vacuum (n):** a space from which most or all of the matter has been removed, or where there is little or no matter (matter being any physical substance in the universe)

**viable (adj):** feasible/likely to succeed

**victims (n):** someone or something that has been hurt, damaged or killed or which has suffered as a result of something or someone else

**vulnerable (adj):** at risk from or threatened with harm

**warranted (adj):** if something is warranted, it is justified or necessary

**weight (n):** if you put more weight on/in something, you give it more importance

**welfare (n):** health

**wellbeing (n):** the state of feeling/being healthy and happy; welfare or general health

**wiser souls (id):** a wise soul is a person who has a lot of wisdom or knowledge

**withstand (v):** strong enough to oppose/fight off/not be changed by something

**witnessed (v):** to be witnessed is to be seen

**yields (n):** amounts of something

## Glossary | Test 3

**a stone's throw (id):** if something is a stone's throw away, it is very near

**abounding (adj):** existing in large numbers

**abounds (v):** exists in large numbers or quantities

**absentee ownership (n):** the fact of owning a place but not living there

**abused (v):** cruelly or violently treated

**account for (phr v):** explain; provide an explanation for

**accessible (adj):** able to be reached

**adequately (adv):** satisfactorily; sufficiently

**adrenalin junkie (id):** someone who loves to do very adventurous and exciting sports or activities, for example base jumping

**advocates (n):** supporters

**affairs (n):** matters, concerns or issues

**afforded (v):** granted or given

**agenda (n):** see *centrist agenda*; an agenda is an aim

**aggravated (adj):** made worse

**akin (adj):** if something is akin to something else, it is like that something else or has some of the same qualities

**albeit (conj):** although

**alien to (adj):** strange and unfamiliar to

**all the rage (id):** if something is all the rage, it is fashionable or popular or trending at the moment

**allure (n):** charm

**amateur (adj):** a person who takes part in an activity for pleasure, not as a job and not getting paid, is an amateur; the highest amateur level is the highest level you can compete at as an amateur



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**ambience (n):** the atmosphere or character of a place

**ample (adj):** more than enough

**anecdotal (adj):** anecdotal evidence is evidence that is not based on facts or careful study but is just based on what a lot of people say or think

**antelope (n):** a deer-like mammal with horns and long thin legs that can run very fast

**apathy (n):** a lack of interest; voter apathy is a lack of interest amongst voters in voting or taking part in the political process

**apologist (n):** a person who supports a particular belief, especially an unpopular one

**appetite (n):** desire

**appetite for (phr v):** desire for

**apprehending (v):** to apprehend someone is to catch or arrest them

**aptly (adv):** appropriately; suitably

**arc (n):** a curved line or part of a circle

**artificial (adj):** made by people, often as a copy of something natural

**astounding (adj):** very shocking or surprising

**at the coalface (id):** in real working conditions; at work

**attrition (n):** gradually making something weaker or destroying it

**authentic (adj):** real

**avail of (phr v):** make use of

**backing (n):** support

**bang for your buck (id):** if you get good bang for your buck, you get better value or a better reward for the money you spend

**banjo (n):** a small string musical instrument

**begs the question (id):** if something begs the question, it causes you to ask that particular question

**beguiling (adj):** charming

**behold (v):** to behold is to look at

**bewildered (adj):** confused and uncertain

**bewilderment (n):** confusion

**bitterness (n):** a feeling of anger and unhappiness

**bizarrely (adv):** strangely and unusually

**black sheep (id):** if you describe someone as a black sheep, you suggest that they do not fit in with everyone else in a particular group (the suggestion usually has a negative meaning); for instance, *I am the black sheep of my family* means I am different to the rest of my family

**blends right in (phr v):** if something blends right in, it fits or looks suitable in its surroundings

**blind (n):** people who cannot see or who have very very poor sight

**blind to (adj):** if you are blind to the benefits of something, you do not see those benefits and are ignorant of or about them

**bliss (n):** perfect happiness; perfection

**blissfully ignorant (id):** extremely happy and unaware of something

**blotting (v):** spoiling; making look less nice

**boast (v):** if you boast something, you possess that something

**bottling everything up (phr v):** if you bottle something up, you refuse to talk about it or express how you are feeling

**bottom line (id):** the bottom line is the most important fact in a situation

**bragging rights (id):** if you have bragging rights, it means you have done something impressive that gives you reason to boast / act in a very proud way; for example, *Well done. You beat me easily even though I'm five years older than you - you definitely have the bragging rights*

**brainstorming meeting (n):** a meeting where a group of people suggests lots of possible new ideas for development

**breadwinners (n):** the breadwinner is the member of the family that earns the money the family needs

**breakout (n):** escape

**broadened (adj):** made wider

**budget conscious (adj):** a traveller who is budget conscious cares a lot about how much money they are spending because they have a limit

**bushmen (n):** the San Bushmen are a native African people who traditionally live a nomadic life, moving around from place to place and hunting wild animals and gathering wild plants for food

**buzz (n):** sense of excitement

**calf (n):** the name for the young of various large mammals

**cancer screening (n):** testing or examining to discover if you have cancer

**canine (adj):** of or relating to dogs

**canines (n):** dogs

**cast off (phr v):** left alone or abandoned

**cease (v):** stop

**centrist (adj):** at the centre of the range of political opinions

**centrist agenda (id):** a centrist agenda is a desire to support the centre political party or parties – the party or parties that are neither too far left (socialist) or right (capitalist) in their beliefs and principles

**chimps (n):** chimpanzees (members of the family of great apes)

**cloudy (adj):** unclear

**coalition (n):** a government that is formed or made up of a number of different political parties working together

**cocooned (v):** protected and kept safe or kept away from things

**coincidental (adj):** happening by chance or luck

**combo (n):** combination

**coming to terms with (id):** if you come to terms with something, you gradually accept a bad or unusual situation

**command (n):** control of or over; your command of a language is your control of and ability to use the language

**commemorated (v):** to commemorate is to officially remember something with a special ceremony

**composition (n):** a musical composition is a piece of music someone has written

**compounding (adj):** making worse

**comprehending (v):** to comprehend is to completely understand

**compromise (v):** to compromise is to reduce your demands or change your opinions in order to reach an agreement with another person, group or party

**compulsion (n):** desire; strong feeling of wanting

**concept (n):** idea or principle

**conclusive (adj):** ending any doubt or proving that something is true

**condescending (adj):** treating a person as if you are more intelligent or important than them

**conditioning (n):** your physical conditioning is the state of health of your body

**confess to (phr v):** admit to

**conservative (adj):** a conservative party is a political party that supports businesses, is against high taxes and does not agree with much government involvement in industry; a capitalist party

**conserved (v):** to conserve something is to keep it from being damaged or wasted

**considerably (adj):** significantly or noticeably

**contagious (adj):** a contagious habit or feeling spreads quickly among people

**content (adj):** satisfied or happy

**contraband (n):** goods that are taken into or out of a country il-



legally and in secret

**contradictory (adj):** if two or more things are contradictory, they are very different from one another

**contrariwise (adv):** on the contrary; on the other hand

**contrary to (adj):** if something is contrary to your expectations, it is the opposite of what you were expecting

**corpse (n):** dead body

**correlation (n):** a connection or relationship between two or more things

**couch potatoes (id):** a couch potato is someone who leads a relatively sedentary or inactive life - literally, someone who sits on the couch watching a lot of TV

**counterproductive (adj):** having the opposite effect than intended or wanted

**coverage (n):** the reporting of a particular important event or subject

**crave (v):** desire

**craze (n):** an activity that is extremely popular for a short amount of time

**crazed (adj):** crazy/mad/reckless

**credit (n):** praise

**curious (adj):** peculiar; strange and unusual

**current (n):** See Test 2 glossary

**damn (v):** criticise

**dedicated (v):** to dedicate something, such as an achievement or victory, to someone is to publicly say that something was done in their honour

**deliberate (adj):** intentional or planned

**demographics (n):** the number and characteristics of people who form a particular group, in this case, voters

**demoted (v):** to demote is to lower in rank or position or status

**detection (n):** the fact of discovering or noticing something

**determination (n):** the ability and desire to continue to try to do something even though it is difficult

**detract (v):** make something seem less deserving of admiration

**diagnosis (n):** a judgement about what a particular illness or health problem is, made after examining the patient

**diffract (v):** to diffract is to break up light into its different colours and send them off in different directions

**diffraction (n):** the process of causing a change in the direction of light (sending the different colours of light off in different directions)

**dimensions (n):** measurements or size, e.g. height, length and width

**disheartened (adj):** discouraged

**dispelled (v):** to dispel is to remove a false idea

**dispersion (n):** the separation of light into different colours

**distasteful (adj):** unpleasant or unacceptable

**distress (n):** a feeling of extreme worry, sadness or pain

**divisive (adj):** describes something that causes a lot of disagreement between people

**do away with (phr v):** to do away with is to get rid of or destroy

**domestic (adj):** a domestic animal is an animal that is not wild and which is either kept as a pet or to produce food

**drop in the ocean (id):** a drop in the ocean is a very small amount compared to the total amount

**droplets (n):** small drops

**dwarf planet (n):** a dwarf planet is a body of matter in space that looks like a small planet but does not meet all the scientific criteria for or specifications of a planet

**dwarfish (adj):** very small

**echoed (v):** repeated

**ecstatic (adj):** extremely happy or pleased

**elevated (adj):** high; elevated land is land that is high above sea level

**elite (adj):** an elite field is a group made up of people who are excellent at something

**emerged (v):** appeared

**emerging (v):** to emerge is to appear by coming out of something or out from behind something

**empathic (adj):** having the ability to imagine how someone else thinks or feels

**empowering (v):** to empower someone is to give someone the authority, skills, etc. needed to do something themselves

**en route (adv):** on the way to or from a place

**endorsement (n):** approval; the act of saying you approve of something

**engage (v):** to engage with or in something is to become involved with or in that thing

**essentially (adv):** basically

**evolutionary (adj):** relating to the way in which living things develop over thousands and millions of years

**evolved (adj):** highly developed

**excessively (adv):** too; overly

**exclusivity (n):** the fact of only being for people who are rich or of high social class

**exemplify (v):** to exemplify is to be a typical example of something

**exhausted (adj):** extremely tired

**expended (v):** to expend is to use or spend time, effort or money

**exploit (v):** take advantage of

**extent (n):** amount

**exterior (n):** outside

**extremes (n):** the extremes are the sets of beliefs and the political parties considered to be unacceptable to most people

**eyesore (n):** an unpleasant or ugly sight

**fad (n):** a style or fashion or trend that is popular for only a short amount of time

**faint (adj):** not strong or clear

**fall out of the loop (id):** lose touch or contact

**fan base (n):** see Test 2 glossary

**fascination (n):** the fact of finding something extremely interesting

**fatal (adj):** deadly

**fatalities (n):** deaths

**finer details (id):** the finer details are the details or pieces of information that are important and need to be considered very carefully

**first-class (adj):** if you describe someone as first-class at something, you mean they are excellent at that something

**fluke (n):** the result of chance or luck instead of skill and planning; accident

**foe (n):** enemy

**follow in their footsteps (id):** if you follow in someone's footsteps, you do the same thing as that person previously did

**food for thought (id):** something worth seriously considering or thinking about

**footage (n):** a piece of film

**footing (n):** the way that something operates and the set of conditions that influence it

**foregone conclusion (id):** a result that is obvious or clear to everyone even before it happens

**formations (n):** a formation is the way something is naturally made



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- foster (v):** encourage
- frenzied (adj):** uncontrolled and excited
- garish (adj):** unpleasantly bright or standing out too much
- garishly (adv):** distastefully or unpleasantly
- gem (n):** in this sense, a very good place
- generate (v):** produce
- genes (n):** a part of your DNA that controls physical behaviour and development and which is passed on to you from your parents
- get a kick out of (id):** if you get a kick out of something, you enjoy doing it very much or get great satisfaction from doing it
- getaway (n):** a getaway is a place you go to to escape from or have a break from your everyday life
- go full circle (id):** return to where you were when you started
- go-kart (n):** a go-kart is a type of small four-wheeled vehicle used for racing
- grasp (v):** take quickly
- gratification (n):** see *instant gratification*
- great apes (n):** the group of animals that includes gorillas, orangutans, and chimpanzees
- grinding out (phr v):** doing the same boring thing again and again
- grooming (v):** developing and maintaining
- grounds (n):** land that surrounds a building and is part of the same property
- habitation (n):** a place that's lived in
- hailing from (v):** if you hail from a place, you come from that place; if you hail from a family, you come from that family
- handicaps (v):** makes more difficult
- hankering (n):** desire or strong wish
- harsh (adj):** more severe than necessary
- haven (n):** a safe or peaceful place
- hectic (adj):** busy, fast or full of activity
- hefty (adj):** large in amount, size, force or distance, etc.
- heightened (adj):** if your senses are heightened, they are improved and you are more aware
- high-maintenance (adj):** if something is high-maintenance, it requires a lot of work and effort
- hindsight (n):** the ability to understand a situation or an event only after it has happened
- holes in a ... theory (id):** if there are holes in a theory, the theory does not make complete sense
- hooked (adj):** if you get hooked on something, you become addicted to that something; you enjoy doing that something so much that you want to do it again and again
- hotly (adv):** in a passionate, angry or excited way
- hubs (n):** centres
- humble (adj):** ordinary; not very special or important
- hypothesised (adj):** a possible but not yet proven explanation for something
- hypothetical (adj):** imagined or suggested but not necessarily true or real
- ideologically opposed (id):** if two people or political parties are ideologically opposed, their beliefs and principles are the complete opposite of one another
- idyllic (adj):** extremely pleasant, beautiful or peaceful
- ignominy (n):** shame
- ill intentions (id):** bad intentions; an intention is something that you want or plan to do
- ill-informed (adj):** badly informed
- immeasurably (adv):** so large or great that it cannot be measured or known exactly
- immensely (adv):** extremely
- in the long run (id):** eventually; at a time that is far away in the future
- inaccurate (adj):** not completely correct or exact
- incident (n):** an unpleasant event
- incidentally (adv):** by the way; used before saying something that is not as important as the main subject of discussion, but which is connected to it in some way
- inclined to (adj):** likely to
- inclusive (adj):** trying to include as many different types of people as possible and treating them all fairly and equally
- inconclusive (adj):** not having a clear result or giving a clear decision
- indigenous (adj):** native; naturally existing in a place or country rather than arriving from somewhere else
- indulge (v):** if you do not indulge, you do not allow yourself to have or do something
- indulgent (adj):** wasteful; excessive
- inevitably (adv):** in a way that cannot be avoided
- inner (adj):** inside
- inspection (n):** examination; a careful look at something
- instant gratification (id):** if you want instant gratification, you want to instantly/immediately be rewarded/satisfied
- intensity (n):** strength
- intensively (adv):** involving a lot of effort and activity over a short period of time
- interaction (n):** communicating or relating to other people
- interfere (v):** to interfere is to involve yourself in a situation when your involvement is either not wanted or not helpful
- intimated (v):** made clear without directly saying
- intrinsic (adj):** extremely important
- irrespective (adv):** without considering; not needing to allow for
- isolation (n):** the condition of being alone, especially when this makes you feel unhappy
- just be the ticket (id):** if something is just the ticket, it is exactly what you need or want; if something might just be the ticket, it might be exactly what you need or want
- keenly (adv):** competitively; reasonably
- lamentation (n):** regret; a sense of sadness and feeling sorry
- late starter (id):** a late starter in a sport or activity is someone who starts / takes up that sport or activity relatively late in life, usually late in their childhood years; for example *I was a late starter at tennis as I only began playing aged 12*
- leafy (adj):** pleasant with a lot of trees and plants
- lean (v):** in this sense, young people decided to lean in the other direction means young people decided to cast their votes for a party with the opposite set of principles and beliefs
- leave a ... hole in your wallet (id):** if something will leave a hole in your wallet, it will cost quite a lot of money
- let their hair down (id):** if you let your hair down, you allow yourself to relax and have fun
- like a duck to water (id):** if you take to something like a duck to water, you are a natural at it; you are very good at it from the very beginning or from a very early stage
- lo and behold (id):** something you say when you are telling someone about something surprising which happened
- logistical (adj):** related to planning and organising
- longevity (n):** living for a long time
- lose touch (id):** if you lose touch with someone, you lose contact with them; you no longer keep in contact with them
- lucrative (adj):** producing a lot of money
- luminescence (n):** soft lighting
- lunar (adj):** of or relating to the moon
- lure (v):** in this sense, trick you



**main players (id):** the important, most powerful or most successful groups involved in something

**majority (n):** the difference in the number of votes between the winning party and the party that finished in second place in an election

**make ends meet (id):** have just enough money to pay for the things you need (the essentials like food and shelter)

**make light of (id):** if you make light of something, you act as if that something is not serious; you make a joke of it

**mandate (n):** authority or the power to do something given to an elected group

**mariners (n):** sailors

**marvelled at (phr v):** to marvel at is to show great surprise at or admiration for something

**marvellous (adj):** extremely good

**massive (adj):** huge

**mature (adj):** older

**mere (adj):** used to emphasise that something is not large or far or important

**meritorious (adj):** deserving of great praise

**merits (n):** advantages

**miniscule (n):** tiny; extremely small

**misalignment (n):** the fact of not being arranged correctly or as they should be

**misleading (adj):** causing someone to think or believe something that is not true

**mock (v):** laugh at or make fun of

**mod-con (n):** the machines and devices that make ordinary jobs in the home easier, like the iron, washing machine, kettle and so on

**momentarily (adv):** for a very short amount of time

**motive (n):** reason for doing something

**motives (n):** reasons for doing something

**multiple (adj):** very many

**nasty (adj):** unpleasant

**navigation (n):** the act of finding a way from one place to another

**near-death experience (id):** an experience where someone almost dies

**necessary evil (id):** something unpleasant which has to be accepted in order to achieve a particular result

**neglected (v):** not given enough care or attention to

**nerds (n):** a nerd is a person who is extremely interested in only one subject, especially computers, and knows a lot about that subject

**nomadic (adj):** moving from place to place rather than living in one area all the time

**nought (n):** nothing

**nuisances (n):** annoyances; things that trouble or annoy you

**obesity (n):** the situation of many people being extremely fat in a way that is dangerous to their general health

**on face value (id):** face value is how something first appears before you examine it more carefully

**on the scent of (id):** if you are on the scent of something, you are following, tracking or pursuing that something

**on their deathbeds (id):** dying

**opposed (adj):** see *ideologically opposed*; completely different

**orbit (v):** to orbit is to follow a curved path around a planet or star

**outlasted (v):** to outlast is to stay energetic longer than

**outlawed (v):** made illegal

**outsider (n):** a person who is not involved with a particular group or who does not come from or live in a particular place they are visiting

**overcome (v):** to overcome your fear is to succeed in controlling

or dealing with it

**overnighting (adj):** for staying overnight

**overwhelming (adj):** very great or large

**paid less heed (id):** paid/given less attention

**paler (adj):** less colourful than usual

**pandering (v):** to pander is to try to please people by doing or saying what you think they want you to do or say

**pandering to (phr v):** to pander to is to do or provide exactly what a person or group wants, especially when it is not acceptable, reasonable, or approved of, and usually in order to get some personal advantage

**payback (n):** an advantage or benefit received from something

**peer (n):** a person who is the same age as you, or who is in the same social position as you, or who has the same abilities as you in a particular group

**penning (v):** writing

**pensioners (n):** people who are retired from work and who receive a pension (a pension is a payment, usually by the government, to a person who is too old to work)

**pent-up (adj):** pent-up feelings are ones that are not expressed or released

**perceptions (n):** beliefs or opinions held by many people based on how things look or seem

**perpetually (adv):** always

**perpetuated (v):** to perpetuate is to cause to continue

**persevere (v):** see Test 2 glossary

**persistently (adv):** regularly over a long period of time

**perspective (n):** point of view; way of thinking about something

**phantom (adj):** describes something that appears to exist but has not been proven to in fact

**phenomenon (n):** See Test 2 glossary

**philosophies (n):** a philosophy is a system of beliefs, values and principles

**phrase (v):** to phrase something is to express it with a particular choice of words

**pilgrimage (n):** a special route travelled by pilgrims for religious or spiritual reasons

**pinpointing (v):** finding the exact position of something

**placates (v):** stops someone from feeling angry

**pointedly (adv):** in a direct and obvious way

**polls (n):** the polls are the places where people vote in a political election

**port of call (id):** a port of call is a place you stop for a short time along the route of a journey

**portfolio (n):** if a dog has something in its portfolio, it is a skill or talent it has

**posts (n):** border control posts are places where a border is protected by border guards

**precipitation (n):** See Test 1 glossary

**precise (adj):** exact

**precisely (adv):** exactly

**precludes (v):** prevents

**premature (adj):** done too soon; too early

**preoccupied (adj):** thinking or worrying about something too much

**prerequisite (n):** a prerequisite is something that must happen or exist before something else can happen or exist

**prime (n):** best quality; when you are in the prime of your existence, you are at your healthiest and most successful

**profit-driven (adj):** if something is profit-driven, the main motivation or reason for it is to make money

**proliferation (n):** the fact of increasing suddenly and a lot in



# Glossary

number

**prompted (v):** if something prompts you to do something else, it makes you decide to do that something else

**prone to (adj):** likely to suffer from

**proportion (n):** the number or amount of a group that did something when compared to the whole group

**prospect (n):** a medal prospect is a medal contender; a person people think could win a medal in an event

**protest (n):** a strong complaint expressing disagreement, disapproval or opposition; a protest vote is a vote against the main political parties to show that you are dissatisfied with them

**provoked (v):** to provoke is to cause a reaction

**proximity (n):** the state of being near; nearness

**put many people off (phr v):** if you put someone off doing something, you discourage them from doing that thing

**put off (phr v):** discourage

**quarry (n):** a large, man-made hole in the ground where stone is dug up for use as building materials

**quasi (adj):** used to show that something is almost but not completely the same as something else; for example, a quasi work placement is almost but not quite the same as a work placement

**quirky (adj):** unusual in an attractive and interesting kind of way

**ranks (n):** your progress through the ranks is your progress up through the different levels

**rated (v):** if you are rated a potential winner, you are regarded as or thought of as a potential winner

**raved about (phr v):** if you rave about something, you praise it very much

**readily (adj):** immediately

**reassuring (adj):** making you feel less worried

**reclaimed (v):** to reclaim is to take back

**recuperation (n):** the act of relaxing and getting your strength back

**refinance (v):** if you have to refinance your mortgage, you have to agree a new schedule of repayments with your bank

**reflected (v):** to reflect is to send back in the direction something came from

**refract (v):** cause to change direction or separate; to refract is to cause light to separate into its different colours and change direction

**refracted (v):** see refract

**refraction (n):** the fact of light being caused to separate out into its different colours and change direction

**regime (n):** a particular system for doing something; for example, your exercise regime is your system for exercising

**relevance (n):** the extent to which something is useful or related to what is happening

**remarkably (adv):** surprisingly; incredibly

**remote (adj):** far away from built-up areas like towns and cities

**repertoire (n):** a dog's repertoire of tricks is his total collection of tricks

**reserved (v):** to reserve something is to keep it for a particular purpose or time

**resilience (n):** the quality of being able to return to a good state or condition after experiencing problems

**resounding (adj):** very great

**return (n):** if you get a return on investment, you get a particular amount of profit

**return the favour (id):** if you return a/the favour, you do something for someone because they did something for you

**revelation (n):** surprising fact

**rock-bottom (adj):** if you describe prices as rock-bottom, they are as low as they can go

**rocket scientist (id):** if you describe someone as a rocket scien-

tist, you suggest/imply that they are very clever

**rose-tinted glasses (id):** if you view life through rose-tinted glasses, you only see and remember the positive things that happen, creating an unrealistic view of life

**ruled out (phr v):** to rule out is to stop considering as a possibility

**sacrificed (v):** gave up

**sage (adj):** wise

**scent (n):** a smell produced by an animal as a signal to other animals; the smell of something

**screening (n):** a test or examination to discover if there is something wrong with you

**self-gratification (n):** making yourself happy; pleasing yourself

**selfless (adj):** caring more about other things or people than yourself

**sentiments (n):** thoughts, opinions or ideas based on feelings about a situation

**sharp (adj):** a sharp drop is a sudden and very significant fall or drop in something

**sheet music (n):** music in written form

**shift (n):** a move or change of position

**shone through (phr v):** if your talent shines through, it becomes very obvious or clear

**skillset (n):** the range of things that someone is good at

**sloggers (n):** people who work very hard over a long period

**sneaking up (phr v):** to sneak up is to approach very quietly

**sniff out (phr v):** discover

**snobbery (n):** behaviour and opinions typical of a snob, which is a person who only likes people of a high social class (important, rich or powerful people)

**soar (v):** rise very quickly to a high level in the air

**sound (adj):** if you have sound finances, you have well-managed finances; your financial situation is secure

**speculative (adj):** based on a guess and not on information or facts

**spurts (n):** a sudden short period of increased activity is a spurt

**squash (n):** a type of racquet/racket sport

**stamina (n):** the physical strength to do something that will take a long time

**stark (adj):** severe or extreme

**state of affairs (id):** the situation at a particular time

**stealth (n):** movement that is quiet and careful because you don't want to be seen or heard

**stemmed from (phr v):** started or developed as a result of; was caused by

**stopover (n):** a stopover is a short break somewhere on the way to another place

**strictest (adj):** most correct

**striking (adj):** very unusual or very attractive

**stroll (n):** a slow, relaxed walk

**stunt (n):** an exciting action that is or appears dangerous and usually needs to be done by someone very skilled; a stunt diver, in this sense, is a skydiver who is very skilled and does stunts

**substituting (v):** replacing; using something instead of something else

**suitors (n):** a suitor is a man who wants to marry a particular woman

**superior to (adj):** better than

**surroundings (n):** the place where someone is and the things that are in that place

**sustainable (adj):** able to continue over a period of time

**swift (adj):** fast/quick



**symbol (n):** sign

**take precedence over (id):** be more important than; be more of a priority than

**tan (n):** pleasantly brown or dark skin caused by being out in the sun a lot

**tandem jumps (n):** a tandem jump (e.g. a tandem skydive) is when two people jump together (attached to one another), with one normally being an expert and the other being a learner/beginner

**terrain (n):** an area of land, when considering its natural features

**the (only) order of the day (id):** the most common or important thing

**the big screen (id):** if you watch something on the big screen, you watch it in the cinema; if something appears on the big screen, it appears in cinemas

**the end did not justify the means (id):** the result did not provide a good enough reason for the method used or action taken to get it

**the long haul (id):** a long period of time

**theoretical (adj):** related to an explanation or concept that has not been proven

**thrilled (v):** delighted

**tick ... boxes (id):** if you are determined to tick as many boxes as you can when you visit a place, you want to do as many things as you can so that you can say you have done them

**tilt (n):** a sloping or angled position

**tiresome (adj):** annoying, boring or making you lose patience

**toiled (v):** worked very hard

**toing and froing (id):** changing from one direction to another; going backwards and forwards

**took to it (phr v):** if you take to something, you start to do it often; if you take to something like a duck to water, you discover that you have a natural ability to do that something well

**track (v):** to track is to follow

**tremendously (adv):** extremely

**trend (v):** to trend is to come into fashion; to become popular

**tribes (n):** a tribe is a group of people who share the same language, culture and history that live together

**turned out (phr v):** the people who turned out to vote are the people who went out and voted

**turnout (n):** the turnout in an election is the number of people who voted

**ukulele (n):** a type of string musical instrument similar to but smaller than a guitar and with fewer strings (four rather than five or six)

**undergoes (v):** to undergo is to experience something that causes change

**unjustifiable (adj):** unacceptable and wrong because there is no good or fair reason for it

**unwarranted (adj):** without a good reason

**unwind (v):** relax and allow your mind to be free from worry

**upbringing (n):** the way in which you were treated and educated when young

**urbanites (n):** people who live in cities

**urbanity (n):** city life

**urge (n):** strong wish or desire

**urgency (n):** importance

**vacant (adj):** a vacant role is not filled or occupied by someone

**valid (adj):** acceptable; able to be accepted; based on truth

**vast (adj):** extremely big

**venting (v):** to vent is to express something negative, usually in a forceful way

**vested interests (id):** vested interests are people or groups that take an interest in something because they can get an advantage

from that thing happening or continuing

**vexations (n):** things that anger or worry you

**victor (n):** winner

**visible (adj):** able to be seen

**vivacity (n):** literally liveliness, but in this sense, the brightness of the colour

**voluntouring (n):** taking part in voluntourism

**voluntourism (n):** voluntourism is a type of holiday in which you work as a volunteer (which means without being paid for your work) to help people or causes in the places you visit

**vouch for (phr v):** to vouch for is to say that you know from experience that something is true; confirm

**weight of the world on one's shoulders (id):** if you feel the weight of the world on your shoulders, it feels like you have a lot of serious problems to deal with

**wholesale (adv):** completely

**wisdom (n):** knowledge and experience

**worldly (adj):** having a lot of experience of life

**worming (n):** worming an animal is giving it a medicine to kill any worms that might be living inside it

**yearning for (phr v):** to yearn for is to desire or wish strongly for

## Glossary | Test 4

**a stone's throw (id):** if something is a stone's throw away, it is very close

**abandon (v):** to abandon is to leave, usually forever

**absence (n):** the fact of not existing

**abundance (n):** if the Atacama desert provides something in abundance, this means it provides more than enough of that thing; more than enough

**adoring (adj):** showing very strong love for

**already mentioned (adj):** mentioned already; mentioned before

**akin (adj):** if something is akin to something else, it has the same qualities as that something else

**aloft (adj):** in a higher position in the air

**alternative living (n):** a way of life that is different from what is considered normal

**altitude (n):** height above sea level

**apathy (n):** behaviour that shows no interest or energy and shows that someone is unwilling to take action, especially in relation to something important

**apparent (adj):** able to be seen or understood

**arid (adj):** very dry and without enough rain

**arteries (n):** tubes that carry blood away from the heart

**artificial (adj):** made by people, often as a copy of something natural; unnatural

**aspire (v):** to aspire is to hope to achieve something or be successful, and to want that something very much

**assemblage (n):** a group of people

**astronomy (n):** the study of the stars and other objects in space

**attributed (v):** to attribute is to think that someone has a certain quality or feature

**autism (n):** a condition that starts in young children, which limits the development of social and communication skills

**avalanches (n):** an avalanche is a large amount of ice, snow and rock falling down a mountainside

**average Joe (n):** a typical person

**avid (adj):** extremely enthusiastic, eager or interested

**band (n):** a group of people with a shared interest

**barristers (n):** a barrister is a special type of lawyer that can give legal advice and argue a case in courts



# Glossary

- battle (n):** a fight between armed forces
- beloved (adj):** loved very much
- bereft (adj):** if you are bereft of something, you do not have it and you feel a great loss
- bestowed (adj):** given
- bestowed (v):** to bestow is to give something
- bigtime (n):** the bigtime is the state of being successful or famous
- blissfully (adv):** in this sense, completely in a good way
- blossom (v):** to blossom is to become more attractive and successful
- blow (n):** a hard hit with a hand or weapon
- bluff (n):** an attempt at tricking or deceiving someone or something
- bonanza (n):** a large amount of something good
- bond (n):** a close connection between two or more people
- bonded (adj):** connected; joined
- bounty (n):** a large amount
- breaks (n):** the breaks are the opportunities
- brethren (n):** fellow members; loyal followers
- buy into (phr v):** if you buy into something, you completely believe in that thing
- cackle (n):** a loud, high, unpleasant laughing sound
- call your bluff (id):** to call someone's bluff is to make them prove what they are saying is true; for example, lions don't tend to call your bluff if you stand there and pretend you are not afraid of them, because they only false charge you
- canine (n):** of or related to dogs
- capacity (n):** ability to do something
- capitulation (n):** the act of accepting defeat too easily
- capture (v):** to record or take a picture of
- carrion (n):** dead or decaying meat
- cast (v):** to cast your vote is to vote; to place your vote
- casualties (n):** people injured or killed during war
- ceded (v):** in this sense, to cede is to admit or concede
- cement jungles (id):** built-up areas like cities and towns
- chemistry (n):** a quality that exists when two people understand and are attracted to one another
- cholera (n):** a serious infection of the bowels caused by drinking dirty, infected water or eating infected food, which causes diarrhoea, vomiting, and often death
- climaxes (n):** a climax is the most important or exciting point in a story
- closing statement (n):** a lawyer's final statement in court at the end of a trial
- commercial (adj):** related to buying and selling; related to trade
- compensatory (adj):** that balances one influence against another so that there is no great difference as a result
- competent (adj):** able to do something well
- component (n):** a part that combines with other parts to form something bigger
- composition (n):** the parts that something is made of
- composure (n):** the feeling of being calm, confident and in control
- comprise (v):** to have as parts; to make up
- compromising (adj):** a compromising position is one that could potentially cause damage, hurt or harm
- conceived of (phr v):** to conceive of something is to imagine or think of that something
- confided in (phr v):** to confide in someone is to share your feelings or secrets with them because you trust them not to tell anyone else
- consistency (n):** the physical nature of a substance, especially a liquid, e.g. thick, smooth, etc.
- conspire (v):** to conspire is to plan secretly with other people to do something bad, illegal, against the rules or against someone's wishes
- convey (v):** to convey is to express a thought, feeling or idea so that it is understood by others
- conviction (n):** a strong belief or a feeling of certainty that what you are doing is right
- coop ... up (phr v):** to coop up is to keep someone or something in a closed space
- cornices (n):** an overhanging mass of snow on a hill or mountain, with no ground under it
- cowed (adj):** frightened
- crave (v):** strongly desire
- credit (n):** praise
- crossed my mind (id):** if something crosses your mind, you think of it
- crouch (v):** to crouch is to bend your knees and lower yourself so you are close to the ground and leaning forward slightly
- cues (n):** a cue is signal for someone to do something (where a signal is a message)
- culprit (n):** the reason - person or thing - for something bad happening
- dared (v):** to dare is to be brave enough to
- daunting (adj):** making you feel slightly frightened or worried
- decentralised (v):** to decentralise is to move the control of an organization or government from a single place, e.g. big city, to several smaller ones, e.g. rural towns
- decidedly (adv):** certainly and obviously
- deck (n):** a deck of cards is a full pack of cards
- dedicated (v):** gave a lot of something, such as time or energy
- default (adj):** usual; normal; standard
- dejected (adj):** unhappy, disappointed and without hope
- deliberate (adj):** planned or intentional
- demonstrable (adj):** able to be proved or shown
- denser (adj):** thicker
- density (n):** the population density is the number of people living in a place compared to the size of that place; the greater the number of people, the higher the density
- depicted (v):** to depict is to represent or show something
- depleted (adj):** reduced
- deposit (v):** to deposit is to leave something somewhere
- deprivation (n):** a situation in which you do not have things or conditions that are usually considered necessary for a pleasant and comfortable life
- depth (n):** the state of having serious qualities
- descended (v):** in this sense, to descend is to happen or come down suddenly
- despair (n):** hopelessness and worry
- destabilise (v):** to make less stable (more likely to move or change)
- dethroned (v):** to dethrone is to remove a king or queen from their position of power
- devastated (adj):** completely destroyed (emotionally, very shocked and upset)
- devoted (v):** to devote is to give your time and effort completely to something
- devoting (v):** to devote is to give your time and effort completely to something you believe in
- devotion (n):** loyalty and love or care for someone or something
- dimensions (n):** a dimension is a measurement of something in a particular direction, e.g. its height, width and length are dimen-



sions

**dip (n):** a dip is a quick swim

**discount (v):** not consider; dismiss

**disembarkation (n):** the act of leaving

**disinclined to (adj):** to be disinclined to do something is to not want to do that thing

**dismiss (v):** to dismiss is to decide that something or someone is not important or worth considering

**disproportionate (adj):** too large or small in comparison to something else

**disrupt (v):** to prevent something from continuing as usual or as expected

**distinctively (adv):** in a way that is easy to recognize because it is different from other things

**distress (n):** a feeling of extreme worry, sadness or pain

**dominant (adj):** more important, strong or noticeable than anything else of the same type

**down to earth (id):** reasonable, practical and friendly

**draw the line (id):** where you draw the line, is where you fix your limit; if you draw the line at something, it means you will never do that something because you think it is wrong

**dwelling (n):** place to live

**echoes (v):** if a sound echoes or a place echoes with a sound, you hear that sound again (and again) because you are in a large, empty space

**ecosystem (n):** all the living things in an area and the way they affect each other and the environment

**elation (n):** a state of extreme happiness or excitement

**elevations (n):** the elevation of a place is its height above sea level; heights

**emerging (v):** to emerge is to appear out of something

**emotive (adj):** causing strong emotions

**empathic (adj):** having the ability to imagine how somebody else feels or thinks

**employ (v):** use

**encounters (n):** an encounter is a meeting, especially one that happens by chance

**endure (v):** to endure is to suffer something difficult, unpleasant or painful

**enhance (v):** improve

**ethnic minorities (n):** an ethnic minority is a group of people of a particular race or nationality living in a country or area where most people are of a different race or nationality

**evaporated (v):** disappeared

**evolution (n):** the way in which living things change and develop over time

**exacerbating (v):** to exacerbate is to make something that is already bad worse

**exactness (n):** accuracy

**excavations (n):** large holes or channels in the ground, dug especially with a machine

**exclusively (adv):** only

**exemplify (v):** be a good or typical example of

**exhaustion (n):** the state of extreme tiredness

**exhibit (v):** show

**expanse (n):** a large, open area of land, water or sky

**exposed (v):** uncovered; to expose is to remove what is covering or hiding something so that that something can be seen

**extensive (adj):** covering a large area, or having a great range; extensive research is a great amount of research

**extremes (n):** extreme beliefs and political parties are considered by most people to be unreasonable and unacceptable, so if

you vote for the extremes, you vote for a party that has such unacceptable beliefs

**faintest (adj):** faint means not strong or clear, or slight

**fall (n):** the fact of being defeated or of losing power

**fallen (v):** in this sense, been killed

**farmhands (n):** farm workers

**fate (n):** what happens to a particular person or thing

**fearsome (adj):** frightening

**fend for (phr v):** in this sense, to fend for is to take care of or provide for; to fend for yourself is to provide for yourself

**ferocious (adj):** frightening and violent

**field (n):** the field is a place where you are working or studying in real situations, as opposed to a science lab or office

**fired (v):** to fire is to cause a strong emotion in someone

**first impressions (id):** your first impressions of someone or something are the ideas or opinions you form when you first meet or experience them

**flaws (n):** a fault, mistake or weakness

**flee (v):** to flee is to escape by running away

**flock (v):** to flock is to move or come together in large numbers

**foes (n):** enemies

**forge (v):** to forge something is to make or produce that thing, especially with some difficulty

**forth (adv):** forward

**fortitude (n):** courage and strength over a long period

**frantic (adj):** in a hurried state of excitement and confusion

**frayed (v):** if your nerves fray, you gradually become upset or nervous

**fulfilling (adj):** rewarding; making you feel happy and satisfied

**futile (adj):** having no effect or achieving nothing

**gargantuan (n):** huge; very large

**gaze (n):** to look at someone or something for a long time

**genders (n):** the two genders are male and female

**generate (v):** produce

**geological (adj):** related to geology (which is the study of rocks and similar substances)

**gestured (v):** gesture is to express or emphasise something with gestures (movements of the hand, arm, body or face)

**getting my head around it (id):** if you get your head around something, you come to accept or understand that something even though it is difficult

**give out (phr v):** if a part of your body gives out, it stops working

**globalisation (n):** the increase of trade and cooperation around the world

**go through the motions (id):** to go through the motions is to do something without thinking it is important and without being very interested in it

**gratified (v):** to gratify is to satisfy a wish or need

**gratitude (n):** the feeling of being grateful

**grave (adj):** serious, in a bad way

**gravity (n):** the force that attracts objects towards one another

**hapless (adj):** unlucky and usually also unhappy

**harshest (adj):** most severe; most unpleasant

**haste (n):** (too much) speed

**hasty (adj):** done in a hurry, without the necessary care or thought

**havoc (n):** confusion and disorder, especially causing damage or trouble

**hibernation (n):** the act of spending the winter sleeping

**hideaway (n):** in this sense, a place people hide from the view of animals so they can observe them

**hit home (phr v):** if you hit home a point, you emphasise it in



# Glossary

order to cause the listener to realise exactly what you're trying to say

**horizon (n):** the line at the furthest place you can see, where the sky seems to touch the land or sea

**household names (n):** household names are famous people that most of us know of

**hubs (n):** the hub is the central or main part of something, where there is most activity

**human-triggered (adj):** caused or started by humans

**humid (adj):** when the air contains a lot of tiny water droplets

**hunky dory (id):** very satisfactory and pleasant

**hush (n):** a sudden, calm silence

**hype (n):** positive discussion around something/someone which attracts a lot of interest in that thing/person

**hyperbole (n):** a way of speaking or writing that makes something seem bigger, better or more than it actually is; exaggeration

**hypersensitive (adj):** in this sense, easily influenced by

**ideologies (n):** an ideology is a set of beliefs or principles, especially one on which a political system, party, or organization is based

**idyllic (adj):** extremely pleasant, beautiful or peaceful

**ignorance (n):** lack of knowledge, understanding or information about something, or in general

**illusion (n):** something that is not really what it seems

**imbued (v):** to imbue is to fill someone or something with a quality or feeling

**immersed (v):** completely involved in

**immune (adj):** protected against; not able to be hurt by

**impoverished (adj):** very poor

**in demand (id):** if something is in demand in this sense, it is very popular

**in vain (id):** unsuccessfully

**inability (n):** the lack of ability to do something

**incapable (adj):** unable to do something

**inclusive (adj):** trying to include as many different types of people as possible, and treating them fairly and equally

**inclusivity (n):** the act or belief of trying to include as many different types of people as possible, and treating them fairly and equally

**incremental (adj):** small

**incurable (adj):** not able to be cured

**indefinitely (adv):** for a period of time with no fixed end

**indifferent (adj):** not thinking about or interested in something or someone

**indigenous (adj):** native; naturally existing in a place or country rather than arriving there from another place or country

**indistinguishable (adj):** impossible to see the difference when compared to another thing

**infectious (adj):** able to be passed from one person to another

**infrequently (adv):** not very often

**inhabit (v):** live in a place

**innate (adj):** natural; a quality you were born with, not one you learned

**innately (adv):** by the fact of being born with

**insight (n):** a clear, deep understanding of a complicated problem or situation

**intense (adj):** very heavy; extreme

**intensity (n):** power, force or strength

**interconnected (adj):** connected or related to one another

**interference (n):** an occasion of preventing something from working efficiently or developing effectively; in this case, the interference of light would prevent stargazing from happening

**interpret (v):** to interpret is to decide what the intended meaning of something is

**intervene (v):** to deliberately become involved in a situation in order to improve it or prevent it from getting worse

**intimacy (n):** a situation of very close friendship with someone

**intuitively (adv):** understanding or knowing something immediately based on feelings not facts

**inversion (n):** a phenomenon that produces low-lying cloud

**isolate (v):** to keep a person or animal separate from other people or animals, by putting that person or animal in a different place

**kidding ourselves (id):** if you kid yourself, you believe something that is not true, usually because you want it to be true

**kin (n):** your close relatives; family

**labour of love (id):** if your work is a labour of love, it is something you do because you enjoy it, not for money or praise or any other reason

**lee (adj):** the lee side of a slope is the side of the slope not exposed to the wind; the side with shelter from the wind

**likelihood (n):** possibility; chance

**loneliness (n):** the fact of being alone

**looming (v):** to loom is to appear as a large, often frightening or unclear, shape or object

**lounge about (phr v):** to spend your time relaxing, sitting or lying down somewhere, doing very little

**luminescence (n):** light

**lush (adj):** full of green plants, grasses and trees

**made redundant (phr v):** if you are made redundant, you lose your job because your employer no longer needs you

**magnitude (n):** the large size or importance of something

**malaria (n):** a tropical disease that you get from being bitten by a particular type of mosquito

**maximise (v):** to maximise is to make something as great in amount, size or importance as possible

**mega (adj):** in this sense, informally, very

**mellowed (v):** to mellow your performance is to make your performance less dramatic and more relaxed

**microcosm (n):** a small place, society or situation which has the same characteristics as something much larger

**migrate (v):** to migrate is to travel to a different place, especially when the season changes

**mingled (v):** to mingle is to move around and talk to other people at a social event

**miniature (adj):** describes something that is a very small copy of another thing

**miserable (adj):** very unhappy

**mnemonic (n):** a memory technique; a short poem or special word that helps you remember something

**moderate (adj):** not extreme, and therefore acceptable to most people

**modest (adj):** not large (in size or amount)

**modestly (adv):** in a size or amount that is not that large or great

**momentarily (adv):** for a very short time

**motley (adj):** made up of many different types that don't appear to go together

**multitude (n):** a multitude is a large number of people or things

**muscle (n):** bodily tissues that can tighten or relax to produce movement

**muster (v):** to muster is to produce or encourage something, such as support or courage

**needle in a haystack (id):** if you compare looking for something to finding a needle in a haystack, it means it is extremely difficult or nearly impossible to find that thing

**notoriously (adv):** famously, in a bad way



**obsessing (v):** thinking about all the time

**off the agenda (id):** if something is off the agenda, it is not to be considered

**omnivorous (n):** naturally able to eat both meat and plants

**optical (adj):** relating to the ability to see

**optimal (adj):** best; most likely to bring advantage or success

**optimism (n):** the quality of being full of hope and emphasising the good parts of a situation, or a belief that something good will probably happen

**orators (n):** people who give public speeches

**organs (n):** an organ, e.g. the heart, is a part of the body that performs a particular job

**ounce (n):** a very small amount

**outlook (n):** a person's way of understanding and thinking about something

**overdramatised (v):** when you dramatisise something, you make it seem more exciting, dangerous or important than it really is; something is overdramatised if too much dramatising has occurred

**overwhelming (adj):** difficult to deal or cope with

**palpable (adj):** so obvious that it can easily be recognised, seen or known

**part and parcel (id):** if you say that something is part and parcel of something else, you mean that it is always an unavoidable feature of that something else

**perspire (v):** sweat: pass liquid through the skin

**phenomenon (n):** something that exists and can be seen, felt, tasted, etc., especially something unusual or interesting

**pierced (v):** to pierce is to go into or through something, making a hole in it using a tool with a sharp point

**pitifully (adv):** pathetically; in this sense, too easily and without putting up a fight

**pivotal (adj):** central and very important

**plains (n):** a plain is a large area of flat land

**plumes (n):** a plume of smoke is a tall, thin mass of smoke rising up into the air

**poles apart (id):** completely opposite

**polled (v):** if you poll someone, you ask for their opinion as part of a general study

**possessed (adj):** in a wild and uncontrolled way

**possessed (v):** if you are possessed of some quality, you have that quality

**post (n):** role or position

**post-haste (adv):** as fast as possible

**practise (v):** if you practise law, you work as a lawyer; to do some form of important skilled work which requires a lot of training

**precipitation (n):** water that falls from clouds to the ground, e.g. rain, snow, sleet or hail

**preconceptions (n):** a preconception is an idea or opinion formed before enough information or facts are available to form it correctly

**predators (n):** animals that hunt, kill and eat other animals

**prevail (v):** to prevail is to get control or influence

**prevalence (n):** the fact of something existing or occurring often

**prevalent (adj):** existing very commonly or happening often

**prey (n):** an animal that is hunted and killed for food by another animal is that other animal's prey

**pride (n):** a pride of lions is a family or group of lions

**primeval (adj):** ancient; existing from a very early point in time

**pristine (adj):** in very good condition

**profoundly (adv):** deeply; extremely

**promote (v):** encourage

**prospectus (n):** a document giving details on the activities of a

college, school, business, etc.

**protectorate (n):** in this sense, the relationship between mothers and the children they control and protect

**psychiatry (n):** the part of medicine that studies mental illnesses

**psychology (n):** the scientific study of how the human mind works and influences behaviour

**put people off (phr v):** if you put someone off doing something, you make them dislike the idea of doing that something, or you discourage them from doing that something

**put you down (phr v):** if someone puts you down, they criticise you and try to make you feel less important

**rapid (adj):** very fast or sudden

**rat race (id):** a way of life in modern society in which people compete with one another for power, influence and money

**razed (n):** to raze is to completely destroy

**reassuring (adj):** making you feel less concerned or worried

**recall capacity (n):** in this case, your recall capacity is your ability to bring a memory of a past event back into your mind; to recall is to bring a memory back into your mind

**recollection (n):** the ability to remember things

**redundancy (n):** a situation in which someone loses their job because their employer no longer needs them

**rehearse (v):** to practise in order to prepare for a public performance

**reinvent (v):** to reinvent is to produce something new based on something which already exists

**remoteness (n):** the fact of being a long way from any towns, cities or built-up areas

**resemblance (n):** the fact that two people or things look like each other or are similar in some other way

**resent (v):** to resent is to feel angry because you have been forced to accept something or someone that you did not like

**resolve (n):** strong determination

**resurrected (v):** to resurrect is to bring back to life or back into existence

**retain (v):** in this sense, keep stored in your memory

**retreat (n):** to retreat is to go away from a place or person in order to escape something

**revolutionary (adj):** completely new and having a very positive effect

**rewire (n):** to put a new system into effect

**rewiring (n):** in this case, the process of changing the way the brain operates or functions

**ridge (n):** a high, long, narrow edge along a mountain

**ridiculousness (n):** stupidity; silliness

**robust (adj):** strong and healthy

**roughly (adv):** approximately; about; around

**rousing (adj):** making people feel excited and ready to take action

**rudimentary (n):** simple or basic

**rumbled (v):** to rumble is to make a continuous low sound

**savvy (adj):** knowledgeable, skilled and able

**scale (n):** size

**scattered (adj):** covering or spread out across a wide area

**scavengers (n):** a scavenger is a bird or animal that feeds on dead animals which it has not killed itself

**septical (adj):** doubting that something is true or useful

**seismic (adj):** related to or caused by an earthquake

**seldom (adv):** rarely; almost never

**semblance (n):** in this case, evidence or remains

**sensory (adj):** of or related to the senses, i.e. smell, taste, hearing, sight, touch



# Glossary

**set anyone's head turning (*id*):** if you set someone's head turning, you cause them to take notice of or pay attention to you: you impress them

**sharpen (*v*):** if you sharpen your memory, you improve it

**sheer (*adj*):** used to emphasise how great, important or powerful a feeling is: total

**shielded from (*phr v*):** protected from

**silhouette (*n*):** a dark shape seen against a light surface

**sincerity (*n*):** honesty

**sinew (*n*):** a strong piece of tissue in the body connecting muscle to bone

**slab avalanche (*n*):** a slab avalanche occurs when a huge block of snow separates and falls down the mountainside

**slope (*n*):** the side of a hill or mountain

**sloppy (*adj*):** not taking care or making enough effort

**snowslips (*n*):** another word for avalanches

**solitary (*adj*):** a solitary leopard is the only leopard in a place

**spawn (*v*):** to spawn is to produce eggs

**spectrum disorder (*n*):** a spectrum is a range of different positions between two extreme points; a spectrum disorder is an illness that can present in a range of different forms, from least severe to most severe

**speculate (*v*):** to guess possible answers or outcomes when you do not have enough information to know for sure

**spiritual (*adj*):** related to deep feelings and beliefs, especially religious ones

**spontaneous (*adj*):** happening in a natural and sudden way

**spooked (*v*):** to spook is to frighten

**spouse (*n*):** husband or wife

**stable (*adj*):** not likely to move or change

**stalking (*v*):** to stalk an animal is to follow it closely without being seen or heard, usually in order to try to catch or kill it

**stare (*n*):** a long look with the eyes wide open

**statistical (*adj*):** related to statistics (statistics are numerical facts)

**stealth (*n*):** very quiet and careful movement (so as not to be seen or heard)

**stimuli (*n*):** a stimulus is a thing that causes certain activity or energy in someone

**stretch (*n*):** a continuous area of land or water

**stretches (*v*):** to stretch is to spread over a large area or distance

**striking (*adj*):** very unusual or easily noticed, and so attracting a lot of attention

**strings (*n*):** a series of related things or events

**strongholds (*n*):** in this sense, a stronghold is a place where the species is successful and there is a relatively large number of the species there

**struggle (*n*):** a struggle is a very difficult task that you can only do through great effort

**summits (*n*):** mountain tops

**superficial (*adj*):** on the surface only

**superficially (*adv*):** on the surface only

**superior (*adj*):** better than other things of the same type; better than average

**sustained (*v*):** to sustain is to cause or allow something to continue for a period

**tangibly (*adv*):** in a real, noticeable way

**tell-tale (*adj*):** unmistakable; revealing

**tepid (*adj*):** not very warm

**terrain (*n*):** an area of land, when considering its natural features

**thawing (*adj*):** changing from a solid, frozen state to a liquid or soft one

**thundered (*v*):** to thunder is to shout angrily or speak in a very loud voice

**tiresome (*adj*):** annoying and causing you to lose patience

**traverse (*v*):** to traverse is to move or travel through an area

**treadmill (*n*):** an exercise machine for running on

**trends (*n*):** patterns; a trend is a general development or change in a situation or in the way that people are behaving

**trigger (*v*):** start, set off or cause

**turbulence (*n*):** sudden, strong movements within air or water

**undertone (*n*):** a particular but not obvious characteristic that a piece of writing, film, speech, event, or situation, etc. has

**underwhelmed (*adj*):** feeling no excitement about or admiration for

**undisputed (*adj*):** if you say something is undisputed, you mean that everyone agrees about it

**unique (*adj*):** unusual or special in some way, or the only one of its type

**unleash (*v*):** to unleash is to suddenly release a violent force that cannot be controlled

**unorthodox (*adj*):** different from what is expected or usual

**unravelling (*v*):** fell apart; went wrong; started to be destroyed

**unremarkable (*adj*):** ordinary and not interesting

**unscathed (*adj*):** without getting hurt; without injuries or damage being caused

**urban sprawl (*n*):** the spread of a city into the surrounding area

**utilisation (*n*):** the fact of using something in an effective way

**utilise (*v*):** to utilise is to use something in an effective way

**utterly (*adv*):** completely

**vanished (*v*):** disappeared

**veins (*n*):** tubes that carry blood to the heart

**ventured (*v*):** to venture is to risk going somewhere or doing something that might be dangerous or unpleasant

**verdict (*n*):** an opinion or decision made after judging the facts that are given, especially one made at the end of a trial

**veritable (*adj*):** used to describe something as another, more exciting, interesting, or unusual thing, as a way of emphasizing its character

**vested interests (*id*):** a vested interest is a strong personal interest in something because you could get an advantage from that thing

**viable (*adj*):** able to succeed or work as intended

**virtually (*adv*):** almost

**vital (*adj*):** necessary for the success or continued existence of something

**vulnerability (*n*):** weakness

**warriors (*n*):** a warrior is a soldier, usually one with skill and experience from fighting in the past

**wary (*adj*):** not completely trusting or certain; cautious

**wasteland (*n*):** an area of land near a city that is not used to grow crops on and is not built on - is not used in any way

**weary (*adj*):** very tired

**whisker away (*id*):** if something is a whisker away, it is very close

**whispering (*v*):** to whisper is to speak very quietly using the breath not the voice, so that only the person(s) closest to you can hear

**wily (*adj*):** intelligent, having a very good understanding of situations, possibilities, and people, and often willing to use tricks to achieve a goal

**wimpishness (*n*):** cowardice; the fact of lacking bravery, strength or confidence

**wired (*v*):** how your brain is wired is how your brain functions

**withdrawal (*n*):** behaviour by which a person prefers to be on their own and does not want to talk with other people



**wrath (n):** extreme anger  
**wreaking (v):** to wreak is to cause something to happen in a violent and uncontrolled way  
**wreaking havoc (id):** to cause confusion and disorder, especially causing damage or trouble  
**younglings (n):** children

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**abundance (n):** if you have something in abundance, you have more than enough of that thing  
**abyss (n):** a very deep hole that seems to have no bottom and go on forever  
**acclaimed (adj):** publicly approved or praised  
**accomplishment (n):** achievement; something that is successful, or that is achieved after a lot of work or effort  
**adaptable (adj):** able or prepared to change in order to suit different conditions  
**addictive (adj):** an addictive activity is one that you can't stop doing once you've started it  
**adhere to (v):** if you adhere to something, you continue to obey or believe in that something  
**adjust (v):** to adjust is to change something slightly, especially to make it more correct, effective or suitable  
**adolescents (n):** young people who are developing into adults  
**affirmative (adj):** the evidence in the affirmative is the evidence confirming something; the supporting evidence  
**affirmatively (adv):** positively; 'yes'  
**affirmative (n):** if something is in the affirmative, it is positive, shows agreement or means 'yes'  
 **aforementioned (adj):** mentioned already  
**agent (n):** a person or thing that produces a specific effect or change  
**aggressive (adj):** acting in an angry or violent way towards another person  
**ailment (n):** illness  
**allegedly (adv):** if something is said allegedly, it is said without giving or having proof  
**altitude (n):** height above sea level  
**ambitious (adj):** needing a great amount of skill or effort to be achieved  
**articulate (v):** to articulate is to express in words  
**artificial (adj):** if you say a thing is artificial, you mean it is a man-made copy of something natural  
**artificially (adv):** if something happens artificially, it does not happen in a natural way  
**aspirations (n):** an aspiration is something that you hope to achieve  
**assertion (n):** claim; a statement which you strongly believe is true  
**assets (n):** an asset is a useful or valuable quality  
**astronomy (n):** the scientific study of the universe and of objects that exist naturally in space, such as the moon, the sun, planets, and stars  
**astrophysicist (n):** a person who studies the behaviour of the stars and other objects in space  
**authority (n):** people with power to make decisions or make people obey certain rules are authority figures  
**auxiliary (adj):** additional/supplementary/reserve  
**awe-inspiring (adj):** causing you to feel great respect or admiration  
**awful (adj):** an awful lot of something is a very large amount of that thing  
**backing (n):** if you have someone's backing, you have their support  
**battling (adj):** if someone has battling qualities, they never give up or stop trying; they keep fighting for the result they want  
**beset (v):** to be beset by something is to be having a lot of trouble with that something  
**betraying (v):** to betray a promise or mantra is to not do what was promised or not keep to the mantra  
**blossom (v):** develop and become stronger  
**bookmakers (n):** people who accept bets on events, and who pay out money risked on a particular result, if that result happens  
**bracket (n):** a group with fixed upper and lower limits  
**break-neck speed (id):** incredibly fast  
**breeder (n):** a dog breeder is a person who breeds dogs (to breed dogs is to keep dogs for the purpose of producing more, usually to sell on for money)  
**bridges the ... gulf (id):** if something bridges the gulf or gap between two things, it helps to bring or link those two things closer together  
**broadcast (v):** send out a message publicly  
**busted (v):** to bust a myth is to prove that it is false  
**by default (id):** in this sense, naturally or by design  
**calling for his head (id):** if you are calling for someone's head, you want them to be forcibly removed from their position  
**captured (v):** if you capture the imagination of people, they are very interested in or excited about you or what you do  
**cast off (phr v):** in this sense, cast off into the abyss of the lower leagues means abandoned to face life in the lower leagues or divisions  
**cautious (adj):** acts in a very careful and considered way, often slowly and uncertainly  
**caveat (n):** a statement that limits another more general statement  
**cementing (v):** if you cement your first-team place, you secure it and make it yours in a more permanent way  
**chemistry (n):** a quality that exists where two people are attracted to one another or naturally understand one another very well  
**cherish (v):** love, protect and care for something or someone that means a lot to you  
**cinematography (n):** the art and methods of film photography  
**circuitously (adv):** in a way that is not straight or direct  
**cite (v):** to cite is to mention something as proof for a theory or as a reason for why things happened  
**colony (n):** a group of animals, insects or plants of the same type that live together  
**coming of age (id):** someone's coming of age is the time when they become an adult  
**commitment (n):** a willingness to give your time and energy to do something that you believe in  
**commotion (n):** a sudden, short period of noise, excitement, movement or confusion  
**compensate for (phr v):** to compensate for is to provide something good or useful in place of something else  
**competence (n):** the ability to do something well  
**competent (adj):** able to do something well  
**complementary (adj):** useful together  
**complimentary (adj):** praising or expressing admiration  
**conceal (v):** hide; prevent something from being seen or from being known about  
**concord (n):** agreement (agreement and peace between countries or people)  
**conflicting (v):** if two different beliefs, facts or opinions conflict, they are very different from one another



# Glossary

- confrontational (adj):** causing or involving angry disagreement
- consumer advice bureau (n):** this is a public service offering help and advice to people who buy goods and services
- contenders (n):** a contender is someone who competes with other people in order to try to win
- convert (n):** to cause to change in form or character
- conveys (v):** to convey is to express a thought, feeling or idea in a way that other people can understand
- correlate (v):** if two or more facts, numbers, opinions, etc. correlate, there is a link or relationship between them
- coy (adj):** deliberately keeping something secret
- critters (n):** creatures
- crown (n):** in this sense, the crown is the prize or the trophy
- cultivated (v):** to cultivate is to try to develop or improve
- curious mind (id):** a person has a curious mind if they like to learn more about things in general and tend to ask a lot of questions
- cursory (adj):** quick and usually not detailed
- daunting (adj):** challenging; making you feel slightly worried or frightened of your ability to achieve something
- debating (v):** if you debate something, you have a formal discussion about it in which both sides of the argument are heard
- demotion (n):** in football, a move to a lower division or league
- densely (adv):** with a lot of things close together
- density (n):** the number of people or things in a place when compared with the size of the place
- depict (v):** to depict is to represent or show something in a picture or story
- depiction (n):** how something is represented or shown
- depleted (adj):** reduced
- deposit (n):** an amount of money you pay as the first part of the total payment for something
- despaired (v):** to despair is to feel hopeless and to feel that there is nothing you can do to improve a difficult or worrying situation
- despondent (n):** very unhappy with no hope or enthusiasm
- determined (adj):** wanting to do something very much and not allowing any person or any challenge/difficulty to stop you
- detrimental (adj):** causing harm or damage
- devastating (adj):** causing a lot of damage or destruction
- dialogue (n):** conversation
- dim (adj):** not bright; not giving or having much light
- discordant (adj):** not being in agreement
- discounting (v):** not considering; not including
- discrimination (n):** treating a person or particular group of people differently, especially in a worse way to how you treat other people, because of their skin colour, sex, sexuality, etc.
- disobeying (v):** to disobey is to refuse to do something you are told to do
- disperse (v):** to disperse is to spread across or move away over a large area, or to make something do this
- disposition (n):** the specific type of character a person has
- dispute (n):** argument or disagreement
- disputing (v):** if you dispute something, you disagree with that something and argue over it
- disseminate (v):** to spread or give out something, especially news, ideas or information
- disturbed (adj):** not thinking or behaving normally due to emotional or mental problems
- diversity (n):** the fact of many different types of people being included in something
- divulge (v):** to divulge something is to make that something known, where before that something was secret
- docile (adj):** quiet and easy to influence, persuade, or control
- down-lighting (n):** street lighting that points downward so as not to produce much light pollution
- dual (adj):** double
- eclipsed by (phr v):** if something is eclipsed by something else, the something else becomes much more important, good, successful, etc.
- elaborate (adj):** containing a lot of detail, or with many detailed parts
- embodied (v):** to embody an idea or quality is to represent it very accurately
- embraced (v):** to embrace is to accept enthusiastically
- empathic (adj):** able to understand or share someone's feelings or experiences by imagining what it would be like to be in their situation
- empathy (n):** the ability to understand or share someone's feelings or experiences by imaging what it would be like to be in their situation
- employed (v):** to employ is to use
- endured (v):** to endure is to suffer something difficult, unpleasant or painful
- engagement (adj):** an engagement is a formal agreement to marry someone; an engagement gift is a gift to celebrate a couple's engagement
- engagement (n):** the act of being or getting involved with someone or some thing
- engaging (adj):** pleasant, attractive and charming
- engaging (v):** to engage is to become involved with or have contact with someone or something
- enhanced (v):** to enhance is to improve in quality, amount or strength
- enlightening (adj):** giving you more information and understanding of something
- enriched (v):** to enrich is to improve the quality of something by adding something else
- enrolled (v):** to enrol is to put yourself or someone else onto the official list of members of a course, college, or group
- enrolling (v):** to enrol is to put yourself or someone else onto the official list of members of a course, college, or group
- epic (adj):** extremely large or good
- ethnic (adj):** relating to a specific race of people
- evocative (adj):** making you remember or imagine something
- evolve (v):** to evolve is to develop gradually over time
- excel (v):** to excel at something is to be extremely good at that thing
- exception (n):** somebody or something that is not included in a rule, group, or list or that does not behave in the expected way
- exhibit (v):** show
- exploit (v):** take advantage of
- expression (n):** the act of saying what you think or showing how you feel in some way through words, art or actions
- external (adj):** coming from outside; in this case, an external agent is something outside of the patient's own body, e.g. their art
- externalised (v):** to externalise is to openly express feelings, especially bad feelings like anger
- externalising (v):** to externalise is to openly express feelings, especially bad feelings like anger
- façade (n):** the front of a building, especially of a large or attractive building
- facilitates (v):** to facilitate is to make something easier or possible
- faint (adj):** weak; not strong or clear
- fantastical (adj):** of or related to imaginary things; related to fantasy



- fascinating (adj):** extremely interesting
- fickle (adj):** likely to change your feelings or opinions suddenly without any good reason
- fighting chance (id):** a small but real possibility that something can be achieved/done
- fitting (adj):** suitable
- flat (adj):** if someone's speech is described as flat, they speak in the same dull tone in a way that is not enthusiastic
- flawed (adj):** not perfect; containing mistakes
- flexible (adj):** able to change or be changed easily according to the situation
- flora (n):** plants; all the plants of a particular place
- fluent (adj):** if you are fluent in a language, you can speak it easily, well and quickly
- fluently (adv):** if you speak a language fluently, you speak it easily, well and quickly
- fork out (phr v):** pay an amount of money for (especially without wanting to)
- formbook (n):** a competitor's form is their ability to be successful over a period of time; the formbook is a record of success over a period of time suggesting which competitor or competitors are most likely to succeed in the next event
- frequency (n):** the number of times something happens within a particular period
- frustration (n):** feeling annoyed or losing confidence because you cannot achieve what you want
- fulsome (adj):** a fulsome life is a more full and rewarding life
- fundamentally (adv):** in a basic and important way
- galloping (v):** when a horse gallops, it runs very fast in such a way that all four feet are off the ground at the same time; when a rider gallops, they ride a horse that is doing this
- galvanised (v):** to galvanise is to cause someone to suddenly take actions, especially by shocking or exciting them
- gave rise to (phr v):** to give rise to is to cause
- generate (v):** to generate revenue is to produce revenue
- generous (adj):** larger than normal or than expected
- glamorous (adj):** attractive in an exciting and special way
- graphology (n):** the study of the way people write letters and words
- grasp (v):** if you grasp a chance or opportunity, you take that chance or opportunity and make the most of it
- greenery (n):** green plants
- guarded (adj):** careful not to show how you really feel or give too much away
- habitat (n):** the natural environment in which an animal or plant species lives
- habitation (n):** in this sense, areas where humans live in large numbers
- hair-raising (adj):** very exciting, and often also frightening
- hastily (adv):** too fast
- having the last laugh (id):** to have the last laugh is to finally get an advantage from an argument or disagreement, especially when it appeared that you would not
- heart-warming (adj):** causing feelings of pleasure and happiness
- heavyweight (n):** a heavyweight actor is a very famous actor with significant power and influence
- hectic (adj):** full of activity or very busy and fast
- hemisphere (n):** one of two halves of the earth, especially above or below the equator
- hindered (v):** to hinder is to limit the ability of someone to do something, or to limit the development of something
- hoggers of the limelight (id):** when you hog something, you take or use more than your share of it; hoggers of the limelight
- take or use more than their share of the limelight
- icebreaker (n):** an icebreaker is an action that makes people who don't know each other more relaxed together
- ice ... broken (id):** when you break the ice, you make a person you have not met before feel more relaxed by your actions
- illegible (adj):** not readable
- immense (adj):** extremely large in size or degree
- impact (n):** the powerful effect something has on a person, people or situation
- impatience (n):** the feeling of being annoyed, either by someone's mistakes or because you have to wait
- implorations (n):** an imploration is an act of asking someone to do something in a very sincere, emotional and determined way
- in existence (id):** if something is in existence, it exists
- inclination (n):** a feeling that you want to do a particular thing, or the fact that you prefer or are more likely to do that thing
- inclined to (adj):** if you are inclined to do something, you are likely to or want to do it
- indicative (v):** if something is indicative of something else, it is a sign that that something else exists, is true or is likely to happen
- indigenous (adj):** native; naturally existing in a place or country rather than arriving from another place
- inflated (v):** to inflate is to make something increase in size, amount, area or importance
- inhibitions (n):** feelings of embarrassment or worry that prevent you from saying or doing what you want
- initiative (n):** a new plan or process to achieve something or solve a problem
- innate (adj):** something you were born with, not something learned
- insatiable (adj):** too great to be satisfied
- insight (n):** a clear, deep and sometimes sudden understanding of a complicated problem or situation
- instil (v):** to instil is to put a feeling, idea or principle slowly into someone's mind, so that it has a strong influence on the way that person thinks or behaves
- instinctively (adv):** not thought about, planned or learned through training
- instrumental (adj):** the most important influence
- interaction (n):** when two or more people communicate with one another or react to one another
- internalise (v):** if you internalise your thoughts or feelings, you do not allow them to show even though you are thinking about them
- interpret (v):** to interpret is to decide what the intended meaning of something is
- interpretations (n):** explanations or opinions about what something means
- intimidating (adj):** something or someone is intimidating if they make you feel frightened or nervous
- intrusive (adj):** affecting someone in an annoying way that makes them feel uncomfortable; not respecting privacy
- intuitive (adj):** based on feelings rather than facts or truth
- invasive (adj):** moving into all areas of something and hard to stop
- inversion (n):** a phenomenon that produces low-lying cloud
- irrelevant (adj):** not related to what is being discussed or considered; not important to what is happening
- irrespective (adv):** not needing to allow for; without considering
- irresponsible (adj):** not thinking enough or not worrying about the possible results of what you do
- irreversible (adj):** not possible to change; impossible to return to a previous condition



# Glossary

**is up to her ears (id):** if someone is up to their ears in something, they have a very large amount of that something to do

**isolated (adj):** not near to other places

**jot down (phr v):** write down

**justified (adj):** if you are justified in doing something, you have a good reason for doing that thing

**keep closer tabs (phr v):** to keep tabs on someone or something is to watch that someone or something carefully

**knuckle down (phr v):** to knuckle down is to start working hard or studying hard

**largescale (adj):** involving many people or things, or happening over a large/wide area

**leaky (adj):** if a team has a leaky defense, they let in a lot of goals; the opposition tend to score a lot against them

**likelihood (n):** chance; possibility

**limelight (n):** public attention and interest

**lingua franca (n):** the lingua franca is a language used for communication between people or groups of people who speak different languages

**linguists (n):** a linguist is someone who studies foreign languages or can speak them very well

**literary (adj):** connected with literature (written artistic works)

**lofty (adj):** high; if you have lofty ambitions, your ambitions are very difficult or challenging and will require great effort or skill

**loops (n):** the curved shape of certain letters in some people's handwriting

**lowlands (n):** lowlands are large areas of flat land that are at or not much higher than sea level; they are normally bordered by highlands, or mountainous areas

**lush (adj):** full of green, healthy plants, grass and trees

**maintenance (n):** you describe something as high maintenance if it requires a lot of work

**mantra (n):** a word or phrase that is often repeated which expresses a strong belief or viewpoint

**means (n):** in this sense, money

**mechanism (n):** a way of doing something that is planned or part of a system

**mediocre (adj):** not very good; average at best

**medium (n):** a method or way of expressing something

**metaphorical (adj):** see *metaphor*

**metaphorically (adv):** using the language of metaphors, where a metaphor is an expression that describes a person or object by referring to something else that has similar characteristics to that person or object

**metaphors (n):** a metaphor is an expression that describes a person or object by referring to something else that has similar characteristics to that person or object

**meticulous (adj):** very careful with great attention to every detail

**mighty (adj):** very large, powerful or important

**mind-set (n):** your mind-set is your attitudes and opinions which result from past experience

**mingling (v):** to move around and talk to other people at a social occasion

**miniscule (adj):** tiny; extremely small

**miraculous (adj):** very effective, surprising or difficult to believe

**misconception (n):** an idea that is wrong because it is based on a failure to understand the situation

**mistreatment (n):** the act of treating a person or animal badly, cruelly or unfairly

**modest (adj):** not large in size or amount

**moisture (n):** a liquid such as water in the form of very small drops, either in the air, in a substance, or on a surface

**mojo (n):** a quality in you other people find appealing, one which

makes you successful and full of energy

**momentum (n):** the force that keeps an object moving or an event developing after it has started

**monopolise (v):** to monopolise is to control something completely

**multitude (n):** a multitude of something is a large number of that thing

**mutual (adj):** the same

**myth (n):** a commonly believed but false notion or idea

**naked (adj):** if you feel naked, you feel like nothing is hidden; everything is on show for people to see

**native tongue (n):** the first language that you learn

**navigate (v):** to navigate is to direct the way of travel or the route; if you navigate through issues, you find a way of dealing with them

**navigated (v):** to navigate is to direct the way of travel or the route; if you navigate through issues, you find a way of dealing with them

**needy (adj):** wanting too much love or attention

**neutral (adj):** neutral fans are fans who do not support either/any of the teams involved

**neutralises (v):** to neutralise something is to stop that something from having an effect

**no end in sight (id):** if there is no end in sight to something, that something looks set to continue for a very long time

**noteworthy (adj):** deserving attention because it is important or interesting

**notoriously (adv):** famously, in a bad way

**nudged out (phr v):** to nudge out is to push out or remove from

**obsession (n):** something or somebody you think about all the time

**obstacle (n):** something which blocks you and prevents you from moving forward or taking actions, or which makes moving forward or taking action more difficult

**odds-on (adj):** very probable; almost certain

**offerings (n):** things you give or offer to somebody or some group, etc.

**optimise (v):** to optimise is to make something as good as possible; to make something the best it can be

**orchards (n):** land areas where fruit trees are grown

**outback (n):** the outback is the areas of Australia that are far away from towns and cities

**outlook (n):** the likely future situation

**outlying (adj):** far away from built up areas like towns and cities; far from the centre of a place

**outspoken (adj):** expressing strong views in a direct way without worrying if people are offended by this

**outstanding (adj):** very much better than what is normal or usual

**overcome (v):** to overcome is to defeat or to succeed in dealing with something

**overwhelming (adj):** very great or very large and difficult to fight against

**pay dividends (id):** if something pays dividends, it rewards you financially or in some other way

**peacemaker (n):** a peacemaker is someone who tries to stop other people from arguing or fighting

**pedigree (n):** a pure breed dog whose parents and relatives can be traced back to the same pure breed (type)

**penned by (phr v):** written by

**pent-up (adj):** not allowed to be expressed or released

**people-oriented (adj):** -oriented shows the direction in which something is aimed; if you are people-oriented, you are a people person

**perilous (adj):** very dangerous

**perpetrator (n):** a perpetrator is a person who has committed a crime or violent/harmful act

**phenomenon (n):** a phenomenon is something that exists and can be seen, felt, tasted, etc., especially something unusual or interesting

**pilgrimage (n):** a visit or journey to a place that is considered special

**plight (n):** an unpleasant condition or situation, especially a serious, sad or difficult one

**ploy (n):** something which is done or said in order to get an advantage, often dishonestly

**portray (v):** to portray is to represent or describe someone or something, usually in an artistic work such as a film, book or painting

**pragmatic (adj):** someone who is pragmatic solves problems in a sensible way based on the conditions that exist, not based on fixed rules or ideas

**precious (adj):** of great value because it is rare, expensive or important

**prequels (n):** a prequel is a film, book or play that develops the story of an earlier film, book or play, by telling you what happened in part of the story before the earlier film, book or play

**prevailing winds (n):** winds that usually blow in a particular direction

**prime-time (adj):** the time when the largest number of people are typically watching TV

**probing (n):** the act of cautiously trying to get information from someone about a specific thing

**probing (v):** to probe is to try to find out information other people do not want you to know

**proceedings (n):** a series of events that occur in a planned and controlled way

**proclaiming (v):** to proclaim is to announce something publicly or officially, particularly something positive

**product (n):** the product of something is the result of that thing

**progressively (adv):** gradually

**prolific (adj):** producing a great number or amount of something

**prominent (adj):** very well known and important

**prompt (v):** to prompt is to make something happen or to cause something to happen

**propensity (n):** the fact that someone is likely to behave in a certain way, usually a bad way

**proportions (n):** in this sense, importance or seriousness

**proposal (n):** a marriage proposal is an offer of marriage; a suggestion to another to get married

**propose (v):** to propose is to ask someone to marry you

**prospects (n):** chances

**prospered (v):** to prosper is to become successful

**protagonist (n):** the or one of the main characters in a story

**protocol (n):** the system of rules and acceptable behaviour used at special events and occasions; rules for how to behave in a given situation

**proWess (n):** great ability or skill

**pseudoscience (n):** a system of thought or a theory that is not formed in a scientific manner

**psychology (n):** the scientific study of how the human mind works and how it influences behaviour

**pull at the heartstrings (id):** to pull at the heartstrings is to cause strong feelings of love or sympathy

**pursue (v):** to pursue is to try to discover information about a subject

**pushy (adj):** behaving unpleasantly by trying to get someone to do something, or by trying too hard to get or achieve something you want

**puts paid (phr v):** to put paid to something is to finish or destroy that something

**qualification (n):** an extra piece of information that limits the effect of something that you say or write

**quarrelling (v):** to quarrel is to have an angry disagreement

**ranch hands (n):** a ranch is a large farm, and a ranch hand is a worker who does physical work on a large farm

**ranks (n):** the members of a group or organisation

**rarity (n):** the quality of being very unusual or uncommon

**ravaged (v):** to ravage is to cause great damage

**raving (v):** to rave is to praise something very much

**read me like an open book (id):** if you read someone like an open book, you can easily tell what they are thinking or feeling

**reasoned (v):** to reason is to make judgements based on practical facts or what is known

**rebellious (adj):** difficult to control because they do not behave in the expected or correct way

**receptions (n):** the reception is the way people react to someone or something; for instance, how they react to the release of a new book is their reception to the release of the new book

**rechannelling (v):** to redirect something into a particular place or position

**reckless (adj):** doing something dangerous and not worrying about the risks or consequences

**reckoned on (phr v):** expected; predicted

**recovery (n):** the process of getting well again after an injury or illness

**relegation (n):** the act of moving a football or other team to a lower division or league

**remote (adj):** far away in distance from built-up areas

**render (v):** to render is to cause someone or something to be in a particular state; to make into something

**reprise (v):** to reprise is to repeat

**reputation (n):** the opinion which people in general have about someone or something

**reserved (adj):** a reserved person does not often show their feelings or express their thoughts

**resilience (n):** the quality of being able to return quickly to good condition after experiencing difficulties or problems

**resistance (n):** the act of refusing to accept something, or of fighting against something which is attacking you

**resolving (v):** to resolve is to solve or end a problem or difficulty

**restriction (n):** a restriction is an official limit on something

**revenue (n):** income that a company regularly receives

**revenue stream (n):** a revenue stream is a regular source of revenue (income)

**revolutionised (v):** to revolutionise is to completely change something so that it is better

**rival (n):** a person or group competing for the same thing in the same area

**romanticism (n):** of or relating to romance and love

**roundabout way (id):** a roundabout way is not a simple, direct or quick way; an indirect way

**salivating (adj):** becoming excited

**scarcity (n):** a situation in which something is not easy to find or get

**sceptic (n):** a person who doubts the truth or value of an idea or belief

**sceptical (adj):** doubting that something is useful or true

**scepticism (n):** the fact of doubting something is true or useful

**schizophrenia (n):** a serious mental illness in which a person cannot understand what is real and what is imaginary



# Glossary

**scrutinise (v):** to scrutinise is to examine something very carefully to find out information

**scrutinised (v):** to scrutinise is to examine something very carefully to find out information

**self-consciousness (n):** the state of being nervous or uncomfortable because you are worried about what people think about you or your actions

**sequels (n):** a sequel is a film, book or play that develops the story of an earlier film, book or play by telling you what happens next in the story

**setbacks (n):** a setback is something that occurs which delays or prevents a process from developing

**sheer (adj):** used to emphasize how very great, important, or powerful a quality or feeling is

**shielded from (phr v):** to shield from is to protect from

**shortcomings (n):** faults or flaws; a shortcoming is a failure to reach a particular standard

**slim (adj):** if there is a slim chance of something happening, the chance of that thing happening is very low

**slot (n):** a prime-time slot is a prime-time position in the TV schedule (see *prime-time*)

**smothered (adj):** if someone feels smothered, they feel like they are getting too much love and attention, and they do not feel independent or free

**solitude (n):** the situation of being alone without other people

**soulmate (n):** someone with whom you have a very special relationship with that you know very well and love very much

**spare part (id):** if you feel like a spare part in a group, you feel that you are not a proper member of the group; you don't fully fit in with the group or serve a useful purpose

**spiritual (adj):** relating to deep feelings and beliefs, particularly religious ones

**spontaneous (adj):** occurring, taking place or done in a natural, and usually sudden, way, without planning and without being forced

**spring to mind (id):** if something springs to mind, you suddenly think of it

**spur (v):** to spur is to encourage an activity or development, or to make it happen faster

**squad (n):** a football team's squad is all the players involved in training and playing for the football team

**stacked up (id):** if the odds are stacked up against you, it means that your chances of succeeding are very low

**stargazing (n):** the act of observing the stars in the sky

**steadfast (adj):** staying the same way for a long time and not changing quickly or unexpectedly

**steepest (adj):** rising or falling at the sharpest angle

**stiffest (adj):** the stiffest challenge is the most difficult one

**stifled (v):** to stifle is to prevent something from happening or continuing, or from being expressed

**stigma (n):** a strong feeling of disapproval which most people in a society have about something, especially when this is unfair

**stream (n):** see *revenue stream*

**stretch (n):** a continuous area of land or water

**string of (id):** a string of good results is a series of good results in a row

**struck (v):** to strike is to cause someone to have a feeling or idea about something, or to cause someone to suddenly think about something

**stubborn (adj):** determined to do what you want and refusing to do anything else

**stumbling blocks (n):** a stumbling block is a problem or obstacle that must be overcome; something which prevents action or agreement

**style over substance (id):** if you describe someone or something as style over substance, you mean they look good but they don't get the right results or don't have true value or usefulness

**substitute (n):** a person or thing that is used instead of another person or thing

**superficial (adj):** never thinking about things that are important or serious

**superficially (adv):** on the surface only

**supposed (adj):** claimed; used to show that you do not believe that someone or something really is what a lot of other people think them to be

**suspicious (adj):** feeling doubt or no trust

**swashbuckling (adj):** behaving in a brave and exciting way

**synchs (v):** in this sense, connects

**take ... as gospel (id):** if you take something as gospel, you believe it to be completely true without question

**temperament (n):** the part of your character that affects how you behave and your mood

**tension (n):** a feeling of nervousness before an important or difficult occasion/event

**terminal (adj):** the terminal point is the end point

**terminates (v):** ends, finishes or stops

**terrain (n):** an area of land, when talking about its natural features

**the norm (id):** if something is the norm, it is normal or usual

**therapy (n):** a form of treatment that helps someone feel better or grow stronger

**thunderous (adj):** extremely loud or enthusiastic

**touche (exc):** used to admit that someone has made a good point against you in a debate, argument or discussion

**treacherous (adj):** very dangerous

**trials (n):** tests or challenges

**tribulations (n):** problems or difficulties

**tribute (n):** something that you say, write, do or give that shows your respect and admiration for someone or something

**truce (n):** an agreement to stop fighting or arguing for a specific period of time

**true to its roots (id):** if something stays true to its roots, it stays true to where it comes from or to what is originally was

**unashamedly (adv):** without shame; without hiding behaviour or opinions

**undeniably (adv):** without question; definitely; certainly

**underlying (adj):** real or actual, but not immediately obvious

**unfolds (v):** if a story or situation unfolds, it develops and becomes clear

**universal (adj):** existing everywhere or involving everybody

**unnerving (adj):** making less confident and slightly scared

**unprecedented (adj):** never having occurred or existed in the past

**unpredictable (adj):** likely to change suddenly and without reason; therefore, not able to be predicted or relied on

**unresolved (adj):** not solved or ended

**unsupervised (adj):** if you are supervised, you are watched to make sure you are acting correctly; if you are unsupervised, this does not happen

**unwittingly (adv):** without knowing or planning

**upbeat (adj):** positive

**uphill (adj):** an uphill challenge is a very difficult challenge

**urbanisation (n):** the process by which more and more people leave the countryside to live in cities, and by which cities grow as a result

**usurped (v):** to usurp is to take control of a position of power or influence or status



**utensil (n):** a utensil is a tool with a specific use, especially a kitchen or household tool

**vain (adj):** too interested in your own appearance or achievements

**vantage points (n):** a place, especially a high place, that provides a good, clear view of an area

**verified (v):** to verify is to prove that something exists or is true, or to make sure that something is correct

**vessel (n):** something or someone that has a particular quality or that is used for a particular reason

**vested (adj):** if you are vested in an issue, you have a particular interest in that issue

**violence (n):** actions or words intended to hurt people

**viral (adj):** something is viral if it quickly becomes very popular on the internet

**vitality (n):** energy and strength for life

**vulnerable (adj):** able to be easily physically, mentally or emotionally influenced, hurt or attacked

**welfare (n):** in this case, physical health

**well-adjusted (adj):** a person who acts reasonably with good judgement is well-adjusted; their behaviour is not difficult or strange

**wellbeing (n):** health; feeling healthy and happy

**whereabouts (n):** your whereabouts is your current location

**willed (v):** if you will something to happen, you try very hard to make it happen by the power of your thoughts

**withdraw (v):** to take or move out or back; to withdraw from the limelight is to remove yourself from the limelight

**wizardry (n):** the skills of a wizard, where a wizard is a man believed to have magical powers

## Glossary | Test 6

**aboriginal (adj):** describes the first people of a country - the first people to have existed there

**absence (n):** the fact of not being where they are usually expected to be; the fact of not existing

**academia (n):** the part of society, especially universities, which is connected to studying and thinking

**accolade (n):** praise and approval

**adventurous (adj):** exciting; full of adventure

**affiliation (n):** connection

**afforded (v):** granted or given

**affords (v):** grants, gives or offers

**aficionados (n):** experts; people who are very interested in and enthusiastic about a subject

**airtime (n):** in this sense, airtime is time or credit you buy to use on your mobile phone

**alien (adj):** unfamiliar

**altitude (n):** height above sea level

**amassed (v):** collected over a long period

**ancient (adj):** very old

**anomaly (n):** something that is different from what is usual or what normally happens

**anthems (n):** a song that has special importance for a particular group of people

**anticipated (v):** to anticipate is to imagine or expect that something will happen

**anticipation (n):** the act of imagining or expecting that something will happen

**aplenty (adj):** available in large amounts

**aplomb (adj):** confidence and style

**appetite (n):** the feeling of wanting or needing or desiring something

**armoury (n):** qualities that can be used to achieve a certain aim

**at a premium (id):** for an amount that is more than you would usually pay

**at his disposal (id):** able to be used by him

**authentic (adj):** real

**awe (n):** if you are in awe of someone, you have great respect and admiration for that person

**back up (phr v):** if you have to back up a performance, you have to provide evidence that the performance was not lucky by performing well again

**ballads (n):** love songs

**bated breath (id):** with bated breath means in an anxious, worried or excited way

**beavers (n):** a beaver is an animal with smooth fur, sharp teeth, and a large, flat tail

**betrayals (n):** a betrayal of your trust is a case of someone breaking their promise to you or not being loyal to you

**betrayed (v):** if you are betrayed by someone, they break their promise to you and are not loyal to you

**big boys (n):** the big boys are the most important people in an activity or area

**billing (n):** information, especially about a performance, event or something new

**blots (v):** if something blots something else, it spoils that something else or leaves a mark on it

**boom (n):** a boom in something is an increase in that thing

**bought into (phr v):** accepted and supported

**bracket (n):** a group with fixed upper and lower limits

**breath of fresh air (id):** something or someone that is new and different and makes everything seem more exciting

**bribes (n):** money that you give to someone so that they will do something for you

**brim-full (adj):** totally full

**bursary (n):** an amount of money given to a person by a school, university or organisation to pay for them to study

**buzz (n):** atmosphere (a good atmosphere of excitement)

**capacity (n):** the total amount that can be contained

**caption (n):** a short piece of text under a picture in a newspaper, magazine or book

**casting my mind back (id):** trying to remember

**catchy (adj):** pleasing and easy to remember

**caters (v):** if you cater to a group, you provide a service for or serve that group

**cause for concern (id):** reason to worry

**channel (v):** to channel something is to direct that something into a particular place or in a particular way

**chaotic (adj):** in a state of chaos (total confusion with no order)

**chatter (n):** in this sense, general talk and conversation in the background

**coincided with (phr v):** to coincide with is to happen at or near the same time as

**commence (v):** start

**commendation (n):** praise

**commensurate (adj):** in a correct and suitable amount compared to something else

**commissioned (v):** to commission is to formally ask for a special piece of work to be done

**complex (adj):** involving a lot of different but related parts; complicated

**compositions (n):** pieces of writing

**conceived (v):** to conceive is to invent a plan or idea

**concept (n):** a principle or idea



# Glossary

**conditioning work (n):** conditioning work is exercise that improves the physical condition of your body

**conducted (v):** performed or carried out

**confidant (n):** a person you trust and share your feelings and secrets with

**contemporary (adj):** modern; existing and happening now

**contenders (n):** contenders are people, teams or groups that compete to try to win something; if you are an annual contender, you have a good chance of winning every year

**conundrum (n):** a problem that is difficult to deal with

**conventions (n):** a convention is a usual or accepted way of behaving

**convert (v):** to convert is to change in form or character

**conviction (n):** belief

**copycats (n):** a copycat does exactly the same thing as someone else rather than use ideas of their own

**corruption (n):** illegal, bad or dishonest behaviour

**cost-prohibitive (adj):** expensive

**crafting (v):** to craft is to make or create in a skilled way

**crafty (adj):** clever

**craved (v):** desired

**critically (adv):** in a way that is very bad or serious

**cultivated (v):** to cultivate is to develop or improve something

**currency (n):** the money used in a particular country at a particular time

**customary (adj):** usual or traditional

**customs (n):** a custom is a way of behaving or a belief that has existed for a long time; traditions

**cut short (phr v):** stop something before it has finished

**dam-building (n):** a dam is a wall of sticks and earth across a river; dam-building is the activity of building such walls

**dawn (n):** the period of the day when the light from the sun begins to appear in the sky

**dearth (n):** an amount or supply that is not large enough

**decibel (n):** noise

**deft eye (id):** if you have a deft eye, you are skilled at spotting something

**delved into (phr v):** to delve into is to examine something carefully in order to discover more information about it

**detracted ... from (phr v):** if something detracts from something else, it takes away from or reduces or lessens the enjoyment or experience of that something else

**devoted (v):** to devote is to give your time and effort completely to something

**devotees (n):** loyal fans; people who strongly admire something

**dictate (v):** make necessary

**diehard (adj):** diehard music fans are extremely loyal music fans

**differentiates (v):** to differentiate is to show or find the difference between two things

**discounting (n):** reductions in the usual price

**dismiss (v):** decide that something is not worth considering

**diversity (n):** the fact of having a range of different people from different backgrounds in your community

**dorms (n):** a dorm is a large room with many beds

**dotted (v):** spread across

**drawing to a close (id):** if something is drawing to a close, it is coming to an end; ending or finishing

**drove (v):** to drive is to make something happen; to cause to happen

**dulcet (adj):** soft and pleasant sounds

**dusk (n):** the time before night when the light is disappearing but it is not yet fully dark

**dying breed (id):** if you describe something as a dying breed, you mean there are not many things like it around anymore

**edge (n):** a competitive edge is a competitive advantage

**elite (n):** the elite are the best

**endangered (adj):** may soon not exist because there are so few alive

**enriched (adj):** improved in quality because something else has been added to it

**entail (v):** involve

**enthusiast (n):** a person who is very interested in something

**entrepreneurs (n):** people who start up their own businesses

**environmentalists (n):** people who are interested in or who study the environment and try to protect it, especially from damaging human activities

**envisaged (v):** to envisage is to imagine or expect something in the future, particularly something good

**envision (v):** to envision is to imagine or expect something that is likely in the future

**eponymous (adj):** with the same name; in this case, Indie Fest is for indie rock music

**evades (v):** to evade is to avoid or escape from something

**evasion (n):** tax evasion involves illegally avoiding paying tax

**evokes (v):** to evoke is to make someone feel an emotion

**exceptional (adj):** much better or greater than usual

**expedition (n):** an organised journey for a particular purpose

**exploit (v):** take advantage of

**exploitation (n):** being taken advantage of

**explosion (n):** a large increase in the number of something that happens very quickly

**extinction (n):** a situation in which something no longer exists

**façade (n):** a false appearance

**facet (n):** aspect or part

**factored (v):** influenced; played a role

**fall flat (id):** if a performance falls flat, it is boring or dull and there is no atmosphere or excitement

**fashion (v):** to fashion is to make something

**fathom (v):** understand

**feat (n):** big achievement

**fire in our bellies (id):** if you have fire in your belly, you have a lot of passion and determination to succeed

**fizz (v):** in this sense, perform well and cause excitement

**fledgling (adj):** new and without experience

**floating (v):** in this sense, there were nerves floating around amongst us means all of us were experiencing some nerves

**fluency (n):** the ability to speak a language easily, well and quickly

**folklore (n):** the traditional stories and culture of a group of people

**footfall (n):** in this sense, people walking

**formula (n):** method; standard or accepted way of doing something

**fossil (n):** the shape of a bone, a shell, or a plant or animal that has been preserved in rock for a very long period

**found out (phr v):** if someone or something is found out, it is discovered that they have done something bad or wrong

**frontline (n):** the frontline is the part of an army that is closest to the enemy

**frowned upon (phr v):** strongly disapproved of

**fusion (n):** fusion music combines two or more different genres of music, e.g. rock and RnB, together

**futile (adj):** pointless; having no effect or achieving nothing

**garnered (v):** gathered or collected or received

**glamping (n):** glamorous camping - camping in comfort and luxury

**glance (n):** a quick, short look

**granted (v):** to grant is to give or allow

**gratitude (n):** the feeling of being grateful or thankful

**guardianship (n):** the state and duty of being a guardian, which is a person who has a legal right and responsibility to take care of another person

**guise (n):** appearance

**gushing (adj):** expressing a positive feeling, especially praise

**hallowed turf (id):** hallowed means very respected because it is of great importance and turf refers to the ground; in other words, the important football pitch inside Croke Park

**hampered by (phr v):** to be hampered is to be prevented from doing something easily; slowed down

**hands-on (adj):** if something is hands-on, you have to actually do physical work or get involved physically

**harassing (v):** to harass is to annoy or upset someone, usually over a period of time

**harassment (n):** behaviour that annoys or upsets someone

**hardcore (adj):** very loyal and dedicated

**harsh (adj):** unpleasant, cruel or severe

**headbanger (n):** a person who moves their head up and down rapidly when listening to hard rock or heavy metal music

**hectic (adj):** very busy and fast; full of activity

**held down (phr v):** to hold down a job is to manage to keep a job

**heritage (n):** culture and traditions

**hindsight (n):** the ability to understand an event or situation only after it has already happened

**hit it off (phr v):** to hit it off is to like someone and become friendly with them immediately

**homesickness (n):** the feeling of being lonely or unhappy because you are away from home for a long period

**hormone (n):** a type of chemical made by living cells that influences the development, growth, performance, etc. of the body

**hospitality (n):** the act of being friendly and welcoming to guests or visitors

**humble (adj):** not special or very important or successful

**hype (n):** a situation in which something is advertised or discussed a lot in newspapers, magazines, etc. in order to attract people's attention to it

**impacted (v):** had an influence on

**impractical (adj):** hard to do in reality

**impression (n):** an idea or opinion about what something or someone is like

**in check (id):** if you keep costs in check, you keep control of costs

**in the flesh (id):** in real life

**incentives (n):** things that encourage a person to do something

**inclusivity (n):** the quality of trying to include many different types of people and treat them all fairly and equally

**inconsiderable (n):** very small and unimportant or not worth considering

**indefinite (adj):** without clear limits

**indigenous (adj):** an indigenous sport of a country is a sport that is native to or first began to be played in the country

**inject new life into (id):** if you inject new life into something, you greatly improve something that was old or getting old; to inject is to introduce something new

**intently (adv):** in a way that shows great attention

**interactive (adj):** designed to involve the user

**interfaces (n):** an interface is a connection between a person and a computer

**intricate (adj):** complicated; having a lot of details and therefore difficult to understand

**itineraries (n):** an itinerary is a detailed plan of a journey

**jack of all trades (id):** a jack of all trades is someone who can do many different tasks or jobs

**jump on the back of our success (id):** if you jump on the back of someone's success, you try to benefit from their success

**keenly (adv):** competitively

**keeps the cogs turning (id):** to keep the cogs turning is to keep something operating or running

**kit (n):** a set of things, such as tools or equipment, used for a particular purpose or activity

**knack for (id):** talent for

**lament (v):** regret

**lamented (v):** to lament is to regret or express sadness and a feeling of sorrow about something

**last-minute-whim (adj):** a whim is a sudden wish or idea, so the last-minute-whim option is the choice you make at the last possible moment

**let down (adj):** disappointed

**light entertainment (id):** entertainment that is not serious and involves activities such as singing, dancing or telling jokes

**likewise (adv):** the same; similarly

**limitless (adj):** without limit

**line-up (n):** the groups that have been brought together to take part in an event

**lion's share (id):** the lion's share of something is the biggest share of that thing

**live up to (phr v):** to live up to something is to be as good as something

**look down on (phr v):** to look down on someone is to think you are better than them

**lucrative (adj):** producing a lot of money

**lure ... back (phr v):** attract back

**mainstream (n):** considered normal, usual and conventional

**majoring (v):** to major is to study something as your main subject

**mammals (n):** a mammal is an animal of which the female feeds her young with milk from her own body

**manuscript (n):** the original copy of a book

**mask (n):** if you wear a public mask, you hide your true character/personality and act differently in public

**mass (adj):** very large

**materialise (v):** to materialise is to come into being or come into existence

**meandering (adj):** moving slowly in no particular direction and with no clear purpose, or a road or route that does this

**means (n):** money or wealth

**medium (n):** a method or way of expressing something

**melange (n):** a mixture or group of different things or people

**merits (n):** if performers have very questionable merits for inclusion in the rock category, they probably don't deserve to be included in that category

**microfinance (n):** the activity or business of providing financial services to poor people or new businesses in poor countries

**migrated (v):** when an animal migrates, it travels to a different place, usually when the season changes

**modified (adj):** changed so that it can be used for a new or different purpose

**molecules (n):** a molecule is the simplest unit of a substance, usually a group of two or more atoms

**mull ... over (phr v):** to mull something over is to think about it carefully for a long time



# Glossary

- multiple (adj):** very many
- mythical (adj):** existing only in stories
- never looked back (id):** if you never look back, you do not regret doing something and continue to be successful after doing it
- newcomers (n):** acts that have recently arrived on the music scene
- no-frills (adj):** providing only the very basic things
- novelty (n):** something which is interesting because it is new and unusual
- oblivious (adj):** not aware of
- obsession (n):** something or someone you think about all the time
- oft-misty (adj):** oft- is a way of saying often, so oft-misty means often misty, where mist is a thin fog produced by small water droplets in the air
- on my very doorstep (id):** very close to me
- on the line (id):** if something is on the line, it is at risk
- opposition (n):** the team being played against in a competition
- order of the day (id):** if something is the order of the day, it is very common or very important; in this case, very common
- orphans (n):** children whose parents are dead
- out of this world (id):** extremely good
- outcasts (n):** outcasts have no place in their group or society because their group or society refuses to accept them
- outnumber (v):** be greater in number than
- out-of-body experience (id):** an experience in which you feel like you have left your own body and you can see it from outside, usually from above
- overgrazing (n):** grazing is feeding on grasses and other small plants; overgrazing is doing this too much such that the habitat is damaged as a result
- overlanding (n):** travelling in a vehicle on land over large distances
- overriding (adj):** more important than anything else
- owed to (phr v):** if you owe something to yourself, you need to or deserve to do that something because it will be good for you
- paid dividends (id):** caused good results
- palaeontology (n):** the study of fossils as a way of getting information about the history of life on earth
- palpable (adj):** obvious
- pandered to (phr v):** if you pander to someone, you do exactly what they want, particularly when it is not reasonable, and usually in order to get some sort of advantage from your actions
- par for the course (id):** normal or as you would expect
- partake (v):** take part; participate
- passed away (phr v):** died
- payoff (n):** benefit or reward
- pedigree (n):** if you have no pedigree in a sport, you have no history of doing well in that sport
- perks (n):** an advantage or something extra you get for doing an activity or job
- personified (adj):** if you are something personified, you are a perfect example of that thing
- perturb (v):** worry
- petered out (phr v):** gradually stopped or disappeared
- philosophy (n):** system
- physiologically (adv):** relating to how the body works
- physiology (n):** the way in which the body works
- pick up (phr v):** if you pick up an injury, you get an injury
- pilots (v):** to pilot is to fly a plane or control a ship
- pinching ourselves (id):** if you are pinching yourself, it means you can barely believe what is happening
- pitch in (phr v):** contribute
- pitched (v):** to pitch a tent is to erect or put up the tent
- pitched as (phr v):** in this sense, sold as or marketed as
- pitching (v):** putting up; erecting
- planted (v):** fixed or secured; put firmly and strongly in place
- pleasurable (adj):** enjoyable
- plethora (n):** a very large amount of something
- populous (adj):** a populous place has a lot of people living in it
- porters (n):** a porter is a person whose job is to carry things
- possessed (v):** to possess a quality is to have that quality
- practicality (n):** the quality of being suitable for a particular use
- precede (v):** to precede is to come before
- predators (n):** a predator is an animal that hunts, kills and eats other animals
- pre-ordained (adj):** intended or destined to happen
- presence (n):** the fact that someone or something is in a place
- pristine (adj):** in very good condition
- privilege (n):** an opportunity to do something special and enjoyable
- privileged (adj):** having an advantage because of your wealth, status or position
- prizing (v):** using force to lift something off something else
- proceedings (n):** a series of events that happen in a planned and controlled way; in this sense, the match or game
- procrastinate (v):** to procrastinate is to keep delaying
- professorship (n):** the position of a professor in a university
- proficient (adj):** skilled and experienced
- profound (adj):** in an extreme way
- proliferate (v):** to suddenly increase a lot in number
- promised land (n):** in this sense, the place you really want to get to
- pronounced (adj):** very noticeable
- prompt (v):** to prompt is to make someone decide to do something
- pronunciation (n):** how words are said or spoken
- propose (v):** suggest
- proposition (n):** an offer or suggestion
- pry the two apart (phr v):** to pry apart is to move apart using effort
- punches far above its weight (id):** has more influence, power or success than it should given its limited resources
- purpose-built (adj):** designed or built for a specific use
- quasi- (pref):** used to show that something is almost but not quite something else, e.g. a quasi-currency is like a currency in ways but not quite an actual currency
- question ... on everyone's lips (id):** the question on everyone's lips is the question everyone is asking or discussing
- racked up (phr v):** to rack up is to gradually get more of something
- radical (adj):** very significant; extreme
- ranks (n):** the members of a group or organisation
- rapidly (adv):** suddenly and quickly
- realms (n):** a realm is an area of interest or activity
- rebrand (n):** a rebrand is a change in how a product is marketed or presented to the public
- recollect (v):** to recollect is to remember something
- recollection (n):** the ability to remember things
- recuperation (n):** to become well again and get your strength back after an illness
- redressed the balance (id):** if you redress the balance, you make the situation fairer and more equal



**reinvent the wheel (*id*):** to reinvent the wheel is to waste time trying to create something that somebody has already created

**reinvigorated (*adj*):** healthier and more energetic; more full of life

**relented (*v*):** to relent to something is to allow that something when you had previously refused to allow it

**relentless (*adj*):** continuing in a severe or extreme way; continuous

**reluctantly (*adv*):** in a way that is slow because you are not really willing to do it

**remote (*adj*):** a long way from any built-up areas, such as towns and cities

**repertoire (*n*):** all the music that a band can perform or that a band knows

**replicate (*v*):** copy; do something again in exactly the same way

**repress (*v*):** to repress is to not allow something to be expressed

**reputation (*n*):** the opinion that people in general have about something or someone

**re-sits (*n*):** exams you have to sit or take again because you failed the first time

**resolve (*n*):** strong determination

**revelation (*n*):** an extremely pleasant surprise

**rival (*adj*):** competing

**romanticism (*n*):** things that seem exciting and mysterious

**roots (*n*):** family origins; family background

**roughly (*adv*):** approximately

**roused (*v*):** to rouse is to make more active and excited

**ruins (*adj*):** the remains or broken parts that are left of old buildings

**scarcity (*n*):** rarity; a situation in which something is not easy to get or find

**scars (*n*):** a scar is a sign of damage to a person's mental state

**scenic (*adj*):** having beautiful natural features

**sceptical (*adj*):** doubting that something is useful or true

**scholarship (*n*):** an amount of money given by a school or university to pay for the studies of a gifted student who does not have much money

**scooting (*v*):** to scoot is to go quickly

**scoured (*v*):** searched very carefully

**self-preservation (*n*):** behaviour based on the idea that you need to protect yourself from harm

**sell out (*phr v*):** if you sell out to big business, you forget about your traditional values and do whatever makes the most money

**senior (*adj*):** senior level in the sport of hurling is adult level; the senior game is the game played by adults

**sentimental (*adj*):** strongly influenced by emotional feelings

**sequel (*n*):** a book, play or film that continues the story of a previous book, play or film

**serenading (*v*):** to serenade is to sing in order to impress or excite someone

**set our sights (*id*):** if you set your sights on something, you aim for that something; you make that something your goal

**set up residence (*id*):** if you set up residence somewhere, you move into and live there

**shifts (*v*):** if something shifts something else, it causes that something else to move or change position

**showcase (*v*):** to showcase is to show the best qualities or parts

**skirts (*v*):** to skirt is to go around the edge of

**slant (*n*):** a particular way of looking at or showing something; informally, your slant on something is your angle on or opinion of that thing

**squeeze every last penny (*id*):** if you squeeze every last penny from someone, you get as much money as possible from them

**stabilising (*v*):** to stabilise is to become fixed and stop changing

**stakes (*n*):** the stakes are the potential reward for the winner of a match or competition

**stamp our mark on (*id*):** if you stamp your mark on something, you have a big impact or a big effect on that something

**stand a chance (*id*):** if you don't stand a chance of doing something, that means you have no chance of doing that thing

**staunch (*adj*):** loyal

**steers (*v*):** to steer is to control the direction of a vehicle

**stellar (*adj*):** of an extremely high standard; impressive

**stemmed from (*phr v*):** to stem from is to start or develop as a result of; to result from

**stimulating (*adj*):** interesting with lots of exciting things happening

**string (*n*):** a series of related things

**subsequent (*adj*):** following; happening after something else

**substitute (*n*):** a thing used instead of another thing

**suffocating (*adj*):** preventing you from improving or developing in a positive way

**surrender (*v*):** in this sense, lose

**sustainable development (*n*):** economic development that is carried out without damaging natural resources permanently

**swear off (*phr v*):** to swear off is to make a decision to stop doing, using or being involved with something harmful

**swell (*n*):** the slow upward and downward movement of the sea with large, smooth waves

**tackle (*v*):** deal with

**tackling (*v*):** to tackle is to try to deal with

**tag (*n*):** label; a word or phrase used to describe the characteristics of something

**tailored to (*phr v*):** designed specially to

**tailor-made (*adj*):** specially made for a particular purpose

**take note (*phr v*):** if you take note of something, you notice or pay attention to it; if you stand up and take note of something, you give that something a lot of attention where you didn't give it very much before

**take the punt (*id*):** if you take the punt, you take a risk on something

**taken ... by storm (*id*):** if you take somewhere by storm, you become really successful there or make a very positive impression there

**taken under the wing (*id*):** if you take someone under your wing, you start to protect and take care of them

**target readership (*n*):** the particular group of readers who your book is aimed at

**tarnished (*adj*):** damaged

**terrain (*n*):** an area of land, when considering its natural features

**the lengths we go to (*id*):** the lengths you go to are the level or amount of effort you put in to achieve something

**throw the spotlight on (*id*):** if you put/throw/turn the spotlight onto something, you put the attention or focus on that thing

**ticks all the right boxes (*id*):** if something ticks all the right boxes, it is exactly what you want or are looking for

**tide (*n*):** the rise and fall of the sea that happens twice daily

**titillate (*v*):** to titillate is to make excited

**tones (*n*):** the quality of someone's voice

**torrent (*n*):** a sudden large or too large amount of something, especially something that is uncontrolled

**trackable (*adj*):** able to find the source or follow back to the source

**tracked (*v*):** to track is to record the progress or development of something over a period



# Glossary

**trade-off (n):** a situation in which you accept something bad in order to have something good

**trailing (adj):** if you leave your competition trailing, you leave them behind so that they are losing; you are more successful than they are

**transition (n):** a change from one form or type to another

**translates into (phr v):** in this sense, results in or causes

**tried and tested (id):** used many times before and proven to be successful

**triggered (v):** caused to start

**triggers (v):** to trigger is to cause something to start

**turnaround (n):** a change from one thing to its opposite; reversal

**turned their backs on (id):** if you turn your back on something, you stop supporting or being involved in that something

**underage (adj):** underage hurling is hurling for the different age groups below senior (adult) level;

**underdog (n):** an underdog in a competition is a person or team considered very unlikely to win

**undertaking (n):** a job, challenge or piece of work

**unearthing (v):** finding; uncovering

**unfeasible (adj):** not able to be done or achieved

**unheralded (adj):** undiscovered; unfamiliar; unknown

**unravel (v):** in this sense, separate herself from

**unrivalled (adj):** without equal; better than any other of the same type

**uptake (n):** in this sense, the rate of purchase

**utopia (n):** paradise

**utterly (adv):** completely

**vanishing (v):** disappearing

**vanquished from (phr v):** in this sense, overcome and removed from

**vantage point (n):** a place, especially a high one, which provides a good and clear view

**vehicular (adj):** of or relating to vehicles (cars, buses, etc.)

**veritable (adj):** literal or actual

**veteran (adj):** very experienced

**vouch for (phr v):** in this sense, confirm or say that something is true

**vulnerable (adj):** if you are vulnerable to something, you are not protected from it

**waited on hand and foot (id):** if someone is waited on hand and foot, they are served and treated very well, as if they are special, and everything is done for them

**wave (n):** a larger than usual number

**wealth (n):** a large amount of something good

**wear off (phr v):** to wear off is to gradually disappear or stop taking effect

**white lie (id):** a lie that is told in order to be polite or to prevent someone from being upset by the truth

**without fail (id):** always

**would-be (adj):** wanting or trying to be

**write it off (phr v):** dismiss; decide that something is not important or worth considering

**advocate (n):** supporter

**afforded (v):** given

**agenda (n):** an aim or reason for doing something

**aggrieved (v):** unhappy and angry because of unfair treatment

**aimlessly (adv):** without any specific purpose

**aloft (adv):** in a high position in the air

**ambience (n):** atmosphere; the character of a place

**amicable (adj):** pleasant and friendly

**amid (prep):** in the middle of; surrounded by

**anticipation (n):** a feeling of excitement about something that is going to happen in the near future

**apartheid (n):** a political system in which people of different races are separated

**applause (n):** the sound of people clapping their hands to show approval

**apportioned (v):** to apportion is to give or share something out

**apprehensive (adj):** worried or nervous about something that is going to happen

**arias (n):** an aria is a piece of music in an opera sung by one person

**armoury (n):** the things or qualities that can be used to achieve a particular aim

**aroused (v):** to arouse is to cause someone to have a particular feeling

**assault (n):** violent attack

**assertion (n):** a statement or claim that you strongly believe is true

**at home (id):** if you are or feel at home, you feel comfortable and relaxed

**atomic (adj):** in this sense, very great (just like the force of an atomic bomb)

**attributed (v):** to attribute is to say or think that something is the result or work of something or someone else

**avenues (n):** methods or ways of doing something

**awe-inspiring (adj):** causing you to feel great respect or admiration

**beacon (n):** in this sense, a sign or signal

**bemusement (n):** the state of being slightly confused

**bereft of (adj):** not having something or feeling a great loss

**beset (adj):** having to deal with a lot of something that causes problems

**bested (v):** defeated

**betrayed (v):** to betray is to show something without meaning to

**bewilderment (n):** the state of being very confused

**blaring (v):** making an unpleasantly loud noise

**blips (n):** a blip is a temporary change that does not have any special or permanent meaning

**blow (n):** a hard hit with the hand, a weapon or a piece of equipment

**bore a striking resemblance (id):** if you bear a resemblance to somebody, you look like that person; if you bear a striking resemblance to somebody, you look very like that person

**boundary (n):** the line that marks the edge

**break out (phr v):** escape

**brimming with (phr v):** full of

**bucks this trend (id):** to buck a trend is to be obviously different to the way something is generally developing

**buddies (n):** friends

**budget (n):** in this sense, how much money there is to spend

**bundle (n):** in this sense, when you describe a person as a bundle of joy, you mean they are full of joy

**calibre (n):** quality

## Glossary | Test 7

**abyss (n):** a very deep hole that seems to have no bottom

**ace (n):** an ace in tennis is an unreturnable serve

**actualise (v):** to make something that could possibly happen actually occur

**adoring (adj):** showing very strong love or affection for someone

**adoringly (adv):** showing very strong love or affection

**adorn (v):** decorate



- capital (n):** resources
- capitulation (n):** in this sense, accepting defeat without putting up a good fight or defense
- capped (v):** to cap in this sense is to finish off in a good way
- captive (adj):** kept in a closed space and not allowed to move about freely
- caress (v):** touch in a gentle and loving way
- caught my eye (id):** got my attention
- celestial (adj):** of or relating to the skies
- charitable (adj):** giving money, food or help for free to those in need
- cited (v):** to cite is to mention something as a reason for why something else happens
- clasp (v):** holding tightly
- comeback (n):** a comeback is an attempt to win from a losing position; a successful comeback is a win from a losing position
- commotion (n):** a sudden, short period of noise, confusion, or excited movement
- commute (n):** a regular journey between work and home
- complexity (n):** the state of having many parts and being difficult to understand
- compound (v):** make worse
- compulsory (adj):** if something is compulsory, it must be done
- conductive (adj):** providing the right conditions for something good to happen or exist
- constructively (adv):** in a useful or productive way intended to help or improve
- contrarily (adv):** on the other hand; on the contrary
- controversial (adj):** causing disagreement, debate and discussion
- convert (v):** change in form and character
- convey (v):** to convey is to express a thought, feeling, or idea so that it is understood by other people
- counterintuitively (adv):** not happening in the way you would expect
- counterproductive (adj):** having the opposite effect to the one that is wanted or intended
- credit (n):** praise
- crescendo (n):** increase in danger, excitement or action
- crown (n):** victory in a sports competition
- cruelly (adv):** in an extremely unkind way, causing pain
- daunting (adj):** making you worried about your ability to achieve something
- deadline (n):** a time or day by which something must be completed
- deaf (adj):** not able to hear
- deceptive (adj):** making you believe something that is not true
- decider (n):** if a tennis match goes to a decider, it goes into a last/final set where the winner of that set will win the match
- defaults (v):** if you default on a loan or mortgage, you fail to make the repayments
- delusion (n):** belief in something that is not true
- demographics (n):** populations and the different groups that make them up
- deposit (n):** an amount of money you pay in order to secure a house purchase
- descent (n):** a movement down
- determinedly (adv):** wanting to do something very much and not allowing anyone or any difficulties stop you from doing it
- devote (v):** give your time and effort to something
- devotion (n):** great care and effort
- disguise (n):** if you are in disguise, you appear to be something you are not; you dress up so that people won't recognise you
- dispensed with (phr v):** to dispense with something is to get rid of that something or, in this sense, get that something over with and finished
- distinction (n):** the difference between two similar things
- diversity (n):** the range of different people
- divulged (v):** to divulge is to make something secret known
- domain (n):** an area over which a person or group has control
- dotted (v):** spread across an area
- double-bagel (adj):** a double bagel in tennis is when one player wins no games at all and loses the match in two straight sets, so the score is 6-0, 6-0
- draped (v):** to drape is to put something such as a piece of cloth loosely over something else
- dubious (adj):** doubtful; not to be trusted
- dwelt on (phr v):** to dwell on something is to keep thinking about or talking about that something
- eager (adj):** enthusiastic; wanting very much to do or have something, particularly something interesting or enjoyable
- elite (adj):** most successful and best
- elusive (adj):** difficult to find, catch or achieve
- embark (v):** to embark on something is to start something new or exciting
- embraced (v):** to embrace is to hold someone tightly with both arms
- employed (v):** used
- empowerment (n):** the process of gaining freedom and power to do what you want or to control what happens to you
- endeavour (n):** the attempt to do something
- endorse (v):** approve in a public way
- endured (v):** to endure is to suffer something difficult, unpleasant or painful
- engrossed (v):** if you are engrossed in something, you are so interested in it that you give it your full attention
- enraptured (adj):** filled with great pleasure and excitement
- entrusted (v):** to entrust is to give someone a thing or duty for which they are responsible
- envisioned (v):** to envision is to imagine or expect that something is a likely or desirable possibility in the future
- equality (n):** the right of different groups of people to have a similar social position and receive the same treatment
- equitability (n):** the quality of being fair to everyone
- equitable (adj):** fair to everyone of all groups
- esteem (n):** if you hold someone in high esteem, you respect them and have a high opinion of them
- ethnic (adj):** relating to a specific race of people
- evaporated (v):** in this sense, vanished or disappeared
- exclusive (adj):** limited to only one person or to one group of people
- execution (n):** the legal punishment of killing a person
- exemplify (v):** to exemplify is to be or give a typical example of something
- exhaustion (n):** the state of being extremely tired
- expectancy (n):** the feeling that something exciting or pleasant is going to occur
- exploded (v):** broke up into pieces in the air violently
- explosive (adj):** very loud and sudden
- exposed (v):** to expose is to make public something bad or dishonest
- exposed to (phr v):** if you are exposed to severe weather, you experience that severe weather directly
- exposition (n):** a clear and complete explanation of an idea or theory
- extinct (adj):** not now existing



# Glossary

- exuberance (n):** the quality of being very energetic
- eye-balling (adj):** if you are eye-balling someone, you are looking at them eye-to-eye; you are staring them in the eyes
- eye-raising (adj):** very noticeable
- famed (adj):** famous or known to many people
- fanciful (adj):** not likely to succeed or happen
- fathom (v):** understand
- feasted (v):** to feast on is to eat in large amounts
- fed up (adj):** bored, annoyed or disappointed
- feedback (n):** information or statements of opinion about something, such as a new product or method, that can tell you if it is successful or liked
- fidgeting (v):** continuous, small movements, often due to nerves, which can be annoying
- fluke (n):** something good that happened as a result of chance or luck rather than skill or planning
- foe (n):** enemy or opponent
- fork out (phr v):** pay
- formidable (adj):** large, powerful or very difficult
- frame of mind (id):** way of thinking at a particular time
- fraying (v):** if your nerves fray, you gradually become upset or annoyed
- frost nip (n):** an injury caused by being exposed to extreme cold
- functionality (n):** all the operations performed by a piece of equipment
- gargantuan (adj):** very large
- gastronomic (adj):** relating to the preparation and eating of good food
- gave way to (phr v):** was replaced by
- get your mitts on (id):** get hold of; find
- giggling (v):** to giggle is to laugh repeatedly in a quiet but uncontrolled way
- gives them the edge (id):** gives them an advantage
- glance (n):** a quick, short look
- glorious (adj):** deserving great admiration, praise or honour
- go the extra mile (id):** if you go the extra mile, you put in extra effort - more than usual or expected - to do something
- go toe to toe (id):** if you go toe to toe with someone, you compete with them directly, taking all their best shots and giving them yours
- grasp (n):** the act of holding on to something
- grounded (adj):** if you stay grounded, you avoid getting too excited and remain calm
- guarantee (v):** if you guarantee another person's loan or mortgage, you agree to pay the loan or mortgage back if the other person cannot
- habitation (n):** small areas of habitation are small areas that are lived in
- hankering for (id):** if you have a hankering for something, you have a strong wish or desire for that thing
- haunts (n):** a haunt is a place often visited
- have a significant bearing (id):** have a significant influence
- head and shoulders above (id):** if something is head and shoulders above something else, it is a lot better than that something else
- hectic (adj):** full of activity
- heroines (n):** female heroes
- high-flying (adj):** extremely successful
- hogged the limelight (id):** if you hog the limelight, all the attention is focused on you
- hold her head up high (id):** if you can hold your head up high, it means that you have nothing to be ashamed of; you can be proud of yourself
- homogenous (adj):** consisting of people who are very similar to one another or of the same race or ethnicity
- humble (adj):** not special or very important
- hurdles (n):** problems you have to deal with before you can make progress
- hurriedly (adv):** too quickly
- ignited (v):** to ignite is to cause to start burning, or to cause a dangerous or angry situation to begin
- imminent (adj):** likely to happen very soon
- in a different light (id):** in a different way; from another angle or perspective
- incarcerated (v):** put in prison
- incentives (n):** an incentive is something that encourages a person to do something
- indicative of (adj):** a sign of
- inertia (n):** lack of activity
- inevitable (adj):** certain to happen and unable to be avoided
- inferior (adj):** not as good as
- inglorious (adj):** shameful
- initiative (n):** a new plan or process to achieve something or solve a problem/issue
- innate (adj):** natural; an innate quality is one you are born with, not one that you learn
- inquisitive (adj):** wanting to discover as much as you can about things
- instantaneous (adj):** happening immediately, without delay
- intellect (n):** the ability to understand and think in an intelligent way
- intentionally (adv):** deliberately
- interference (n):** an occasion of someone or something getting involved in a situation when their involvement is not wanted or is not helpful
- interior (n):** the inside part of something; in this case, the interior is the part of Iceland away from the coast at its centre
- intimated (v):** to intimate is to make clear what you think without saying it directly
- intimately (adv):** in a close and more detailed way
- intriguing (adj):** very interesting
- intuitions (n):** our intuition is our ability to immediately understand or know something based on feelings rather than facts
- intuitively (adv):** known immediately based on feelings rather than facts
- invariably (adv):** always; without exception
- irks (v):** annoys
- irritation (n):** anger or annoyance
- jetlag (n):** a feeling of tiredness and confusion after making a long plane journey
- kit (n):** a set of tools used for a particular activity
- known ... what buttons to press (id):** if you know what buttons to press, you know what to do to get the reaction you want from a person
- lacking (adj):** if something is lacking, there is not enough of it
- lap (n):** the top surface of the upper part of the legs of a person who is sitting down with their legs together
- lean towards (phr v):** if you would lean towards something, this something is what you would probably pick/choose
- letting my hair down (id):** if you let your hair down, you allow yourself to behave very freely and to really enjoy yourself
- limb (n):** a limb is an arm or leg
- limelight (n):** public attention and interest
- living it up (id):** if you are living it up, you are having a very good time and really enjoying yourself
- macro (adj):** large; relating to the whole



**make ... head nor tail (id):** if you cannot make head nor tail of something, you cannot understand what is happening

**mandated (v):** required to perform an action

**marathon (adj):** used to describe something that takes a long time and makes you very tired

**memorable (adj):** worth remembering or likely to be remembered

**merits (n):** advantages

**micro (adj):** small

**midst (n):** the middle of a group of people or things

**mind-wrecking (adj):** a mind-wrecking assault is an attack that destroys or attempts to destroy the opponent's mind - to make them mentally unstable

**misleading (adj):** causing to believe something that is not true

**moist (adj):** slightly wet

**monopolise (v):** control something completely

**monopolised (v):** controlled completely; dominated

**monumentally (adv):** extremely

**more ... than meets the eye (id):** if there is more to something than meets the eye, it is more difficult to understand or involves more things than you thought at the beginning

**morphed into (phr v):** gradually changed into

**mortgages (n):** a mortgage is an agreement that allows you to borrow money from a bank in order to buy a house

**multiplied (v):** increased very much in number

**mutual (adj):** feeling the same thing

**neglect (n):** a situation in which you do not give enough care or attention to someone or something, or the state of not getting enough care or attention

**neglectful (adj):** not giving enough care or attention

**niche (n):** a job or position that is very suitable for you, especially one you like

**nought (n):** nothing

**novice (n):** a person who is not experienced

**obligations (n):** responsibilities

**obstacle (n):** an obstacle is something that blocks you so that movement, going forward, or action is prevented or made more difficult

**obstructed (v):** blocked

**occupied (v):** to occupy is to fill a place

**on a par (id):** the same as or equal to

**on all three counts (id):** on all counts means in relation to all the points made or all the things mentioned or under consideration

**on the cards (id):** likely to happen

**optimal (adj):** best; most likely to succeed or bring advantage

**outlook (n):** a person's way of thinking about things

**outskirts (n):** the outskirts are the areas on the edge of a town or city

**overawed (adj):** intimidated and frightened by

**overwhelming (adj):** very great or very large

**owes (v):** if something or someone owes much to something or someone else, it has that something or someone else to thank

**owing to (prep):** due to; because of

**palate (n):** literally, the top part of the inside of the mouth

**panic (n):** a sudden strong feeling of fear that prevents reasonable thought or action

**partners in crime (id):** people who are partners in crime are doing or experiencing the same thing together

**pass (n):** if an aircraft makes a pass, it flies past something

**patently (adv):** obviously; in a way that is very clear

**pathetic (adj):** showing no ability, effort or bravery and so unlikely to be respected by people

**per se (adv):** by or of itself

**permit (v):** allow

**persuasions (n):** a persuasion is a particular set of beliefs

**perturbed (adj):** worried

**philosophy (n):** the way a person or group thinks about and deals with something

**phoenix (n):** in ancient stories, an imaginary bird that set fire to itself every 500 years and was born again, rising from its ashes

**photogenic (adj):** having a face or appearance that looks attractive in photographs

**piece of cake (id):** easy

**pinpoint (v):** in this sense, say the exact

**pitch-black (adj):** completely black/dark

**pivotal (adj):** central and very important

**pleasantries (n):** polite remarks

**ponder (v):** to ponder is to think carefully about something

**pool (n):** a quantity of a particular thing

**precluded from (phr v):** prevented from doing something

**predestination (n):** fate; destiny

**predetermine (v):** decide in advance

**prematurely (adv):** too soon

**preoccupying (v):** if something preoccupies your mind, it is the main thought in your mind, causing other things to be forgotten

**priced out (phr v):** if you are priced out of the market, prices are too high and you cannot afford them

**pristineness (n):** the state of being in a very good condition

**prolonged (adj):** continuing for a long time

**prominent (adj):** very well known and important

**property ladder (id):** a series of stages in owning houses in which you buy a small house or apartment first and a bigger or more expensive house when you have enough money, and so on

**proportion (n):** the number or amount of a group or part of something when compared to the whole

**psychological (adj):** of the mind

**put a halt (id):** to put a halt to something is to stop that something from happening

**quaint (adj):** attractive because of being unusual, especially old-fashioned

**quirky (adj):** unusual in an interesting and attractive way

**radically (adv):** dramatically; significantly

**rapid (adj):** very fast or sudden

**rapturous (adj):** showing extreme pleasure and excitement

**reaffirmed (adj):** in this sense, shown to be true again

**rebel (v):** react or fight against

**reconciliation (n):** a situation in which two people or groups of people become friendly again after they have argued or fought

**reengaged (v):** to reengage is to become involved or have contact again

**refrain from (phr v):** to refrain from doing something is to avoid doing or stop yourself from doing that thing

**refugees (n):** people who have escaped from their own country because of war or for political, religious or economic reasons

**rehabilitating (v):** to rehabilitate is to return something or someone to a good condition

**reinvention (n):** the recreating of something in a new way

**rendition (n):** a particular way of performing a song or piece of music

**repetition (n):** the act of doing or saying something again

**resentful (adj):** feeling angry because you have had to accept something you do not like

**resilience (n):** toughness

**resolve (n):** strong determination



# Glossary

**restores (v):** to restore is to return someone or something to an earlier good condition or position

**rubbed me up the wrong way (id):** if someone rubs you up the wrong way, they annoy you without intending to

**rush hour (n):** the busy part of the day when towns and cities are crowded and there is a lot of traffic on the roads

**rut (n):** if you are in a rut, you are stuck in a job or activity too long and you need to make yourself change that job or activity

**sage (adj):** wise

**sanctuary (n):** protection or a safe place

**sanity (n):** the state of having a healthy mind and not being mentally ill

**scale (n):** the size or level of something

**scalp (n):** if you claim someone's scalp, you beat them

**set the bar very high (id):** if you set the bar very high, you have high expectations

**shabby (adj):** unacceptable

**shackles (n):** something that prevents you from doing what you want to do

**shut-eye (n):** sleep

**siblings (n):** brothers and/or sisters

**sipping (v):** to sip is to drink, taking a small amount at a time

**slew (n):** a large amount or number

**smashed (v):** to smash is to cause something to move with great force

**smirking (n):** to smirk is to smile in a way that expresses satisfaction or pleasure

**snide (adj):** containing unpleasant criticism that is not stated in a direct way

**sparked (v):** to spark is to cause the start of something

**spirit (n):** a particular way of thinking, feeling or behaving

**spring to mind (id):** to spring to mind is to come quickly into your mind

**stablemate (n):** part of the same group/organisation (in this case, part of the same coaching setup)

**stalemate (n):** a situation in which neither group or person involved can win or get an advantage and no action can be taken

**stapled (adj):** fastened together

**sternest (adj):** most difficult

**sticking to (phr v):** to stick to your principles is to continue to believe in and follow your principles

**stiff (adj):** difficult

**stifle (v):** to prevent or try to prevent something from happening or continuing

**stimulated (adj):** excited and interested

**stimulation (n):** intellectual stimulation is something that causes you to develop intellectually

**stimuli (n):** a stimulus is something that causes growth or activity

**stimulus (n):** something that causes activity or growth

**strain (n):** pressure

**strangle (v):** to try to hurt someone badly by pressing or holding their throat so that they cannot breathe

**streaming (v):** flowing

**street-smartened (adj):** if you are street smart, you have had a lot of life experiences and learned from them and how to deal with them; you have a lot of life experience though not necessarily any qualifications

**stricken (adj):** suffering severely from

**strolls (n):** a stroll is a slow walk in a relaxed manner

**submission (n):** the act of allowing someone to have power over you or to beat you

**submitted (v):** if you submit to someone's demands, you allow them to have their way and get what they want

**subsequent (adj):** happening after something else

**substitute (n):** a thing that can be used instead of another thing; replacement

**succession (n):** a number of similar events that happen one after another

**succumb to (phr v):** accept something bad

**superior (adj):** better than

**surrender (v):** to surrender is to admit defeat or give up

**swooped (v):** to swoop is to move very quickly and easily through the air, down from a height

**tangible (adj):** real

**tantalisingly (adv):** causing desire and excitement

**taste blood (id):** if you can taste blood, you sense your opponent is getting weaker and you are about to win

**tempered (v):** to temper is to make less strong or extreme

**tenor (n):** a male singer with a high voice

**thesis (n):** a long piece of writing on a particular subject, particularly one for a university qualification

**transcend (v):** go beyond the range or limits of

**trembled (v):** shook

**trial (adj):** test

**trump card (id):** your trump card is an advantage you have over another person or other people that makes you more likely to succeed, especially one that they do not know about

**ultimate (adj):** most extreme example of

**unaffordable (adj):** too expensive to buy

**underdog (n):** the person considered least likely to win

**unleashed (v):** suddenly released

**unmitigated (adj):** complete (often describing something very bad or unsuccessful with no positive side)

**unravel (v):** go wrong; fall apart; fail

**unsettling (adj):** causing worry or anxiety

**upbringing (n):** the way you are treated and educated when you are young

**upper classes (n):** people of the highest social ranks, who are usually rich

**urban (adj):** of or relating to the city

**validation (n):** proof that something is correct

**vast (adj):** extremely big

**versatile (adj):** able to be used for many different purposes

**vital (adj):** extremely important

**volition (n):** the power to make your own decisions

**vying for (phr v):** competing for

**wander (v):** to wander is to walk around slowly in a relaxed way

**waxed lyrical (phr v):** to wax lyrical is to talk about something with a lot of interest and excitement in a very positive way

**went into overdrive (id):** overdrive is a state of great activity, effort or hard work; to go into overdrive is to go into this state

**whetted (v):** to whet is to increase your interest in and desire for something

**wilderness (n):** a large area which is in its natural state and has not been built on or used for growing crops

**wily (adj):** intelligent and willing to use tricks to achieve your aim

**woo (v):** to woo is to give someone a lot of attention to try to persuade them to marry you

## Glossary | Test 8

**abandoning (v):** to abandon is to leave a place

**actuality (n):** reality

**adequate (adj):** enough for a particular reason or purpose  
**admission (n):** the act of admitting something or agreeing something is true  
**advances (n):** attempts to start a romantic relationship  
**aghast (adj):** suddenly filled with strong feelings of shock or worry  
**air of (n):** if there is an air of optimism, things appear optimistic; manner or appearance  
**ajar (adj):** slightly open  
**alight (adj):** lit; on fire; burning  
**aloft (adj):** high up in the air  
**along the line (id):** on the way  
**aloof (adj):** not friendly or willing to take part in things  
**amass (v):** to amass it to collect or get a large amount of something  
**ample (adj):** more than enough  
**ancestors (n):** people related to you who lived a very long time ago  
**ancestral (adj):** of or related to ancestors  
**appetite (n):** if there is an appetite for something, there is a demand for or desire for that thing  
**appliances (n):** devices, machines or pieces of equipment that are used in the home, e.g. irons, kettles, etc.  
**apprehensions (n):** fears; worries about what is going to happen  
**arboriculturist (n):** a person who designs landscapes and selects suitable trees and plants for a given environment as their job  
**arborist (n):** a tree surgeon; a person who plants and cares for trees and shrubs as their job  
**aspiration (n):** a hope or dream  
**assumed (adj):** accepted as true without question or proof  
**at a crossroads (id):** at a stage in life where you have to make a very important decision  
**attire (n):** formal clothing  
**attributes (v):** to attribute is to say that something is the result of something else  
**backs up (phr v):** supports  
**baggage (n):** beliefs and feelings caused by past experiences that influence how you behave  
**be all and end all (id):** the most important thing  
**bear a resemblance (id):** if something bears a resemblance to something else, it looks like that something else  
**begrudge (v):** to begrudge is to feel unhappy because you think someone has something that they do not deserve  
**beloved (adj):** much loved  
**benefits (n):** social welfare benefits are payments or services provided by the government to help poor, ill or old people  
**bested (v):** defeated  
**beyond him (id):** if you say that something is beyond you, you mean that you do not think you are capable of doing it  
**bleak (adj):** not at all hopeful; hopeless  
**blossom (v):** become more attractive, successful or confident  
**bore no signs (id):** showed no evidence  
**breakdowns (n):** a breakdown is a period of mental illness which results in anxiety, difficulty sleeping, difficulty thinking, loss of confidence and hope, and a feeling of great sadness  
**brittle (adj):** delicate and easily broken  
**brought forward (phr v):** to bring forward is to change the schedule so that something happens earlier than first planned  
**buoyant (adj):** successful or making a profit  
**burdening (v):** to burden someone is to trouble them with something difficult or unpleasant  
**burn the midnight oil (id):** to burn the midnight oil is to work late into the night

**calling (n):** if you describe a job as your calling, you mean you think it is what you were born to do - the job you are most suited to  
**candle burned out prematurely (id):** if your candle burns out, you die; if your candle burns out prematurely, you die too young  
**career suicide (id):** if you accuse someone of career suicide, you mean that they have taken an action that is going to end or ruin their career  
**careered (v):** moved fast in an out of control way  
**carved out (phr v):** to carve out is to create using your skills  
**cascade (n):** a large amount, flowing like a waterfall  
**cauldron (n):** in this sense, a situation characterised by strong emotions  
**caused such a stir (id):** if something causes a stir, it gets a lot of attention and creates a lot of interest and excitement  
**cavalier (adj):** wild and carefree, in this sense  
**caveat (n):** a statement that limits a more general statement  
**chaotically (adv):** in a state of total confusion and disorder  
**chimed (v):** to chime is to ring in a pleasant way  
**chore (n):** task or job, often a boring or unpleasant one  
**clutches (n):** a hold on someone or something  
**cognizance (n):** awareness  
**coincides with (phr v):** to coincide with is to happen near or at the same time as  
**come to a head (id):** if something comes to a head, the point is reached where you have to take action and do something about it  
**comeback (n):** a very good and real attempt to return and win, when it looked like you would lose  
**comfort zone (id):** your comfort zone is a situation in which you feel comfortable, where your ability and determination are not really tested  
**commemorating (v):** officially remembering by way of a public ceremony or event  
**commuters (n):** people who regularly travel from home to work  
**components (n):** parts that combine with other parts to form the whole of something  
**comprehend (v):** understand  
**compromise (v):** to compromise is to accept that you will reduce your demands or change your opinion in order to reach an agreement with someone  
**conceive of (phr v):** imagine  
**conclusive (adj):** ending any doubt and proving something is true  
**concrete jungle (id):** a concrete jungle is a city or large built-up area with not a lot of green spaces  
**condition (n):** the particular state that something is in; the human condition is the state of being human  
**conductive (adj):** providing the right conditions for something good to happen or exist  
**connections (n):** people you know who can help you  
**consign (v):** in this sense, send to or get rid of  
**consultancy (n):** a company that gives advice on a particular subject  
**contentment (n):** the state of being happy or pleased with your situation and not constantly wishing for more or for it to improve  
**contractor (n):** a person that agrees to supply their service under temporary contract rather than as a full-time company employee  
**contrived (adj):** artificial and difficult to believe  
**conviction (n):** belief  
**correspondence (n):** letters or emails, especially business letters or emails  
**corruption (n):** illegal, bad or dishonest behaviour  
**courageous (adj):** very brave  
**coursing (v):** flowing quickly  
**coveted (adj):** strongly desired



# Glossary

**cowering (v):** to cower is to lower your body in fear and move backwards

**crane (n):** a tall metal structure, with a horizontal part used for lifting and moving heavy objects

**cultivate (v):** to prepare land for growing and to grow trees, plants or crops there

**customs (n):** ways of behaving or beliefs that have been established for a long time

**daring (adj):** brave and taking risks

**dawned on (phr v):** if something dawns on you, you finally understand it after a period of not understanding

**dearth (n):** an amount or supply that is not large enough

**deceased (adj):** dead

**deeds (n):** actions; acts

**depth (n):** how deep something is; the distance from the top to the bottom of something

**detained (v):** to detain is to force someone to stay in a specific place

**detrimental (adj):** causing harm or damage

**devastating (adj):** causing a lot of damage and destruction

**devotion (n):** loyalty to something

**differs (v):** to differ is to be different; to not be like something

**diligently (adv):** carefully, using a lot of effort

**directorship (n):** the position of director of a business

**disavow (v):** to disavow is to break all your connections with or end your relationship with something

**discontentment (n):** a feeling of wanting a better or improved situation

**discounted (v):** dismissed; to discount is to decide something is not worth considering or giving attention

**disinclined to (adj):** not wanting to do something

**dispute (n):** an official argument or disagreement between workers and employers

**dispute (v):** to dispute is to disagree with what someone says

**disruption (n):** an interruption to the usual way that something works

**dimensions (n):** a dimension is a measurement of something in a particular direction, especially its height, length, or width

**drew (v):** to draw a feeling from something is to get that feeling from that something

**embedded (adj):** if something is embedded, it is fixed in place and very hard to remove

**endured (v):** suffered

**engagement (n):** interest; getting involved in the story

**engrossing (adj):** very interesting and requiring all your attention

**enigmatic (adj):** mysterious and difficult to completely understand

**enlarge (v):** make bigger

**envision (v):** to envision is to imagine something that is desirable in the future

**envy of (id):** if you are the envy of someone else, they wish they were like you or had what you have

**epic (adj):** extremely good

**evaporated (v):** disappeared

**exclusive (adj):** limited to only one person or one group of people

**exhibiting (v):** showing; displaying

**exploits (n):** brave things that someone has done

**external (adj):** outside

**eyebrows may have been raised (id):** if something raises eyebrows, it causes surprise, shock or disbelief

**façade (n):** false appearance

**facts speak for themselves (id):** if the facts speak for themselves, the proof/truth is very clear

**falls (v):** to fall is to happen or come at a particular time

**family-oriented (adj):** oriented shows the direction in which something is aimed, so family-oriented is aimed at the family

**fantastical (adj):** not reasonable; unreal; imaginary

**fatality (n):** death

**fate (n):** a power that some people believe controls events

**fathom (v):** understand

**feats (n):** accomplishments; achievements

**fiancee (n):** the woman a person is engaged to marry is their fiancée

**fight off (phr v):** defend against

**fittingly (adv):** appropriately; suitably

**flashed across (phr v):** to flash is to show something for a short time

**flee (v):** run away

**flop (n):** a flop is a very unsuccessful book/film/etc.

**folks (n):** people

**follow in the footsteps (id):** if you follow in someone's footsteps, you do the same thing they did

**for the long run (id):** if you are here for the long run or the long haul, you are going to be here for a long period of time

**forgoing (v):** doing or going without; giving up

**fragile (adj):** easily damaged, broken or harmed

**frank (adj):** honest

**fraternity (n):** the golfing fraternity is the community of professional golfers and past professionals

**freelancing (n):** doing particular pieces of work for different organisations, rather than working as the employee of just one

**function (n):** purpose

**gag-inducing (adj):** causing to get sick

**gaping (adj):** very large

**genre (n):** a style with a specific set of characteristics, e.g. the crime genre or the romance genre

**gestured for (phr v):** to gesture is to use a gesture to express something; to gesture for something to happen is to show with gestures what you want to happen

**given up the ghost (id):** to give up the ghost is to finally accept that something or someone is not going to succeed

**glowing (adj):** full of praise

**good cause (id):** if you have good cause for doing something, you have a good reason for doing it

**got the better of me (id):** when someone or something gets the better of you, it defeats you

**graphic (adj):** very clear and powerful

**grasp (v):** to grasp is to quickly take something into your hands and hold it very firmly

**green-eyed monster (id):** the green-eyed monster is jealousy

**gritty (adj):** brave and determined

**grudgingly (adv):** resentfully; reluctantly; unwillingly; not because you want to but because you have to

**guidance (n):** help and advice about how to do something or how to deal with something

**hand on heart (id):** speaking honestly and saying exactly how you really feel

**hands-on (adj):** a hands-on role is one where you are closely involved in organising, managing or doing everything

**hanging up the boots (id):** if you hang up your boots, you retire from your job

**harmony (adj):** if two things are in harmony, they seem right or suitable together



**harness (n):** a piece of equipment with straps and belts used to hold a person in place

**hath (v):** an old-fashioned way of saying has

**haunt him (v):** to haunt someone is to cause that person repeated suffering and anxiety

**heed (n):** notice; attention

**heralded (v):** was a sign of

**hierarchical (adj):** arranged in an order from most to least important; business hierarchies are often pyramid-like or triangular in shape

**hindered (v):** limited his ability to do something

**hints at (phr v):** to hint at something is to suggest it in a subtle or indirect way

**hold off (phr v):** delay

**home bird (id):** a home bird is someone that prefers to be at home than to travel

**hot on the heels (id):** if something happens hot on the heels of something else, it happens just after that something else

**idolised (v):** to idolise is to admire and respect someone very much

**ill will (id):** bad feelings

**ill-advised (adj):** not wise

**immeasurable (adj):** so large or great that it cannot be exactly measured or known

**imminent (adj):** likely to happen very soon

**in a nutshell (id):** using as few words as possible

**in anger (id):** if you do something in anger, you do it with much passion and energy

**in the doldrums (id):** unsuccessful and showing no progress or development

**in vain (id):** unsuccessfully

**incapable (adj):** unable to do something

**incentives (n):** tax incentives are tax reductions or special tax rates offered by the government in order to attract big companies

**inclusive (adj):** an inclusive group or organisation tries to include many different types of people and treat them all the same

**indefinitely (adv):** for a period of time with no fixed end

**inescapably (adv):** unavoidably; in this sense, describing something that was certainly going to happen

**inevitably (adv):** in a way that cannot be avoided

**infrastructure (n):** the basic systems and services of a country, such as roads, schools, etc.

**inhabitants (n):** people who live in a particular place

**inhabiting (v):** living in

**in-house (adj):** an in-house position is a position of employment within an organisation

**inspected (v):** to inspect is to examine something or look at it carefully

**intense (adj):** strong or extreme

**intensity (n):** strength

**invariably (adv):** always

**invigorating (adj):** making feel more energetic and full of life

**justify (v):** be a good reason for

**keep his feet on the ground (id):** if you keep your feet on the ground, you stay calm and see things for how they really are now, and you don't get excited about what is possible in the future

**labour of love (id):** hard work that you do because you really enjoy it, not for the money

**lacking (v):** to lack something is to not have enough of that thing

**laudable (adj):** deserving praise

**legacy (n):** something that is part of your history or that remains from an earlier time

**legend (n):** someone very famous and admired for their skill or ability

**lightning strike (n):** describes when workers suddenly stop working and go on strike without giving any notice to their employer first

**likely (adj):** probable

**lion-heart (adj):** describes someone with a lot of bravery and determination

**live and breathe (id):** if you live and breathe something, it is extremely important to you

**long-term (adj):** continuing for a long time into the future

**lose little sleep (id):** if you lose sleep over something, you worry or stress about that something; if you lose little sleep, you don't really worry

**lucrative (adj):** producing a lot of money

**lunar (adj):** of or related to the moon

**made the break (id):** if you make the break, you end a relationship or connection; in this case, the break was from being employed

**making great strides (id):** making good progress

**manifest (adj):** obvious

**manifestation (n):** in this sense, bringing into existence

**many moons ago (id):** a long time ago

**marvel at (phr v):** to marvel at is to show great surprise at and admiration for

**masterpiece (n):** a book written with great skill that is highly regarded

**mercilessly (adv):** showing no mercy (where mercy is kindness that makes you forgive someone)

**merit (n):** worth

**merits (n):** the quality of being good and deserving of praise

**meticulous (adj):** very careful with great attention to every detail

**microcosm (n):** a small place which has many of the characteristics of a larger place

**miniature (adj):** describes something that is a very small copy of another item

**minister (n):** a religious leader in some churches

**minority sport (n):** a minority sport in a country is a sport that not a large number of people from that country play

**misguided (adj):** done for the wrong reasons

**misinformation (n):** information intended to trick or deceive people

**mission (n):** an important job that someone is sent somewhere to do

**missionary (n):** a person sent to a foreign country to teach their religion to the people living there

**momentarily (adv):** for a very short time

**monkey on his back (id):** if you have a monkey on your back, you have something difficult or unpleasant that you have to worry about all the time and you can't get rid of

**mouthful (n):** a word or phrase that is hard to say

**multiply (v):** increase a lot in number

**mutual (adj):** the same

**naysayers (n):** people who say something is not possible

**nearly-man (n):** a nearly man comes close to winning but never actually does win

**neglect to (phr v):** fail to; to neglect to do something is to not do that thing

**newfound (adj):** only recently started

**non-fictional (adj):** real

**obligation (n):** an obligation is something you must do

**obsolete (adj):** not in use anymore because it has been replaced by something newer



# Glossary

- obtaining (v):** getting
- off course (id):** in the wrong direction
- offering (n):** something that you give or offer to people
- ominous (adj):** suggesting something unpleasant is probably going to happen
- on the cusp (id):** if you are on the cusp of something, you are very close to doing or achieving that thing; on the edge
- on the radar (id):** in this sense, to be expected
- on the warpath (id):** angry and likely to punish
- ongoing (adj):** continuing to exist or develop
- onlooking (adj):** watching
- opened doors (id):** if something opened doors, it gave you new opportunities
- optimism (n):** the quality of being full of hope and positive thoughts
- outing (n):** in this sense, it means first journey into writing
- outlasted (v):** lasted longer than
- outrageous (adj):** shocking or hard to believe
- outweigh (v):** be greater or more important than
- outweighed (v):** to outweigh is to be greater or more important than something else
- overcame (v):** succeeded in controlling and dealing with
- overnight (adv):** very quickly
- overwhelmed (v):** caused to feel sudden strong emotions that are very hard to deal with and control
- paltry (adj):** very small
- panning (n):** severe criticism
- paperwork (n):** the part of a job that requires you to write letters and reports and keep records
- passing (n):** the passing of someone is their death
- pay ... heed (id):** if you pay heed to something, you give it a lot of attention
- peers (n):** in this sense, fellow authors
- pent up (phr v):** to pen is to confine or restrict; pent up means confined, restricted, repressed or bottled up
- peripheral (adj):** something peripheral is not as important as something else
- perks (n):** benefits
- persevere (v):** to persevere is to continue to try to do something in a determined way despite having problems
- pertained (v):** to pertain to is to relate to
- phases (n):** stages in the process of development
- pinch myself (id):** you have to pinch yourself when you do not believe something is real or really happening
- piques the reader's interest (id):** arouses or stimulates the reader's interest
- plaguing (v):** causing worry and pain to someone over a period of time
- played catch-up (id):** tried to reach the same standard as others after falling behind them
- plucky (adj):** brave
- portal (n):** an entrance or way into something
- posit (v):** suggest
- post (prep):** after
- pounced (v):** to pounce is to jump or move quickly in order to catch
- practice (n):** a business that involves a lot of skill or training
- precarious (adj):** a situation that is likely to get worse
- predestined (adj):** something which is predestined is controlled by fate or destiny
- preparedness (n):** the state of being prepared or willing to do something; readiness; willingness
- pretence (n):** a way of behaving that is intended to trick people
- prized it free (phr v):** to prize something free is to use force to free it
- prodigious (adj):** extremely great in potential, talent or ability
- profile (n):** description of someone
- promising (adj):** showing potential to succeed
- pronouncement (n):** an official announcement
- proof ... in the pudding (id):** this means that you can only judge the quality or truth of something after it has been tried, experienced or has happened
- prospect (n):** the possibility of something good happening in the future
- prospective (adj):** potential; possible
- prosperity (n):** the state of being successful and wealthy
- protagonist (n):** a main character in the story
- protestations (n):** a protestation is the act of forcefully complaining about something
- provocation (n):** an action or statement designed to make someone angry or upset
- pseudonym (n):** a name someone uses instead of their real name
- public domain (n):** if something is in the public domain, it is available for everyone to see
- puny (adj):** small and weak
- put off (phr v):** discourage
- put people off (phr v):** discourage people from doing something
- put them behind him (phr v):** if you put something behind you, you forget about it and stop thinking about it
- raising the white flag (id):** surrendering; giving up or admitting defeat
- rates (n):** the rate of tax is the level of tax
- razing (v):** to raze is to completely destroy
- realisation (n):** the moment of understanding something
- realm (n):** kingdom or world
- realms (n):** a realm is an area or world
- reclusive (adj):** living alone and not going outside or talking to people
- redemption (n):** the act of improving something bad; recovery
- redundancy (n):** a situation where someone loses their job because their employer no longer needs them
- redundant (adj):** having lost your job because your employer doesn't need you anymore
- reinvent (v):** to reinvent yourself is to change your job or lifestyle and behave in such a way that you seem very different
- remotely (adv):** in a little or slight way
- replicate (v):** to replicate is to do something again in the same way
- resemblance (n):** the fact that two people or things look alike in some way
- reserve judgement (id):** if you reserve judgement, you don't make a decision now on whether it's good or bad, you wait until you know more
- resigning himself to (phr v):** to resign yourself to something is to accept something you do not like because you cannot change it
- resolute (adj):** determined
- resolution (n):** an ending or solution to a difficult problem
- retained (v):** to retain something is to keep it; if you retain someone's support or faith, you keep their support or faith
- revenue (n):** revenue is money in the form of income that the government regularly receives
- riddled by (adj):** full of
- riposte (n):** an answer or reply to criticism
- rivalry (n):** a situation in which people compete for the same thing



**roared ... back into contention (id):** to roar back into contention in a competition is to impressively or dramatically give yourself a great chance of winning when it looked like you would lose

**rookie (n):** a person who is new to an activity

**sacrifice (n):** the act of giving something up

**sans (adj):** without

**scarcely (adv):** almost not

**sceptical (adj):** doubting about the truth or usefulness of something

**second-tier (adj):** not the top level, the level below that

**see it through (id):** to see it through is to continue until it is finished

**set the bar ... high (id):** if you set the bar high, you expect your level to be very high; be very ambitious

**shift (n):** change of direction or policy

**shifted (v):** moved

**shoddy (adj):** badly or carelessly made or produced

**shouldering (v):** carrying the weight or pressure of

**side-lines (n):** the act of watching but not taking part

**skill set (n):** in this case, the range of skills needed for a certain job

**slothful (adj):** lazy or very slow

**social welfare (n):** services provided by the government to help the poor, ill or old

**solo (adj):** alone; on your own

**solstice (n):** there are two solstices each year; one when the Sun is directly above the most northern point it ever reaches and the other when the Sun is directly above the most southern point it ever reaches

**speck (n):** a speck is a very small mark, piece or amount

**spoke out (phr v):** to speak out is to say what you think in public

**sponsorship (n):** the act of providing a person with money so they can do their activity, usually in return for them advertising your product

**stagnating (v):** staying the same and not developing

**stakes (n):** the potential reward if you win or succeed

**stalemate (n):** a situation in which neither group can win or get an advantage and no agreement can be reached, and it appears that no action can be taken to solve the problem or change the situation

**stars align (id):** when the stars align for a person, everything happens in a good way for them

**status quo (id):** the status quo is the current situation

**stellar (adj):** extremely high quality or standard

**stereotype (n):** a set idea people have about what someone is like, particularly when the idea is wrong

**stick it out (phr v):** to stick it out is to continue to the end of a difficult and unpleasant situation

**sticking point (n):** a point of discussion on which it is not possible to reach agreement

**stigma (n):** a strong feeling of disapproval most people in society have about something, particularly when this feeling is very unfair

**stormed onto ... centre stage (id):** if you storm onto centre stage, you make a big, impressive entrance and get noticed by a lot of people

**strain (n):** pressure; something that makes you feel nervous or worried

**strained (adj):** under pressure; somewhat nervous and worried

**straw that breaks the camel's back (id):** the straw that breaks the camel's back is the last in a series of unacceptable events that finally causes action to be taken to stop something

**strayed from (phr v):** to stray from is to move away from

**strike action (n):** a situation in which a group of workers refuse

to work because they are not happy with their pay or working conditions

**stunned (adj):** shocked and surprised

**subconscious (n):** the part of the mind that affects your behaviour and remembers and notices things without you realising it

**succession (n):** a number of similar events that happen one after another

**sufficient (adj):** enough

**summarily (adv):** in this case, suddenly and without much thought

**surreal (adj):** like a dream; not seeming real

**surrendering (v):** if you surrender something, you give up or lose that thing

**sustained (v):** to sustain is to cause or allow to continue for a period of time

**swore to (v):** to swear to do something is to promise to do that thing

**sympathetic (adj):** understanding about and caring towards

**sympathetically (adv):** in a way that shows you care about another person's suffering or problems

**taken its toll on me (id):** if something takes its toll on you, it causes you harm or suffering

**tally (v):** to tally is to match or agree with something else

**tangentially (adv):** in a different but linked direction

**tangible (adj):** real

**tantalisingly (adv):** in this sense, it was very close but he could not get it, so causing desire and excitement that could not be satisfied

**tedious (adj):** boring

**tediously (adv):** boringly

**tellingly (adv):** importantly; significantly

**termination (n):** the end of something

**the making of me (id):** if you say something was the making of you, you mean that the experience really helped you to develop in a positive way as a person

**thinning (n):** thinning trees involves removing some branches to leave others more room to grow, or removing whole trees to leave more space for others

**throw a curveball (id):** do something unexpected

**time will tell (id):** this means we will only find out in the future

**time-consuming (adj):** taking up or using up a lot of time

**top drawer (id):** if something comes from the top drawer, it is of very high quality

**tore ... to shreds (id):** to tear to shreds is to criticise very heavily

**tormentors (n):** people who cause another person suffering and worry

**trade-offs (n):** sacrifices

**tragically (adv):** very sadly

**transparency (n):** the quality of being done in an open and clear way without any secrets

**trauma (n):** severe emotional and physical shock and pain

**tree surgeon (n):** a person who plants and cares for trees and shrubs as their job

**trodden on (phr v):** to tread on something is to put your foot on it; to stand on

**troubled (adj):** having problems or difficulties

**tug (n):** a sudden strong pull

**tugs at the heartstrings (id):** causes strong feelings

**turbulence (n):** confusion, disorder and difficulty

**tyrant (n):** a ruler who has unlimited power and uses it unfairly and cruelly

**ultra (pref):** extremely



## Glossary

**unanimous (adj):** in total agreement

**unassuming (adj):** shy and modest; quiet with no wish for admiration or attention

**unbeknownst (adj):** without a particular person knowing

**undeniable (adj):** certainly true

**under no obligation (id):** not required to

**undercooked (adj):** in this sense, not developed enough

**undersell (v):** when you sell yourself, you try to persuade someone of your worth by pointing out all your strengths; when you undersell yourself, you don't do this very well

**universal (adj):** involving everyone

**unjust (adj):** unfair

**unleashed (v):** to unleash is to suddenly release a violent force in an uncontrolled way

**unremarkable (adj):** very ordinary and uninteresting

**unsettling (adj):** causing worry or anxiety

**unswerving (adj):** always strong

**up sticks (id):** to up sticks is to take all the things you own and go and live in another place

**uplifting (adj):** making you feel better

**vain (adj):** unsuccessful

**validated (v):** to validate is to prove that something is correct

**vanquished (v):** defeated

**vanquishing (v):** defeating

**veracity (n):** the quality of being true; truth

**verging on (phr v):** if something verges on a particular state, it is almost that state

**vested interests (n):** people or organisations who have a strong interest in a project, business, etc.

**vibrancy (n):** energy, enthusiasm and excitement

**vigorously (adv):** forcefully and energetically

**virtual unknown (id):** if you describe somebody as a virtual unknown, you mean that they are not famous in any way; very few people have heard of them

**virtuoso (n):** a person who is extremely skilled at something

**vital (adj):** extremely important

**vocation (n):** a type of work you feel you are really suited to

**void (n):** a large hole or empty space

**walks of life (id):** if people come from all walks of life, it means they come from different types of jobs and all levels of society

**ward off (phr v):** to ward off is to prevent something dangerous or unwanted from harming you or coming close to you

**warrior (n):** an experienced soldier

**wayward (adj):** out of control

**weep (v):** to weep is to cry tears

**weight seemed to have been lifted (id):** if a weight has been lifted from a person, they feel under less pressure and strain

**welcomed with open arms (id):** given a very warm and friendly welcome

**whetting (v):** if you whet somebody's appetite for something, you increase their interest in that thing or their wish for that thing

**whimper (v):** to whimper is to make a series of small, weak sounds to express pain or unhappiness

**wholly (adv):** totally

**wield (v):** in this sense, use powers as a weapon

**woeful (adj):** very bad; awful

**wooden (adj):** showing little expression or emotion

**woed (v):** to woo is to give a lot of attention to a woman in order to persuade her to marry you

**work ethic (n):** your work ethic is your attitude to work or how hard you work

**workforce (n):** all the people of working age in the country

**workload (n):** the amount of work to be done in a particular period of time

**wowing (v):** impressing; making them feel respect and admiration

**wrath (n):** extreme anger

**youngling (n):** child